



VIRGIN MONEY LONDON MARATHON

# MEDIA GUIDE

The **40<sup>th</sup>** Race

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## MESSAGE FROM HUGH BRASHER, EVENT DIRECTOR, 2020 VIRGIN MONEY LONDON MARATHON

We are delighted to welcome you to the 2020 Virgin Money London Marathon – which will be a very different race this year. When we launched The 40th Race back in February, none of us imagined how Covid-19 was going to impact the world, our sport and our friends and families over the months that followed.

The London Marathon has always been far more than just a marathon. It brings society together in a moment of celebration of all that is good about humanity. We believe that Sunday 4 October will be a London Marathon like no other, and The 40th Race will take the spirit of the world's greatest marathon to every corner of the globe, with the world's greatest athletes racing in central London and participants worldwide raising vital funds for the charities that have been so severely affected by the economic effects of the pandemic.

For the first time in the 40-year history of the London Marathon, we are holding the race in the autumn, on a new looped course with a start that is far from Blackheath. While the unforgettable atmosphere created by London's 750,000 spectators will be missing this year, we know that the new fast course, the location and the unrivalled competition between the world's greatest marathon athletes in four high-quality races in the biosecure bubble will ensure The 40th Race is very special.

On the same day 45,000 participants will be completing the 2020 Virgin Money London Marathon their way, from their homes and in their communities. They will earn their finisher's medal and T-shirt by running, jogging or walking 26.2 miles anytime from midnight to 23:59:59 BST on Sunday 4 October. The new Official App, powered by TCS, will track their progress. Each participant has their own extraordinary story about taking on the challenge and we salute every one.

The 40-year history of the London Marathon is packed with phenomenal performances and we are sure that this year's event will add more

memorable moments to that history. The list of previous winners is an exclusive one and no able-bodied athlete appears on it on more than defending men's champion Eliud Kipchoge. There will be a number of athletes looking to deny Eliud an historic fifth title, not least the great Kenenisa Bekele, who came within two seconds of Eliud's world record at the BMW Berlin Marathon in September last year.

Of course, creating history is nothing new to Eliud. In October 2019 he became the first human to run a sub-two-hour marathon in the INEOS 1:59 Challenge, an extraordinary feat that transcended sport. Ever since then, the world has been waiting to see Eliud and Kenenisa go head-to-head and we are proud that this is going to happen in London.

We also have an amazing history-maker in the women's field. After winning last year's Virgin Money London Marathon, Brigid Kosgei went on to smash Paula Radcliffe's 16-year-old world record at the Bank of America Chicago Marathon, winning in 2:14:04. The elite women's race in London promises to be spectacular. As well as Brigid returning to defend her title, we also welcome the reigning world champion Ruth Chepngetich and the 2018 Virgin Money London Marathon champion Vivian Cheruiyot.

We are delighted that the performances of athletes competing in London will be eligible as qualifying times for the Tokyo 2020 Olympic marathon. We have worked with World Athletics to offer the opportunity to Member Federations and are pleased that a number of athletes have accepted the invitation to compete alongside a strong British field, paced in the men's race by none other than four-time Olympic champion Sir Mo Farah.

Wheelchair racing has always played a central and wonderful part in the London Marathon, with the first wheelchair race held in 1983.

We are proud of our work in raising awareness and developing opportunities for wheelchair racing and disability sport across the UK and the world.



This year, the wheelchair races will feature the Abbott World Marathon Majors Accumulator, an exciting series of sprint competitions within the men's and women's races (see p56 for full details).

Incredibly, David Weir has raced in 20 of the previous 38 wheelchair races and he will be lining up again this year for his 21st London Marathon.

The dominant figure on the women's wheelchair racing scene is defending champion Manuela Schär, who is looking for her third Virgin Money London Marathon victory this year. It is wonderful to welcome back Britain's Shelly Woods, the 2012 champion, who returns to the event for the first time since giving birth to her son Leo in 2017.

We are creating a unique environment in St James's Park and will be celebrating The 40th Race and our history in many different ways on the course. We are proud that Mile 18 in each of the races will again pay tribute to the life of Stephen Lawrence and our partnership with the Stephen Lawrence Charitable Trust, with the message 'Because of Stephen, we can.' (see page 11 for full details).

Finally, I would like to acknowledge the fantastic support for the London Marathon from the Department of Digital, Culture, Media & Sport, Mayor of London's office, Transport for London, the emergency services, BBC Sport, The Royal Parks, City of Westminster, City of London, Canary Wharf, the boroughs of Greenwich, Lewisham, Southwark and Tower Hamlets, and many other partners and stakeholders.

**Hugh Brasher**  
**Event Director**

## **LONDON MARATHON EVENTS**

Our vision: Inspiring Activity

Our values: Inspiration, Excellence, Integrity, Together and Fun

Our aims:

- To have fun and provide some happiness and a sense of achievement in a troubled world
- To show the world that, on occasions, the 'family of mankind' can be united
- To inspire more people to take up sport
- To maximise revenue for charities
- To improve the overall standard and status of British distance running
- To raise money for the provision of recreational facilities in London and the areas we organise events and across the UK
- To help London and Surrey tourism
- To prove when it comes to organising events, Britain leads the way
- To inspire and deliver innovation in mass participation event sustainability

The **40<sup>th</sup>** Race

# MEDIA INFORMATION



## 01

## MEDIA INFORMATION

## THE EVENTS &amp; START TIMES

<b>00:00:00-23:59:59 BST</b>	The 40th Race – Your Way
<b>07:15</b>	Elite women's race
<b>10:15</b>	Elite men's race
<b>13:12</b>	Elite wheelchair races

## MEDIA TEAM CONTACTS

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General media enquiries:  
[media@londonmarathonevents.co.uk](mailto:media@londonmarathonevents.co.uk)

## MEDIA FACILITIES

The elite races at the 2020 Virgin Money London Marathon on Sunday 4 October are being held in strict biosecure conditions in accordance with the guidelines set out by the Department for Digital, Culture, Media & Sport (DCMS) and in partnership with all major stakeholders.

To comply with these conditions, there is no general media accreditation to the event. A very limited number of media have been invited to attend.

London Marathon Events is therefore providing an extensive free-to-use media content service available to all, which will include:

- Video content, including post-race interviews
- Images
- Flash quotes
- Race reports

## TV transmission times (subject to change)

07:00-10:00 BBC2 – live  
10:00-13:00 BBC1 live  
13:00-15:20 BBC2 – live

## PRESS CONFERENCES

All press conferences for the 2020 Virgin Money London Marathon will take place on video calls. Media wanting to join the calls must email [media@londonmarathonevents.co.uk](mailto:media@londonmarathonevents.co.uk)

## Press conference schedule

## Wednesday 30 September

14:00 Elite men

## Thursday 1 October

14:00 Elite women

## Friday 2 October

11:00: British athletes  
14:30: Wheelchair athletes

## Monday 5 October

11:00: Elite men, women and wheelchair winners

## THE LONDON MARATHON ONLINE

### Website

The Virgin Money London Marathon website is:  
***[virginmoneylondonmarathon.com](https://virginmoneylondonmarathon.com)***

### Marathon Week News

Throughout Marathon Week, the ***Latest News*** section of the website will be updated with news, reports and images and video footage.

### Social media

The social media team constantly updates the Virgin Money London Marathon social media channels and these are a reliable source of breaking news and information.

### Twitter

Follow the 2020 Virgin Money London Marathon on Twitter at:

***[twitter.com/LondonMarathon](https://twitter.com/LondonMarathon)***

Virgin Money London Marathon Twitter ID:

@LondonMarathon

Official hashtag: #LondonMarathon

The 40th Race hashtag: #The40thRace

### Facebook

The Virgin Money London Marathon's Facebook page is:

***[facebook.com/LondonMarathon](https://facebook.com/LondonMarathon)***

### Instagram

The Virgin Money London Marathon's Instagram channel is:

***[instagram.com/londonmarathon](https://instagram.com/londonmarathon)***

### YouTube

The Virgin Money London Marathon's YouTube channel is:

***[youtube.com/c/Virginmoneylondonmarathon](https://youtube.com/c/Virginmoneylondonmarathon)***

include race reports and photos, plus other stories and coverage of the event. Flash quotes will also be provided at the Marathon Day Media Centre and online on the media resources page.

### The London Marathon app

The Official Virgin Money London Marathon App, powered by TCS, will enable you to track participants on the virtual Virgin Money London Marathon course (not their actual positions). It also contains lots of useful advice and guidance for runners, including commentary from Steve Cram and Paula Radcliffe. The app is free and available for iPhones (via the App Store) and Android phones (via Google Play).

### Marathon Day coverage

Marathon Day website coverage of the events will

## ESSENTIAL FACTS

**Founders** Chris Brasher and John Disley  
**First held** 29 March 1981 (First wheelchair race: 1983)

**Length of course** 26.2 miles; 42.195km

### First champions

Men: Inge Simonsen (NOR) & Dick Beardsley (USA)  
Women: Joyce Smith (GBR)

### Reigning champions

Men: Eliud Kipchoge, (KEN)  
Women: Brigid Kosgei (KEN)  
Wheelchair Men: Daniel Romanchuk (USA)  
Wheelchair Women: Manuela Schär (SUI)

### Most victories

Men: 4 (Eliud Kipchoge, KEN)  
Women: 4 (Ingrid Kristiansen, NOR)  
Wheelchair Men: 8 (David Weir, GBR)  
Wheelchair Women: 6 (Tanni Grey-Thompson, GBR)

### Most victories by country

Men: 15 (Kenya)  
Women: 12 (Kenya)  
Wheelchair Men: 16 (Great Britain & NI)  
Wheelchair Women: 15 (Great Britain & NI)

### Course records

Men: 2:02:37 (Eliud Kipchoge, KEN, 2019)  
Women (mixed): 2:15:25 (Paula Radcliffe, GBR, 2003)  
Women only: 2:17:01 (Mary Keitany, KEN, 2017)  
Wheelchair men: 1:28:56 (Kurt Fearnley, AUS, 2009)  
Wheelchair women: 1:39:57 (Manuela Schär, SUI, 2017)

### Fastest Britons in London

Men: Mo Farah, 2:05:39 (2019)  
Women: Paula Radcliffe, 2:15:25 (2003)  
Wheelchair men: David Weir, 1:28:57 (2009)  
Wheelchair women: Shelly Woods, 1:46:31 (2011)

### Prize money

Total elite races: US\$ 79,260  
Winners, men and women: US\$ 30,000  
Total wheelchair races: US\$ 42,300  
Wheelchair winners, men and women: US\$ 20,000

### Starters and Finishers

Total number of finishers: 1,125,810  
Most starters: 42,906 (2019)  
Most finishers: 42,549 (2019)  
Most wheelchair starters: 75 (2017)  
Most wheelchair finishers: 63 (2017)  
2020 World Para Athletics Marathon World Cup: 76

### Oldest & Youngest

Oldest winner (men): Allister Hutton (GBR), 1990 (35 yrs 278 days)  
Oldest winner (women): Joyce Smith, (GBR), 1982 (44)  
Youngest winner (men): Sammy Wanjiru (KEN), 2009 (22)  
Youngest winner (women): Brigid Kosgei (KEN), 2019 (25 yrs, 68 days)  
Oldest finisher (men): Fauja Singh, 2004 (93)  
Oldest finisher (women): Jenny Wood-Allen, 2002 (90)

### Ever Presents

Ten men have run every London Marathon (38 in total). Chris Finill is fastest, with a PB of 2:28:27.

### Charities

First official charity: Sports Aid Foundation (1984)  
Official charity 2020: Mencap  
Total raised for charities by London Marathon runners: more than £1 billion  
Amount raised for charities in 2019: £66.4 million (a world record for the 13th successive year).  
Highest amount raised by an official LM charity: £4 million (Dementia Revolution, 2019)  
Highest amount raised by a single runner: £2,330,159.38 by Reverend Steve Chalke in 2011



### **London Marathon Charitable Trust (LMCT)**

Amount granted by LMCT: more than £92 million

Number of projects aided by LMCT: more than 1,460

Number of playing fields and facilities purchased by LMCT: 9

### **Celebrities & MPs**

Fastest celebrity: Chris Newton, 2:39:27 (2015)

Fastest MP: Matthew Parris, 2:32:57 (1985)

### **Weather**

Hottest Marathon Day: 2018 (24.2°C)

Coldest Marathon Day: 2004 (5.3°C)

Most humid: 1981 (94% at 12 noon)

Least humid: 1996 (28% at 12 noon)

Wettest: 2004 (12.4mm of rain)

Sunniest: 2009 (12.3 hours of sunshine)

### **Cut-off time**

Participants in the virtual event have from 00:00:00 to 23:59:59 BST on Sunday 4 October to complete the 2020 Virgin Money London Marathon

**TV coverage** 197 countries

**Date of 2021 London Marathon** 3 October 2021

**The London Marathon is a World Athletics Platinum**

**Label Race:**

***[worldathletics.org/Competitions/world-athletics-label-road-races/calendar/2020](https://worldathletics.org/Competitions/world-athletics-label-road-races/calendar/2020)***

## WHAT'S NEW IN 2020

### New Date

For the first time in its history, the Virgin Money London Marathon will take place in October. It was announced on 13 March that, due to the Covid-19 pandemic, the race date would be postponed from Sunday 26 April to Sunday 4 October.

### New format

On 6 August, the unique format of the 2020 Virgin Money London Marathon was announced. It features elite-only races in a biosecure bubble on a closed-loop circuit around St James's Park and the first-ever virtual event for all other participants. Runners with a place in the 2020 Virgin Money London Marathon were given the first opportunity to register places in the event (in addition to being able to defer their place to a London Marathon in either 2021, 2022 or 2023) before entries were made available to all on a first-come, first-served basis. Up to 45,000 people have now taken up the challenge to complete The 40th Race – Your Way.

### The 40th Race

The 2020 London Marathon campaign is celebrating the fact that it is The 40th Race in the event's history by reliving some of its most memorable moments and highlighting its standout achievements. See page 16 for more.

### New start times

The 2020 Virgin Money London Marathon will get under way at 00:00:00 BST on Sunday 4 October when runners in the virtual event will be able to begin their 26.2-mile run using the Official Virgin Money London Marathon App powered by TCS. The window for people to complete the event is 23 hours 59 minutes and 59 seconds, closing at 23:59:59 BST.

The elite races around St James's Park will begin as follows:

- Elite women: 07:15
- Elite men: 10:15
- Elite wheelchair athletes: 13:10

### Record applications

A record total of 457,861 people applied via the ballot to run the 2020 Virgin Money London Marathon, the highest number of applicants for any marathon in the world. More than 56 per cent of UK

applicants were first-timers and just under 48 per cent were women. See page 81 for more stats.

### Charity of the Year

The 2020 Charity of the Year is Mencap. Through the Here I Am campaign, the charity aims to take a huge step towards greater inclusion for people with a learning disability. The money raised will fund sport projects that bring together young people with and without a learning disability. See page 27.

### New sponsors

The London Marathon will have a new headline sponsor after the 2021 race, the last one to be sponsored by Virgin Money. More than £560 million has been raised for charity since the current partnership started in 2010, with £200 million of that raised on Virgin Money Giving, the not-for-profit fundraising platform.

On August 17, it was announced that Flora – the headline sponsor of the London Marathon from 1996 to 2009 – was returning in a new partnership with the event that will run from 2020 until 2023. To celebrate, Flora launched an initiative to support runners who are fundraising for small charities that are so reliant on money raised by participants in this year's event. Every week from now until 4 October, Flora will donate £1,000 to one lucky marathon participant who has shared their story detailing which charity they are running for and why.

### Virgin Money Giving Mini London Marathon

As it is not possible for the traditional Virgin Money Giving Mini London Marathon races to take place on the streets of London, a virtual version has been created, so that primary schools across the UK can be part of the world's greatest marathon. The aim is to inspire 54,000 primary school children to run, jog, walk or push 2.6 miles.

The event is free to enter and children can complete the 2.6-mile distance over multiple days at any time during the period Monday 28 September to Friday 9 October. Participating schools have been provided with free digital support materials, including promotional posters and finisher's certificates.

## THE COURSE

The elite-only races at the 2020 Virgin Money London Marathon will take place on a closed-loop circuit around St James's Park (see map, page 12).

The route will be 19 x 2.15-kilometre laps of St James's Park, plus an extra 1,345m, starting on The Mall, close to the Duke of York steps, turning into Horseguards Road, then onto Birdcage Walk, turning right into Spur Road in front of Buckingham Palace and finally back on to The Mall.

The Finish Line will be in its traditional place on The Mall.

### Mile and kilometre markers

Mile and kilometre markers are set on seven-foot stands and placed at every 5-mile and 5km interval point, plus at halfway. During the circuit-based race these markers will be visible to every athlete competing and the distance information only removed once all competitors have passed. Clocks are placed at key locations on circuit to provide race time information to the athletes.

Athletes will pass the finish gantry 19 times during the race – additional individual lap counts and predicted finish time information will be provided to every competitor to ensure they can monitor their progress.

All the clocks around the course will be started and synchronised at precisely 07:15 for the elite women, again at 10:15 for the elite men and finally for the men's and women's elite wheelchair races at 13:10. Official timing is provided by Tag Heuer.

## STEPHEN LAWRENCE CHARITABLE TRUST

London Marathon Events and the Stephen Lawrence Charitable Trust have worked in partnership since 2018, when the race took place on the 25th anniversary of Stephen's murder.

Stephen loved running – he was a member of Cambridge Harriers and competed in the Mini London Marathon in 1988. His ambition was to be an architect and the Stephen Lawrence Charitable Trust supports young people from under-represented backgrounds to become qualified architects.

In 2019, London Marathon Events and the Stephen Lawrence Charitable Trust organised a competition to design the Mile 18 marker. Nearly 40 teams and individuals took part in the contest, which mirrored a professional architecture competition, to help entrants develop skills and experience and build their portfolios.

The Mile 18 marker on the course was built from an award-winning design celebrating the life and legacy of Stephen. Based on the concept 'Because of Stephen we can', it was created by three young London-based architects, Ayanna Blair-Ford, Shreeya Radia and Quincy Haynes.

This year Mile 18 in each of the elite races will again pay tribute to the life of Stephen and our partnership with the Stephen Lawrence Charitable Trust. Stephen's Team of runners will be taking part in virtual Virgin Money London Marathon to raise funds for the work of the Trust. To find out more about the life and legacy of Stephen Lawrence, visit [stephenlawrencetrust.org](https://stephenlawrencetrust.org).

ELITE RACE ROUTE MAP







## RUNNING A SUSTAINABLE MARATHON

London Marathon Events (LME) published its first environmental report called **Leaving the Right Impression** in May, as it aims to lead the way in delivering sustainable mass participation sports events.

This comprehensive report, the first of its kind in the organisation's history, sets out the waste, emissions and products produced and used across all of LME's events, and at its headquarters and warehouse in 2019. It details how much is recycled and reused, and assesses some of the groundbreaking initiatives it trialled at the 2019 Virgin Money London Marathon, including:

- Bottle belts made from 90 per cent recycled materials. Seven hundred runners used the belts and recorded how much water they used and, on average, a runner with a belt used just over 40 per cent fewer bottles than a runner without a belt. Runners reported that using a bottle belt had a positive effect on their performance as they had access to more convenient and regular hydration. This has the potential to significantly reduce the number of plastic bottles used and water wasted.
- Lucozade Sport Oohos: In the largest trial of its kind in the world, Lucozade Sport was distributed to runners in 36,000 edible seaweed capsules instead of plastic bottles. In the post-race survey 83 per cent of the respondents who tried them rated them as good or excellent.
- A closed-loop recycling system and improved collection process for plastic bottles in Tower Hamlets, Greenwich, Southwark and Canary Wharf. Bottles used in these boroughs were collected, bailed and returned directly to Buxton and Lucozade Sport where they were recycled into new products. This provided vital data and lessons for LME on how waste is managed at water stations and has improved collection and recycling at all LME events.

Hugh Brasher, Event Director, London Marathon Events, said: "We want to protect our natural environment and ensure our events leave as small an environmental footprint as possible.

"In the past year, we have invested in research, innovation and resources to minimise our environmental impact and have already launched initiatives that have the potential to change profoundly the delivery of mass participation events worldwide."

"The work we have done means that we have a much clearer understanding of our impacts and can better plan how we reduce them in future. We know there is still much more to do, but we are passionate about and fully committed to reducing our environmental impact and leading the way in delivering sustainable mass participation sports events."

LME has also signed up to the UN Sports for Climate Action Framework as part of its ongoing commitment to be the global leader in sustainable mass participation sports events. This UN initiative aims to support and guide sports in achieving global climate change goals.

LME continues to collaborate with other major event organisers in the UK and internationally to share learning and collectively drive innovation and change in sustainability practices.

**LME's targets and actions for 2020 were planned before the world was faced with the unprecedented ramifications of the global Covid-19 pandemic. This has led to the new format of the Virgin Money London Marathon and the cancellation of all other physical events organised by LME in 2020. However, our commitment to ensuring we minimise our environmental impacts remains. Our 2020 events have not taken place in the format intended at the start of the year, but we will endeavour to achieve the targets we have set and corresponding actions as best we can. We have already achieved one of our targets and implemented many of the actions at The Vitality Big Half in March 2020. We will update you on our progress in our 2020 environmental report.**

## LONDON MARATHON EVENTS LIMITED

When the late Chris Brasher and John Disley founded the London Marathon, they established six founding aims for the organisation.

Forty years on, London Marathon Events has built on these to develop its vision, values and aims:

Our vision: Inspiring Activity

Our values: Inspiration, Excellence, Integrity, Together and Fun

Our aims:

- To have fun and provide some happiness and a sense of achievement in a troubled world
- To show society that, on occasions, the 'family of mankind' can be united
- To inspire more people to take up sport
- To maximise revenue for charities
- To improve the overall standard and status of British distance running
- To raise money for the provision of recreational facilities in London and the areas we organise events and across the UK
- To help London and Surrey tourism
- To prove when it comes to organising events, Britain leads the way
- To inspire and deliver innovation in mass participation event sustainability

Each year the surplus from London Marathon Events Limited, the company which organises the events, are transferred under Gift Aid to The London Marathon Charitable Trust. The Trust awards grants to projects that inspire people to become and remain active in London and Surrey and across the UK. Read about the work of The Trust at [lmct.org.uk](http://lmct.org.uk).

London Marathon Events organises five other running events:

- The Vitality Big Half
- Virgin Money Giving Mini London Marathon
- Vitality Westminster Mile
- Vitality London 10,000
- Standard Chartered Great City Race

London Marathon Events is also the majority owner of the London & Surrey Cycling Partnership, which organises the three-day Prudential RideLondon cycling festival. It also organises Children with Cancer UK Swim Serpentine, an open water swimming festival in Hyde Park.

A new mass participation challenge called the London Classics was launched in 2017. Everyone who completes the London Marathon, the RideLondon-Surrey 100 cycling sportive and the two-mile Swim Serpentine event receives a London Classics medal and is listed in the London Classics Hall of Fame. The medal is engraved with the words: 'Et ego Londinium vici' (I too have conquered London). More details: [thelondonclassics.co.uk](http://thelondonclassics.co.uk).

Details of all London Marathon events can be found at [virginmoneylondonmarathon.com](http://virginmoneylondonmarathon.com).

### Board of Directors

Sir John Spurling KCV OBE (Chairman)  
Daniel Astaire  
Nikki Emmerson  
Louisa Fyans  
Robin Geller  
Iain Hook  
Arun Kang OBE  
Damien Lane  
Gillian McKay  
Alan Pascoe  
Peter Phillips  
Will Tuckley

### Management Board

Chief Executive: Nick Bitel  
Event Director: Hugh Brasher  
Marketing and Communications Director: Penny Dain  
Finance Director: Stephen Dell  
Head of People: Stephanie Easton  
Director of Transformation: Steven Foster  
Head of Sponsorship: Brian Greenwood  
Route Director RideLondon: Kevin Nash  
Head of Digital: Jason Ochoa  
Operations Director: Andrew Smith  
VMLM Event Lead: Lisa Thompson

The 40<sup>th</sup> Race

# THE 40<sup>TH</sup> RACE



## 02

## THE 40TH RACE

## HOW IT ALL BEGAN...

**When the inaugural London Marathon took place on 29 March 1981 the world was a very different place. With The 40th Race upon us, Matthew Haley takes a trip back in time to the very first...**

Power suits, perms and personal stereos were all the rage when Olympic steeplechase medallists Chris Brasher and John Disley accomplished arguably their greatest achievement on 29 March 1981 – staging the inaugural London Marathon.

Months of hard work and painstaking planning had paid off following a chance conversation around two-and-a-half years earlier. As with many pivotal moments in British history, the story of the London Marathon can be traced back to a pub.

The then Dysart Arms next to Richmond Park was the home of the Ranelagh Harriers running club. On Wednesday nights runners would gather over a few drinks to trade training tips, compare personal bests, and mull over the day's current affairs – which at the time included the Winter of Discontent, gripping the UK with public sector strikes.

One evening, the main topic of discussion was the New York City Marathon. Several Ranelagh Harriers had competed in the 1978 edition and never tired of sharing stories about an almost mythical event with an electric atmosphere where spectators lined the streets to relentlessly cheer runners through the famous city – so different to UK marathons, where a handful of spectators and a few cows watched 20 or so competitors trudge around country lanes.

After weeks of listening to inspiring stories from the Big Apple and beyond, the duo decided to run in the 1979 New York City Marathon on 21 October.

They were both mesmerised by the experience and Brasher hastily wrote an *Observer* column headlined *The World's Most Human Race*. He wrote: "To believe this story you must believe that the human race can be one joyous family, working together, laughing together, achieving the impossible. Last Sunday, 11,532 men and women from 40 countries in the world, assisted by over a million people, laughed, cheered and suffered during the greatest folk festival the world has seen."

Brasher ended the article by wondering "whether London could stage such a festival? We have the course, a magnificent course... but do we have the heart and hospitality to welcome the world?"

**Mission possible**

Brasher and Disley made it their mission to find out, assisted by *Observer* editor Donald Treford, who hosted a lunch in early 1980 so the pair could meet the relevant authorities. The difficulty came in persuading the police that 26.2 miles of roads could be closed without causing London to shut down completely.

A couple of weeks later, Disley presented a course design that used the Thames as a 'handrail', while only closing two bridges. One of those, Tower Bridge, was often shut on Sundays anyway. The police approved and the tourist board was happy the course passed so many of London's landmarks – Cutty Sark, Tower Bridge, the Docks, the Embankment, Big Ben and Buckingham Palace.

There was one condition from Sir Horace Cutler, chairman of the Greater London Council (GLC), who told the organisers to: "never ask the ratepayers to bail you out. Not a penny from the GLC".

The next question for Brasher and Disley was how much it would cost? Brasher went on fact-finding trips to Boston and New York to discuss race finance and organisation. On his return, a budget was prepared for the first London Marathon, with projected costs £75,000 above any revenue expected from entry fees.

Luckily, Gillette had just ended its 17-year sponsorship of cricket's one-day county cup and were looking for a new event. A deal was done in autumn 1980 for £75,000 a year for three years and Gillette became the London Marathon's first title sponsor.

Now Brasher and Disley had five months to make their dream become a reality. The pair threw themselves into planning the event.

### **A troubled world**

Meanwhile, on 8 December 1980 the world was stunned when John Lennon was murdered outside his New York home. The troubled world that Brasher and Disley were eager to help remedy with the London Marathon had raised its ugly head once again. 1980 rolled into 1981 soundtracked by Lennon, as his songs spent eight out of 10 weeks at the top of the UK singles chart.

In the ensuing weeks, Prince Charles and Lady Diana Spencer officially announced their engagement, the pioneering home computer, Sinclair ZX81, was flying off shelves in WHSmith for less than £100, and after an unprecedented seven years, Tom Baker relinquished his role as Doctor Who.

A week later, around 7,000 people gathered in Greenwich Park to run the first-ever London Marathon. More than 22,000 people had applied but capacity was capped for safety reasons. There were 6,255 finishers, led home by the American Dick Beardsley and Norwegian Inge Simonsen, who crossed the Finish Line hand-in-hand on a rain-swept Constitution Hill. They remain friends to this day. Joyce Smith meanwhile broke the British record to win the women's race.

The event was a massive hit with the runners, the thousands of spectators who lined the streets, and viewers who watched the highlights on the BBC. The following day, *Chariots of Fire*, a story about two British Olympic runners, was released at cinemas. It became a box office hit and went on to win four Academy Awards. Running was in vogue.

Britons were triumphing across popular culture. Bucks Fizz won the Eurovision song contest in April and, in May, Liverpool FC won the European Cup for a third time. English football clubs were enjoying a spectacular six-season spell that saw Nottingham Forest, Liverpool and Aston Villa all lift the trophy.

Later that year, the British public would be introduced to a new family on their television sets for the first time – the Trotters from Peckham. Derek and Rodney would become firm favourites, woven into the rich tapestry of British popular culture.

Some might say, just like the London Marathon.



## FOUR DECADES OF MARATHON MOMENTS

**Since it was first staged 39 years ago, the London Marathon has gone on to become Britain's greatest annual sports festival, as well as a global celebration of athletic excellence, a carnival of fun running, and the most uplifting mass demonstration of the human spirit. Here are some of its greatest moments (with thanks to Ian Chadband).**

### The 1980s

#### The hand of friendship (1981)

The first great image of the London Marathon remains its most potent – that of American Dick Beardsley and Norway's Inge Simonsen crossing the line hand-in-hand as joint winners, a gesture that brought them sporting immortality. As it happens, the last two finishers that day – Parisian Marie Dominique de Groot and Londoner David Gaiman – also crossed the line hand-in-hand in 6,254th place.

#### The Marathon's First Lady (1981)

Joyce Smith was already 43 when she won the inaugural women's race by nine minutes, still the greatest winning margin in London Marathon history, while becoming the first British woman to break two-and-a-half hours. Smith defended her title a year later, and at 44 years, 195 days remains the oldest-ever winner.

#### Here come the Chariots (1983)

The inaugural 19-competitor wheelchair event, organised by the British Sports Association for the Disabled, was a striking addition to the race in year three. The first winners were British internationals from other sports – wheelchair basketball player Gordon Perry and Denise Smith, who went on to win three ice sledge speed racing silver medals at the 1984 Innsbruck Winter Paralympics.

#### Great Grete's glory (1983)

Everyone loved Grete Waitz, the Oslo schoolteacher and nine-time New York City Marathon champion who was such a graceful pioneer for women's distance running. So it was fitting that this all-time great should be the first to set a world record at the London Marathon, slicing 13 seconds off her 1980 New York mark. The Norwegian became world champion later in 1983 and regained her London title in 1986. She died in 2011 aged 57 after fighting a long battle with cancer.

#### Jonesy, Charlie and a famous pit-stop (1985)

Former world-record holder Steve Jones and Olympic bronze medallist Charlie Spedding were having quite a duel when Jones stopped at 22 miles outside the Tower of London to relieve stomach cramps. With renewed vigour, he soon caught and sped past Spedding for a famous win in 2:08:16, a course record that stood for 12 years. "I didn't shake hands with him at the end, and not because he'd beaten me!" smiled Spedding.

#### Ingrid the inspiration (1985)

Waitz's one-time room-mate, friend and rival, Ingrid Kristiansen, remains the only four-time winner of the women's race, her crowning glory coming when she sped to a world record in 2:21:06. Watching her majestic performance in the crowd that day was an 11-year-old kid called Paula Radcliffe. "It made me think 'Why couldn't that be me one day?'," recalls the later world record holder.

## The 1990s

### **A rhinoceros? Of courserous! (1992)**

No London Marathon these days would be complete without a running rhino. For that, we can thank William Todd-Jones, a Welsh puppet designer, performer, director and screenwriter who was the first to highlight the Save the Rhino cause by completing the course in the iconic costume. There have been welcome herds of the endangered species ever since.

### **Basildon's finest ends an era (1993)**

When car worker and British athletics stalwart Eamonn Martin sprinted away from Mexico's Isidro Rico to win the London Marathon on Westminster Bridge he quickly entered a different league of fame. Martin met Prime Minister John Major, appeared in *Hello!* magazine and drove a car sponsored by Ford with his name emblazoned on the side. Twenty-seven years on, we know why – there were five British men's winners in 12 editions before his triumph; not one since.

### **Supermum's hat-trick (1994)**

Katrin Dörre-Heinig was tough, winning her third straight London title in 1994 on a morning so windy that her 2:32:34 still stands as the slowest winner's time. Back in Germany her four-year-old daughter, Katharina, was asked if she'd follow in mum's footsteps. "Never, it's much too tough!" she protested. Twenty-three years later, she finished 39th in the IAAF World Championships marathon, held in London.

### **...and Dionicio follows suit (1996)**

Unlike Dörre-Heinig, Mexican Dionicio Cerón's third win in a row – still a unique achievement in the men's race – came during what was then the hottest London Marathon yet. He lurked for much of the race at the back of the pack before smoothly pulling away to make history.

### **Do you take this runner? (1999)**

Forty-somethings Mick Gambrill and Barbara Cole started the race as an engaged couple and finished it as man and wife after whipping off the course in Greenwich in their half-traditional, half-Lycra wedding outfits – created by top designer Jeff Banks – to be married by a local registrar. Then it was back on the course, as they sipped champers en route to The Mall.

## The 2000s

### No looking back for the 'Weirwolf' (2002)

Chasing Frenchman Pierre Fairbank, the young Briton David Weir saw the wheelchair race leader misjudge a corner and hit a mid-road island. "I thought 'What do I do now?'," recalls Weir. Coach Jenny Archer had told him never to glance behind and, head down, he ploughed on to win. He's never looked back since, becoming a Paralympic legend and London's unmatched eight-time champion.

### Tanni wins again (2002)

It was as a 22-year-old student that Dame Tanni Grey-Thompson started forging her athletic career by winning the London Marathon wheelchair race. A decade later, in 2002, she was back as a fully fledged Paralympic legend and new mother to daughter Carys, claiming a record sixth and final title. "It was pretty hard," she reflected afterwards.

### Khannouchi's record scuppers Haile (2002)

Still the only men's world record breaker in London, Khalid Khannouchi did it the hard way, beating distance running deity Haile Gebrselassie. Amid the hype over the Ethiopian's marathon debut, everyone forgot just how steely Khannouchi was. The 30-year-old Moroccan-born American outlasted third-placed Gebrselassie and sliced four seconds off his own world mark.

### The people's champion (2003)

Left on the brink of death after a brutal world title fight, boxer Michael Watson's 12-year battle to walk and talk again was close to a medical miracle. Another came over six long, physically crushing days, when he completed the London Marathon, cheered every painful step by well-wishers and met at the finish by Chris Eubank, his opponent in that fateful bout.

### Paula's simply the best (2003)

Paula Radcliffe's 2003 mark of 2:15:25 remains an athletic feat to stand with Bob Beamon's out-of-this-world 1968 long jump or Usain Bolt's lightning 9.58-second 100m in Berlin in 2009. "She's like Neil Armstrong!" boomed Chicago Marathon race director Carey Pinkowski of her giant leap for distance running.

### A blanket finish (2003)

Radcliffe's world record may have been the headline act but it needed something special to upstage the closest-ever London men's race (bar 1981's ceremonial finish) as Ethiopia's Olympic and world champion Gezahegne Abera pipped Italy's Stefano Baldini and Kenya's Joseph Ngolepus by just one second.

### Fundraising king beats golden Olympian (2007)

It needed something incredible to eclipse one of Britain's most revered Olympians, but London-based fundraiser Reverend Steve Chalke set his mind on beating a world record set by five-time rowing gold medallist Sir Steve Redgrave. In the 2005 race, the Baptist minister had raised £1.25 million, only for Redgrave to top him in 2006. Undeterred, Chalke returned in 2007 to raise £1.855 million for his Oasis Charitable Trust, a figure he topped again in 2011 with £2.32 million.

## The 2010s

### Running for Boston (2013)

Six days after a bomb killed three and injured several hundred people near the finish of the 2013 Boston Marathon, 34,631 runners set off to run the London Marathon, many wearing black ribbons after an immaculately observed 30-second silence. They were cheered by 700,000 spectators, all undeterred by that week's horror.

### Peake is out of this world (2016)

No one has ever run so far, or so far away. When British astronaut Tim Peake ran the event on a treadmill on board the International Space Station, he started somewhere over the Pacific Ocean and finished, three hours, 35 minutes and 21 seconds later, somewhere above Ecuador, having made two orbits of the Earth in the interim. Peake travelled more than 53,000 miles to become the first marathon man in space.

### Shannon's one in a million (2016)

How appropriate that the millionth finisher of the London Marathon should be 39-year-old policewoman Shannon Foudy, who ran to raise funds for Luton & Dunstable Neonatal Intensive Care Unit, which had saved her daughter, Catrin's life. Catrin had weighed 2lb 5oz when born prematurely but battled through organ failure and a brain haemorrhage, and six years later was at the roadside to cheer on her one-in-a-million mum.

### The epitome of the marathon spirit (2017)

Dehydrated, delirious and desperate, David Wyeth was 300 metres short of the Finish Line when total stranger Matt Rees became his good Samaritan and provided London with another defining image. Swansea Harrier Rees put his arm around the stricken Wyeth and helped him to the line. "You will finish, I won't leave your side," he said. It became the start of a beautiful friendship.

### A right royal race (2017)

Imagine running the London Marathon and suddenly finding you're being handed a bottle of water by the

high-fiving Royal Highnesses the Duke and Duchess of Cambridge and Prince Harry, whose mental health charity Heads Together was that year's official charity.

### Grenfell's firefighting heroes (2018)

Eighteen heroic London firefighters ran the course in full uniform in 2018 less than a year after they'd helped extinguish the flames and evacuate people from Grenfell Tower on the night of the horrific fire that killed 72 people. Few runners have received a more emotional, rapturous or deserved reception.

### Thank you, Your Majesty (2018)

Some distinguished names have been official starters down the years, from Princess Diana to Sir Andy Murray, but nothing compares with 2018 when Her Majesty the Queen launched the race at Windsor Castle – one day after her 92nd birthday and 110 years since the 1908 Olympic marathon was started on the same grounds by her grandmother, Princess Mary.

### He's the Greatest! (2019)

Eliud Kipchoge is to marathon running what Jesse Owens was to sprinting, Muhammad Ali to boxing, Jack Nicklaus to golf and Roger Federer to tennis. At London, we've been privileged to see the elegant and smiling Kenyan in his competitive pomp, winning the men's race a record four times, the latest an imperious 2:02:37 course record last April.

## The 2020s

The 40th Race is unique in so many ways.

The Covid-19 pandemic has meant for the first time in the history of the London Marathon, the race – originally scheduled for Sunday 26 April – was postponed until Sunday 4 October. Then, on 6 August, it was announced there would be a new format for the 2020 Virgin Money London Marathon – The 40th Race – with elite races in St James's Park and the first-ever virtual race for mass runners.

THE EVER PRESENTS

Ten of the many hundreds of thousands of people who have run the London Marathon over the years have finished every race, from the first in 1981 to the 39th on 28 April last year. They are known as ‘The Ever Presents’ – and all will be looking to complete The 40th Race from their homes on Sunday 4 October in this unprecedented year in London Marathon history.

This informal group was first acknowledged after the 15th London Marathon in 1995, when it numbered 42. They were awarded with a special commemorative medal, a sweatshirt and guaranteed acceptance in future London Marathons.

At the top of the list is Chris Finill, who received a Guinness World Record certificate in 2010 for

completing ‘the most consecutive editions of the same World Marathon Majors marathon in under three hours’.

Now 61, he has completed all but one of his 39 to date at sub-three-hour pace. All of the remaining nine have broken three hours on at least one of their London Marathons.

At 87, Kenneth Jones is the oldest Ever Present still running, and in 2019 he had the honour of being the oldest male runner on Marathon Day, which fell less than a month before his 86th birthday.

Below are the Ever Present names with times from 2019 and their London PBs. The eleventh, Dale Lyons, started last year’s race but was unable to finish.

More information at [everpresent.org.uk](http://everpresent.org.uk).

Name	Age group	2019 time	London PB
1 Chris Finill	60-64	2:59:46	2:28:27
2 Michael Peace	65-69	4:20:49	2:38:23
3 Roger Low	75-79	4:53:58	2:33:47
4 Bill O'Connor	70-74	5:33:13	2:34:29
5 Terry Macey	70-74	6:01:22	2:58:18
6 Charles Cousens	75-79	6:09:11	2:55:29
7 David Walker	70-74	6:22:42	2:45:48
8 Malcolm Speake	75-79	6:29:28	2:45:10
9 Jeffrey Aston	70-74	7:07:57	2:29:34
10 Kenneth Jones	80-84	7:40:50	2:55:38





## The Ever Presents remember

**Here are some memories of the first-ever race from three of the remaining 10 Ever Presents.**

**Ken Jones** was 47 on 29 March 1981 and had already enjoyed a long career as a club runner: "The first London Marathon was a great experience," he recalls. "We'd obviously never run the course before and it was so interesting. It was such a good course it made me want to do all the others."

"The atmosphere was unbelievable. The numbers and the enthusiasm weren't like anything else I'd ever experienced before."

Things weren't quite as orderly at the inaugural race as they are these days, however: "I can't remember how I got to the start but I remember there were no toilets! But it didn't matter, we were there and we all chipped in and did what we could."

"We put our clothes on these London buses and then couldn't find them at the finish. We had to search for about half an hour to find them but it was all part of the fun. Everything has improved since, until now, when everything is perfect. It couldn't be better."

**Bill O'Connor**, then aged 35, thought he'd do one London Marathon before going back home to New Zealand: "I'd refused to do marathons for years and years – I thought only mugs ran marathons. When the London Marathon came along, I had a reason to do it and then got bitten by it. I never thought I'd still be doing it after all these years."

"The atmosphere on the course was fantastic. I remember coming on to Tower Bridge and seeing all the crowds of people, thinking 'Wow!'. I never thought I'd see anything like that and I never thought I'd see it again, but of course I have. It was an amazing sight."

**Chris Finill**, then a 22-year-old student, had already run a couple of marathons: "The day itself was very gloomy, very dismal weather, but it was a joyous event for obvious reasons. From there it was the springboard to the race becoming one of the most important fixtures in the British sporting calendar."

"There were parts of the course where the race was quite sparsely supported. In the early days, it hadn't really gathered a head of steam where people wanted to come out and support the race."

"Places like the Isle of Dogs, particularly in the 1980s... It was all wood yards, transport cafes and Alsatians. It wasn't the glitzy overspill from the City that you see nowadays, but that's how London has developed."

"In many ways, elements of the London Marathon are remarkably unchanged. The general vibe is very positive, welcoming and friendly and that has been a constant throughout."

All three remember the surprisingly small medal they received for crossing the Finish Line. "It was like a five pence piece!" says Jones.

"Of course, the event has gone on and on. It has improved each time. The whole thing – from collecting your number to taking part in the race – it's fantastic."

The **40<sup>th</sup>** Race

# CHARITIES, FUNDRAISING & THE TRUST



03

CHARITIES, FUNDRAISING & THE TRUST

CHARITIES & FUNDRAISING

In recent years, three quarters of all London Marathon competitors have run for a charity and a third of all places are offered by charitable organisations with guaranteed entries. But charities weren't always so prominent, or well organised. In the early years, it was runners who independently raised money for good causes.

In 1984, the London Marathon named the Sports Aid Foundation as its first official Charity of the Year and granted the organisation some places to help it raise funds. As charity involvement grew the organisers decided to offer more places to a wider range of charities and, in 1993, introduced the Golden Bond scheme to enable other charities to gain places.

Under this scheme, charities buy guaranteed entries that are then offered to runners who miss out on a place in the ballot. Runners who take one of these places do so in return for committing to raise an agreed sum for their cause.

A Silver Bond scheme followed that guarantees a charity one place every five years. With continued huge demand from charities, a new annual charity ballot was opened in May 2014 offering an additional 500 places each year to charities that do not already have guaranteed entries. Each charity can apply for one place.

Such has been the growth of charity involvement that the London Marathon itself has entered the record books. In 2007 £46.5 million was raised for good causes by runners, making the London Marathon a Guinness World Record breaker as the largest single annual fundraising event in the world. The event has broken that record every year since, including in 2019 when £66.4m was raised, taking the total raised since 1981 to more than £1 billion.

2007	£46.5 million
2008	£46.7 million
2009	£47.2 million
2010	£50.6 million
2011	£51.8 million
2012	£52.8 million
2013	£53.0 million
2014	£53.2 million
2015	£54.1 million
2016	£59.4 million
2017	£61.5 million
2018	£63.7 million
2019	£66.4 million

The highest total raised by an official charity was £4 million by Dementia Revolution, the London Marathon's Charity of the Year in 2019.

**First official charity:** Sports Aid Foundation

**Charity of the Year 2020:** Mencap

**Highest total raised:** £4 million, Dementia Revolution, 2019

**Total raised for charity:** £1,021,400,000

## 2020 CHARITY OF THE YEAR – MENCAP

### Message from Mencap

There are more than 1.5 million children and adults with a learning disability in the UK, and yet understanding and awareness is low.

A learning disability is not a mental illness, nor a learning difficulty such as dyslexia, it is a reduced intellectual ability that means people take longer to learn new things and may need support to develop skills, understand complex information and engage with other people. It encompasses a wide spectrum of needs, from support with day-to-day tasks for people with a mild learning disability, to 24-hour care for those with severe or profound and multiple learning disabilities. People with a learning disability face inequality in every area of life – they are more likely to be victims of discrimination and bullying; to be lonely, socially excluded and live in poverty. On average they die 25 years younger than their non-disabled peers.

Through our partnership with the Virgin Money London Marathon, Mencap's 'Here I am' campaign aims to tackle stigma by increasing awareness and understanding of learning disability. We aim to raise £1.5 million to fund 'All Move', an inclusive sports programme for children aged 11-16 with and without learning disabilities. Running in schools in England and Wales, it will bring young people of all abilities together to learn new skills and try physical activities. Direct contact between children of different abilities can change attitudes towards disability for life. ENABLE Scotland will run its own inclusion project, called ACE Youth Groups.

Here are two of the 13-strong #TeamMencap Learning Disability Squad, possibly the biggest team of people with a learning disability ever to run:

**Charlotte Aspley:** When she was born, Charlotte's parents were told she would never walk. Charlotte has mosaic Down's syndrome, a rare form of the condition, which means she has impaired vision and poor muscle tone.

Now 30, Charlotte will be running her third London Marathon for Mencap and fifth marathon overall. She isn't just an amazing role model – over the years she has raised tens of thousands of pounds for Mencap in recognition of the support it has given her and her family.

She says: "Just like you, I laugh, I cry, I love, I hurt. And just like you, I have dreams and ambitions – like running the London Marathon. I also have a learning disability. But there is so much more to me than that. Get to know me and you might be surprised."

**Aaron Plummer:** Nineteen-year-old Aaron is currently working three jobs and is determined to be a success and make his mum proud. Aaron has cerebral palsy and a learning disability, but it has never stopped him from pursuing his dreams and ambitions. This will be Aaron's first-ever marathon.

Within a fortnight of setting up his fundraising page he'd raised £8,000, while footballers David Luiz and Ledley King, writer and director Armando Iannucci, comedian Matt Lucas, 'body coach' Joe Wicks and DJ Jo Wiley sent him messages of support.

He says: "Don't let anyone stand in the way of your dreams. What you want to do, you can do. Just put your mind to it and achieve it. Just ignore everyone else, that's all just background noise because you know what you want to do. You can achieve anything you want to. Don't let anyone say you can't do it – NO! Prove people wrong."

Professional images and video content of the Team Mencap Learning Disability Squad are available at: [youtube.com/user/MencapDirector/videos](https://www.youtube.com/user/MencapDirector/videos).

### Media contacts

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## THE LONDON MARATHON CHARITABLE TRUST

The London Marathon Charitable Trust was created in 1981, the year of the first London Marathon, to meet one of the six objectives established by founders Chris Brasher and John Disley: 'to raise money for the provision of recreational facilities in London'. Their vision enabled the surplus from the London Marathon, and other events organised by London Marathon Events Limited, to go to The Trust. Every year, the surplus is transferred under corporate Gift Aid from London Marathon Events to The Trust.

### The mission of The Trust

The mission of The Trust is to provide funding to:

- initiatives that enable people to become and remain physically active regardless of age, gender, ability, race or background, and that challenge inequality of access to physical activity
- build, renovate or modernise facilities to support such initiatives

### The current funding priorities

The Trust's current priorities are achieved through two grant programmes:

- The Facilities Grants Programme provides funding for projects that improve facilities in The Trust's core funding areas of London and Surrey, to encourage and support all members of the local community to be physically active.
- The Strategic Partnership Grants Programme provides funding for large-scale projects that challenge inequality of access to physical activity and deliver the greatest impact to The Trust's target audiences, including children and young people, and groups that are less likely to be physically active.

### The Trust Board

**Patron:** HRH Prince Henry of Wales

#### Independent Trustees:

Sir Rodney Walker (Chairman)

Dawn Austwick

Gillian McKay

Alan Pascoe MBE

Clare Shepherd

#### Nominee of Chairman of Active Partnerships:

Lee Mason

#### Chair of Activity Alliance: Sam Orde

#### Nominee of Local Government Association:

Richard Henry

#### Nominee of London Councils:

John Austin; Councillor Robert Rigby

#### Chairman of London Marathon Events Limited:

Sir John Spurling KCVO OBE

#### Nominee of Chairman Sport England:

Charles Johnston

#### Chief Grants Officer/Company Secretary:

Sarah Ridley

The Trust is a registered charity, number 283813, and registered company, number 01550741. London Marathon Events Limited is a wholly owned subsidiary of The Trust. More details at: [lmct.org.uk](http://lmct.org.uk). Email: [info@lmct.org.uk](mailto:info@lmct.org.uk).

**Due to the continuing uncertainty brought about by the Covid-19 pandemic, the Trustees have taken the difficult decision to not accept any new applications to The Trust's grants programmes. The Trustees believe this is the right thing to do during this period of unprecedented change. It ensures that applicants do not spend time on speculative applications for which the outcomes cannot be determined in the current uncertain situation, and allows us to focus on supporting existing grantees. The Trustees are also taking the opportunity to review the existing grants programmes, and we will keep the website updated with any new information.**

## What has The Trust done?

The Trust has awarded more than £92 million to more than 1,460 projects in London and beyond.

Here are some milestones in The Trust's history:

- 1981** The Trust is created by London Marathon founders Chris Brasher and John Disley 'to raise money for the provision of recreational facilities in London'.
- 1991** The charity's total awards to sports and recreation projects reaches more than £1 million.
- 1998** The Trust establishes a fund to support the purchase of public sports grounds and preserve them from developers.
- 2001** The charity's total funding reaches £10 million.
- 2011** Prince Harry becomes Patron of The London Marathon Charitable Trust.
- 2012** The Trustees pledge £6.9 million to support community legacy facilities of the London 2012 Olympic Games, including contributions to the London Marathon Community Track, the VeloPark and the North Hub Playground.
- 2012** The Trust donates £1 million to the Queen Elizabeth II Fields Challenge, which has benefited 105 fields in London and Surrey.
- 2013** Projects in Surrey become eligible for grants from The Trust thanks to London Marathon Events Limited's involvement in the Prudential RideLondon cycling festival.
- 2013** The total value of grants made by The Trust passes the £50 million mark, supporting more than 1,000 projects.
- 2017** The Active Spaces partnership between The Trust and Fields in Trust is established to create a legacy of 50 permanently protected outdoor spaces across the UK.
- 2018** The Trust establishes a new Strategic Partnership Grants Programme, which to date has awarded over £7.8 million to 17 large-scale and inspirational national projects.
- 2020** The Trust awarded Transport for London £2 million towards its Walking and Cycling Grant London scheme.

## The Trust in numbers

- £1,500** The amount awarded in 1981 to each of the first seven projects supported by The Trust, which included a trim trail, gym equipment and five-a-side football equipment for people with disabilities.
- 1,430** Number of projects receiving funding from The Trust since 1981.
- £88m** Total amount of money awarded by The Trust since 1981.
- 33** Number of London boroughs that are eligible for, and have received grants, including the City of London.
- £10m** Total awarded in grants by The Trust to athletics projects in London.
- £6.9m** Total awarded in legacy grants by The Trust following the London 2012 Olympic and Paralympic Games.
- £3.45m** Grant awarded by The Trust to fund the London Marathon Community Track in Queen Elizabeth Olympic Park, the largest in The Trust's history.

## Current facilities named for the London Marathon

- London Marathon Pavilion Barn Elms
- London Marathon Redbridge Cycling Centre
- London Marathon Playing Field Avery Hill
- London Marathon Playing Field Chase Lodge
- London Marathon Playing Field Earlsfield
- London Marathon Playing Field Greenford
- London Marathon Playing Field Greenwich (Shooters Hill)
- London Marathon Playing Field Mottingham
- London Marathon Playing Field Redbridge
- London Marathon Community Track (Queen Elizabeth Olympic Park)
- London Marathon Athletics Track, Finsbury Park





## JOHN BRYANT [1944-2020]

John Bryant, a former chairman of the London Marathon Charitable Trust and one of the most influential figures in London Marathon history, died earlier this year at the age of 76.

Bryant was a talented athlete, a coach to the legendary Zola Budd and one of the country's most respected journalists, serving in senior positions at the *Daily Telegraph*, *The Times* and the *Daily Mail* during a Fleet Street career that spanned more than four decades.

He was a great supporter of the London Marathon from the outset and combined his journalistic skills with his passion for running to help develop the event into the greatest marathon in the world.

Bryant was a close friend of London Marathon co-founder Chris Brasher and competed in 29 editions of the race himself. He went on to write *The London Marathon: The History of the Greatest Race on Earth*, which was published in 2006 to coincide with the 25th anniversary of the race, and served for 10 years on the board of the London Marathon Charitable Trust.

He was Chairman of The Trust from 2011 to 2017, before becoming Vice President.

Nick Bitel, Chief Executive of LME, said: "John was one of the earliest supporters of the marathon and served as a Trustee for many years. His encyclopaedic knowledge of running, the media and of the marathon was invaluable.

"Even when he retired as a Trustee, he continued his connection to the marathon as Vice President and, when his health allowed, was to be seen in the finish grandstands for long periods on Race Day."

Bryant died peacefully at his home in Surrey on Thursday 30 April following a long illness. He is survived by his wife, Carol, two sons, Matthew and William, and six grandchildren.



The 4<sup>th</sup> Race

# ELITE RACES



# 04

## ELITE RACES

### ELITE WOMEN

#### ENTRIES

Bib	Name	Nation	PB	Bib name
101	Brigid KOSGEI	KEN	2:14.04 (WR)	KOSGEI
102	Ruth CHEPNGETICH	KEN	2:17.08	CHEPNGETICH
103	Vivian CHERUIYOT	KEN	2:18.31	CHERUIYOT
104	Valary JEMELI	KEN	2:19.10	JEMELI
105	Degitu AZIMERAW	ETH	2:19.26	AZIMERAW
106	Ashete BEKERE	ETH	2:20.14	BEKERE
107	Alemu MEGERTU	ETH	2:21.10	MEGERTU
108	Sara HALL	USA	2:22.16	HALL
109	Sinead DIVER	AUS	2:24.11	DIVER
110	Carla Salome ROCHA	POR	2:24.47	ROCHA
111	Ellie PASHLEY	AUS	2:26.21	PASHLEY
112	Sara Catarina RIBEIRO	POR	2:26.39	RIBEIRO
113	Stephanie TWELL	GBR	2:26.40	TWELL
114	Anna HAHNER	GER	2:26.44	A. HAHNER
115	Molly SEIDEL	USA	2:27.31	SEIDEL
116	Gerda STEYN	RSA	2:27.48	STEYN
117	Lindsay FLANAGAN	USA	2:28.05	FLANAGAN
118	Darya MYKHAYLOVA	UKR	2:28.15	MYKHAYLOVA
120	Lily PARTRIDGE	GBR	2:29.24	PARTRIDGE
121	Tracy BARLOW	GBR	2:30.42	BARLOW
122	Natasha COCKRAM	GBR	2:30.49	COCKRAM
123	Risper GESABWA	MEX	2:30.59	GESABWA
124	Tish JONES	GBR	2:31.00	JONES
125	Monika BYTAUTIENE	LTU	2:32.28	BYTAUTIENE
126	Bo UMMELS	NED	2:32.34	UMMELS
127	Helen DAVIES	GBR	2:34.06	DAVIES
128	Naomi MITCHELL	GBR	2:37.51	MITCHELL
129	Edith CHELIMO	KEN	Debut	CHELIMO

#### AWARDS & BONUSES

##### Awards for place

1	\$30,000
2	\$15,000
3	\$10,000
4	\$7,500
5	\$5,000
6	\$3,500
7	\$2,500
8	\$2,000
9	\$1,500
10	\$1,000
11	\$750
12	\$500

**\$79,250.00**

In addition to the above, the winning athlete achieving the following will receive:

- First and men's world record (2:01:39): \$125,000
- First and women's world record (2:17:01 – women only): \$125,000

##### UK athletes Awards for place

1	\$5,000
2	\$3,000
3	\$2,000
TOTAL	\$10,000

- In addition, all British athletes are eligible for the overall elite athlete top 12 place bonuses

## PREVIEW: RECORD-BREAKER KOSGEI RETURNS TO DEFEND HER TITLE



Brigid Kosgei will defend her London Marathon title on 4 October in her first marathon since breaking Paula Radcliffe's 16-year-old marathon world record at the Bank of America Chicago Marathon last October.

The 26-year-old's incredible time of 2:14:04 was more than four minutes quicker than the personal best she set when becoming the youngest-ever female London Marathon champion in April 2019.

Kosgei said: "I am very much looking forward to returning to the London Marathon. Last year was an incredible year for me and it started by winning in London. Coming back will be very special and I hope it can be the start of another memorable year."

Kosgei is joined by a glittering field of rivals, four of whom have also run sub-2:20 marathons. These include two title-winning compatriots: 2018 London champion Vivian Cheruiyot and world champion Ruth Chepngetich.

Also on the Start Line is last year's Amsterdam Marathon champion Degitu Azimeraw, reigning Berlin Marathon champion Ashete Bekere,

Alemu Megertu, who won the Rome Marathon last year and the reigning Frankfurt Marathon champion Valary Jemeli.

Spencer Barden, Head of Elite Athletes at London Marathon Events, said: "Brigid's run at the Chicago Marathon was one of the most remarkable athletic performances of recent years. Paula Radcliffe's world record had stood for so long and was one of the great markers in modern athletics, so for Brigid to beat it and beat it so comprehensively was incredible."

Other notable entries include Australia's ever-improving 43-year-old veteran Sinead Diver, who placed seventh last year a minute inside her personal best as the quickest-ever veteran woman over the London course – she went on to finish fifth in New York last November – and the USA's Sara Hall, who was fifth in Berlin last year in 2:22:16.

Among the leading domestic women confirmed to race are Steph Twell, who ran a personal best of 2:26:40 in Frankfurt last year to go sixth in the British all-time rankings, and 2018 British marathon champion Lily Partridge.

## BRIGID KOSGEI (KENYA)

### 2019 LONDON MARATHON CHAMPION AND WORLD RECORD HOLDER



**Born** 20 February 1994

**Marathon best** 2:14:04 - Chicago 2018

**London Marathon record** 2018 - 2nd 2:20:13; 2019 - 1st 2:18:20

**Other Abbott World Marathon Majors**

Boston: 2017 - 8th 2:31:48

Chicago: 2017 - 2nd 2:20:22; 2018 - 1st 2:18:35; 2019 - 1st 2:14:04

**Other major city marathons**

Honolulu: 2016 - 1st 2:31:11; 2017 - 1st 2:22:15

Lisbon: 2016 - 2nd 2:24:45

Milan: 2016 - 1st 2:27:45

Porto: 2015 - 1st 2:47:59

**Marathons in major championships** None

#### Notes

Brigid Kosgei took more than 80 seconds from Paula Radcliffe's 16-year-old world record at the Chicago Marathon last October when she ran 2:14:04 to defend her title.

It was a historic performance coming less than six months after she had beaten reigning champion Vivian Cheruiyot to win last April's London Marathon.

Twice a Honolulu Marathon champion with victories in Milan and Porto under her belt, she won her first Abbott World Marathon Majors race in Chicago in 2018 after finishing runner-up to Cheruiyot in London earlier that year.



**RUTH CHEPNGETICH (KENYA)****WORLD MARATHON CHAMPION**

**Born** 8 August 1994

**Marathon best** 2:17:08, Dubai 2019

**London Marathon record** None

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Dubai: 2019 - 1st 2:17:08

Istanbul: 2017 - 1st 2:22:36; 2018 - 1st 2:18:35

Paris: 2018 - 2nd 2:22:59

**Marathons in major championships**

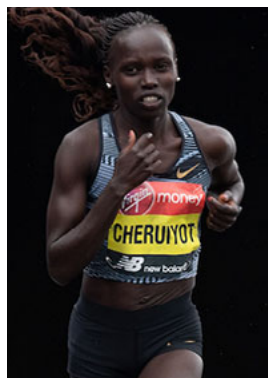
Worlds: 2019 - 1st 2:32:43

**Notes**

Ruth Chepngetich clinched the world title in Doha last year winning a punishing race run in 30 degree heat and high humidity that started at midnight and finished in the early hours of the morning. She claimed to have prepared by training at midday in Kenya when the sun is at its hottest.

Her winning time was more than 15 minutes slower than the personal best she set when winning the Dubai Marathon last January. She started her marathon career with victory in Istanbul in 2017, a title she defended successfully in 2018 when she was also second in Paris.

Exclusively a road runner, Chepngetich was 13th at the 2018 World Half Marathon Championships. She set a half marathon PB of 65:29 last year.

**VIVIAN CHERUIYOT (KENYA)****2018 LONDON MARATHON CHAMPION**

**Born** 11 September 1983

**Marathon best** 2:18:31, London 2018

**London Marathon record** 2017: 4th 2:23:50; 2018 - 1st 2:18:31; 2019 - 2nd 2:20:14

**Other Abbott World Marathon Majors**

New York: 2018 - 2nd 2:26:02

**Other major city marathons**

Frankfurt: 2017 - 1st 2:23:35

Valencia: 2019 - 4th 2:18:52

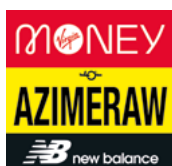
**Marathons in major championships** None

**Notes**

Vivian Cheruiyot made her marathon debut in London three years ago at 33 after a glittering career on the track that yielded four World Championship titles and Olympic medals of every colour, not to mention a world cross country title and gold at the Commonwealth Games.

Cheruiyot placed fourth in 2017 and went on to claim her first marathon victory when she won the Frankfurt Marathon that October. She returned to London in 2018 and was rewarded for running a perfectly judged race with victory in one of the quickest times of the year. She was second behind Mary Keitany in New York that November and played runner-up again in London last April.

Cheruiyot is the third-fastest ever at 10,000m and holds Kenyan records for 5,000m and 10,000m.

**DEGITU AZIMERAW (ETHIOPIA)****2019 AMSTERDAM MARATHON CHAMPION****Born** 24 January 1999**Marathon best** 2:19:26, Amsterdam 2019**London Marathon record** None**Other Abbott World Marathon Majors** None**Other major city marathons**

Amsterdam: 2019 - 1st 2:19:26

**Marathons in major championships** None**Notes**

Degitu Azimeraw signalled her status as 'one to watch' last October when, aged just 20, she made a winning start to her marathon career with victory at the Amsterdam Marathon in 2:19:26.

Not only did she smash the course record, immediately moving into the world top 20 all time, but she also produced the second-fastest debut in women's marathon history.

She had showed her potential when running 66:07 to place fourth at the Ras Al Khaimah half marathon last February after placing sixth in the same event the year before.

She went on to win a half marathon silver medal at the All Africa Games in Rabat last August, her first international for Ethiopia.

**ASHETE BEKERE (ETHIOPIA)****2019 BERLIN MARATHON CHAMPION****Born** 17 April 1988**Marathon best** 2:20:14, Berlin 2019**London Marathon record** None**Other Abbott World Marathon Majors**

Berlin: 2019 - 1st 2:20:14

Tokyo: 2016 - 7th 2:25:50

**Other major city marathons**

Chongqing: 2013 - 3rd 2:32:23

Frankfurt: 2014 - 3rd 2:24:59

Paris: 2018 - 4th 2:23:27

Prague: 2014 - 3rd 2:28:04; 2015 - 5th 2:26:55

Rome: 2012 - 2nd 2:31:23

Rotterdam: 2019 - 1st 2:22:55

Seoul: 2017 - 2nd 2:25:57

Valencia: 2018 - 1st 2:21:14

**Marathons in major championships** None**Notes**

Ashete Bekere has won her last three marathons in impressive times, a sequence starting with Valencia in December 2018 and culminating in Berlin last September when she lowered her PB to 2:20:14. In between she won the Rotterdam Marathon last April. In a marathon career going back to 2011, Bekere has hit a rich vein of form in recent years with runner-up spots in Seoul and Mexico City, victory in Lanzhou and fourth in Paris, the build-up to her treble-winning streak. In 20 races, she has never placed outside the top 10 and only three times outside the top five.

**ALEMU MEGERTU (ETHIOPIA)****2019 ROME MARATHON CHAMPION**

**Born** 12 October 1997

**Marathon best** 2:21:10, Frankfurt 2019

**London Marathon record** None

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Casablanca: 2017 - 4th 2:34:11

Frankfurt: 2019 - 2nd 2:21:10

Mumbai: 2019 - 4th 2:31:00

Rabat: 2018 - 2nd 2:31:33

Rome: 2019 - 1st 2:22:52

Shanghai: 2018 - 6th 2:28:08

Zhengzhou: 2017 - 2nd 2:29:10

**Marathons in major championships** None

**Notes**

Alemu Megertu took nearly six minutes from her personal best when she won the Rome Marathon last April in 2:22:52.

She lowered it again in Frankfurt in October when she was second behind Kenya's Valary Jemeli.

Aged 22, she has only been competing for three years but has already run nine marathons, achieving runner-up places in Zhengzhou, Rabat and Lanzhou in 2017 and 2018.

Her half marathon best of 66:43 was set in Copenhagen last September.

**VALARY JEMELI (KENYA)****2019 FRANKFURT MARATHON CHAMPION**

**Born:** 8 June 1991

**Marathon best** 2:19:19, Frankfurt 2019

**London Marathon record** None

**Other Abbott World Marathon Majors**

Berlin: 2017 - 3rd 2:20:53

Tokyo: 2020 - DNF

Barcelona: 2016 - 1st 2:25:26

Valencia: 2016 - 1st 2:24:48

Prague: 2017 - 1st 2:21:57

Nagoya: 2018 - 2nd 2:22:48

Beijing: 2018 - 1st 2:21:38

Nagoya: 2019 - 3rd 2:23:01

Frankfurt: 2019 - 1st 2:19:10

**Marathons in major championships** None

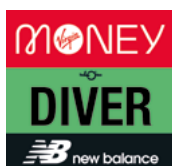
**Notes**

Jemeli broke the Frankfurt Marathon course record last year when she won in 2:19:19. The Kenyan announced herself on the world stage in 2016 when she won in both Barcelona and Valencia.

The 29-year-old also had victories in the Prague Marathon and Beijing Marathon, before her first sub-2:20 run in Frankfurt.

She was third in the 2017 Berlin Marathon, which is the only other Abbott World Marathon Major she has completed, after she did not finish the Tokyo Marathon earlier this year.



**SINEAD DIVER (AUSTRALIA)****LONDON MARATHON VETERANS RECORD HOLDER**

**Born** 17 February 1977

**Marathon best** 2:24:11, London 2019

**London Marathon record** 2019 - 7th 2:24:11

**Other Abbott World Marathon Majors**

New York: 2019 - 5th 2:26:23

**Other major city marathons**

Melbourne: 2014 - 2nd 2:34:15; 2016 - 2nd 2:41:15;  
2018 - 1st 2:25:19

Nagoya: 2017 - 10th 2:31:37

Saitama: 2017 - 7th 2:33:01

**Marathons in major championships**

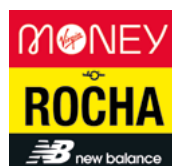
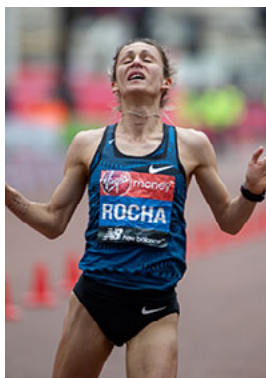
Worlds: 2015 - 21st 2:36:38; 2017 - 20th 2:33:26

**Notes**

Sinead Diver took more than a minute from her personal best to place seventh in last year's London Marathon, her first World Marathon Majors race at the age of 42. Her time makes her the fastest-ever (40+) veteran at the London Marathon.

She went on to place fifth in New York last November in another impressive time. Her breakthrough came in winning the 2018 Melbourne Marathon when she set a course record of 2:25:19, taking more than six minutes from her previous PB and making her the fastest-ever Australian veteran.

The former Irishwoman became eligible for Australia in 2015 and ran for her new country at the 2015 and 2017 World Championships.

**CARLA SALOME ROCHA (PORTUGAL)**

**Born** 25 April 1990

**Marathon best** 2:24:47, London 2019

**London Marathon record** 2019 - 8th 2:24:47

**Other Abbott World Marathon Majors**

Berlin: 2018 - 8th 2:25:27

**Other major city marathons**

Porto: 2017 - 2nd 2:31:01

Prague: 2017 - 6th 2:27:08

**Marathons in major championships**

Worlds: 2019 - 28th 2:58:19

**Notes**

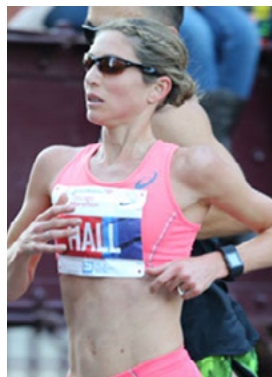
Carla Salomé Rocha clocked a personal best to place eighth in the London Marathon last April after placing eighth in Berlin the previous September.

She ran for Portugal at last year's World Championships in Doha, finishing 28th in the gruelling midnight run.

A Portuguese international since she was a junior, Rocha made her marathon debut in 2017 when she was sixth in Prague.

On the track she has represented her country at European and World Championships and the 2016 Olympic Games, when she was 26th in the 10,000m.

## SARA HALL (USA)



**Born** 15 April 1983

**Marathon best** 2:22:16, Berlin 2019

**London Marathon record** 2016 - 12th 2:30:06

**Other Abbott World Marathon Majors** Chicago: 2009 - 10th 2:31:14; New York: 2016 - 9th 2:36:12; Tokyo: 2017 - 6th 2:28:26; Boston: 2019 - 15th 2:35:34; Berlin: 2019 - 5th 2:22:16

**Other major city marathons** Los Angeles: 2009 - 22nd 2:48:02; Frankfurt: 2017 - 5th 2:27:21; Sacramento (US Marathon Champs): 2017 - 1st 2:28:10; Ottawa: 2018 - 3rd 2:26:20

**Marathons in major championships** None

### Notes

Sara Hall became the sixth-fastest USA marathon runner of all time when she ran 2:22:16 at the BMW Berlin Marathon in September 2019. The 37-year-old has competed in all six Abbott World Marathon Majors during her career and last ran the Virgin Money London Marathon in 2016. After moving up to marathon running in 2009, Hall has raced regularly over the distance. Her 2:22:16 run in Berlin, which was rewarded with a fifth-placed finish (her highest finish at an Abbott World Marathon Major), has been her best performance over 26.2 miles to date. But she was crowned the USA marathon champion in 2017 and has had top 10 finishes at the Chicago, New York and Tokyo marathons.

She has competed for the USA on the track at the World Indoor Championships and at the World Cross Country Championships.

## ELLIE PASHLEY (AUSTRALIA)



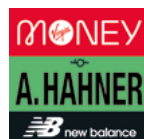
**Born** 10 December 1988

**Marathon best** 2:26:21, Nagoya 2019

**London Marathon record** None

**Notes** Pashley was eighth in New York last November after taking five minutes from her PB in Nagoya in March. She has run for Australia at 10,000m and half marathon.

## ANNA HAHNER (GERMANY)



**Born** 20 November 1989

**Marathon best** 2:26:44, Berlin 2014

**London Marathon record:** None.

**Notes** Anna is a previous Vienna Marathon champion who competed for Germany in the marathon at the 2016 Olympics where she finished alongside her twin sister Lisa in 81st and 82nd place.

## EDITH CHELIMO (KENYA)



**Born** 16 July 1986

**Marathon best** Debut

**London Marathon record** None

**Notes** Chelimo set her half marathon PB of 65:52 to win the 2017 Cardiff half. She ran as a pacemaker in last year's London Marathon.

## BRITISH WOMEN

### STEPH TWEEL (GREAT BRITAIN & NI)

6th FASTEST BRITON OF ALL TIME



**Born** 17 August 1989

**Marathon best** 2:26:40, Frankfurt 2019

**London Marathon record** None

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Frankfurt: 2019 - 8th 2:26:40

Valencia: 2018 - 7th 2:30:14

**Marathons in major championships** None

#### Notes

Steph Twell makes her London Marathon debut aged 31, having moved to number six on the British all-time list with her time at the Frankfurt Marathon last October, her second outing over 26.2 miles.

A former world junior 1,500m champion, Twell has been a long-standing British international on all surfaces since she was a youth. She won the European junior cross country title three times in a row from 2006 to 2008. As a senior she bagged a European 5,000m bronze in 2016 and was a world finalist in 2015.

She took three minutes from her half marathon PB in Houston this January, when she clocked 68:55.

She is coached by Geoff Wightman. Last May, with husband Joe Morwood, she broke a Guinness World Record for fastest one mile while holding hands.

### LILY PARTRIDGE (GREAT BRITAIN & NI)

2018 BRITISH MARATHON CHAMPION



**Born** 9 March 1991

**Marathon best** 2:29:24, London 2018

**London Marathon record** 2018 - 8th 2:29:24;  
2019 - 17th 2:31:53

**Other Abbott World Marathon Majors**

Berlin: 2017 - DNF

**Other major city marathons**

Seville: 2017 - 4th 2:32:10

**Marathons in major championships**

Europeans: 2018 - DNF

#### Notes

Partridge took almost three minutes from her best when she was eighth and the first Briton in the 2018 London Marathon. She couldn't retain the British title last year, when she was 17th. She was fourth on her debut marathon in Seville in 2017, but dropped out of the Berlin Marathon that September.

She was 53rd for Britain in the half marathon event at the 2016 European Championships, but dropped out of the marathon at the Berlin Europeans in 2018. Her half marathon best of 70:32 was set when winning the Reading half in 2015. She won this year's Big Half in 70:50, after placing second behind Charlotte Purdue in 2018.

Her mother, Ruth (née Smeeth), was UK 3,000m champion in 1981 and sixth at the 1990 Commonwealth Games.

## TRACY BARLOW (GREAT BRITAIN & NI)



**Born** 18 June 1985 Blackpool

**Marathon best** 2:30:42 London 2017

**London Marathon record** 2017- 16th 2:30:42,  
2018- 9th 2:32:09, 2019- 19th 2:36:26

**Other Abbott World Marathon Majors**

Berlin: 2014- 18th 2:51:29

**Other major city marathons**

Frankfurt: 2016- 9th 2:32:05

Toronto: 2015- 13th 2:38:52

**Marathons in major championships**

Worlds: 2017- 43rd 2:41:03

Europeans: 2018- 15th 2:35:00

### Notes

Barlow was 16th in 2017 and selected for the London World Championships. She was ninth in 2018 before going on to finish 15th at the European Championships. She ran her first London Marathon nine years ago when she was the 7,597th runner across the line, in 3:52:59.

## HELEN DAVIES (GREAT BRITAIN & NI)



**Born** 12 September 1979

**Marathon best** 2:34:06, Brighton 2019

**London Marathon record** 2010 - 16th 2:36:56;  
2011 - 21st 2:35:43; 2012 - 21st 2:34:11

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Brighton: 2017 - 1st 2:42:42; 2018 - 1st 2:38:41;  
2019 - 1st 2:34:06

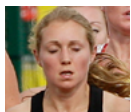
Toronto: 2008 - 12th 2:45:17; 2009 - 7th 2:41:10;  
2018 - 8th 2:35:12

**Marathons in major championships:**

Europeans: 2010 - 18th 2:43:00

Commonwealths: 2010 - 8th 2:49:24

## NATASHA COCKRAM (GREAT BRITAIN & NI)



**Born** 12 November 1992

**Marathon best** 2:30:49, Dublin 2019

**London Marathon record** 2019 - 21st 2:40:31

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Dublin: 2017 - 8th 2:49:37; 2018 - 4th 2:35:49;  
2019 - 5th 2:30:49

Houston: 2019 - 11th 2:34:18

Newport: 2018 - 1st 2:44:58

**Marathons in major championships** None

## TISH JONES (GREAT BRITAIN & NI)



**Born** 7 September 1985

**Marathon best** 2:31:11, London 2019

**London Marathon record** 2017 - 18th 2:33:56;  
2019 - 16th 2:31:11

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Cape Town: 2016 - 1st 2:36:13; Toronto: 2017 - DNF

**Marathons in major championships** None

## NAOMI MITCHELL (GREAT BRITAIN & NI)



**Born** 24 November 1993

**Marathon best** 2:37:51, Frankfurt 2019

**London Marathon record** 2016 - 36th 2:54:31;  
2017 - 26th 2:53:48; 2018 - 43rd 3:01:09; 2019 -  
24th 2:48:01

ELITE MEN

ENTRIES

Bib	Name	Nation	PB	Bib name
1	Eliud KIPCHOGE	KEN	2:01.39 (WR)	KIPCHOGE
2	Kenenisa BEKELE	ETH	2:01.41	BEKELE
3	Mosinet GEREMEW	ETH	2:02.55	GEREMEW
4	Mule WASIHUN	ETH	2:03.16	WASIHUN
5	Sisay LEMMA	ETH	2:03.36	LEMMA
6	Tamirat TOLA	ETH	2:04.06	TOLA
7	Marius KIPSEREM	KEN	2:04.11	KIPSEREM
8	Shura KITATA	ETH	2:04.49	KITATA
9	Vincent KIPCHUMBA	KEN	2:05.09	KIPCHUMBA
10	Sondre Nordstad MOEN	NOR	2:05.48	MOEN
11	Gideon KIPKETER	KEN	2:05.51	KIPKETER
12	Arne GABIUS	GER	2:08.33	GABIUS
13	Jared WARD	USA	2:09.25	WARD
14	Cam LEVINS	CAN	2:09.25	LEVINS
15	Jonathan MELLOR	GBR	2:10.03	MELLOR
16	Elroy GELANT	RSA	2:10.31	GELANT
17	Daniele MEUCCI	ITA	2:10.45	MEUCCI
18	Brett ROBINSON	AUS	2:10.55	ROBINSON
19	Juan LUIS BARRIOS	MEX	2:10.55	LUIS BARRIOS
20	Peter HERZOG	AUT	2:10.57	HERZOG
22	Chris THOMPSON	GBR	2:11.19	THOMPSON
23	Stephen SCULLION	IRL	2:11.52	SCULLION
24	Remigijus KANCYS	LTU	2:12.50	KANCYS
26	Tristan WOODFINE	CAN	2:13.16	WOODFINE
27	Michael CLOHISEY	IRL	2:13.19	CLOHISEY
28	Frank FUTSELAAR	NED	2:14.06	FUTSELAAR
29	Charlie HULSON	GBR	2:14.22	HULSON
30	Joshua GRIFFITHS	GBR	2:14.25	GRIFFITHS
32	Justin MAHIEU	BEL	2:14.43	MAHIEU
33	Melikhaya FRANS	RSA	2:14.57	FRANS
35	Peter LE GRICE	GBR	2:16.22	LE GRICE
37	Paul MARTELLETTI	GBR	2:16.49	MARTELLETTI
38	Adam HICKEY	GBR	2:16.56	HICKEY
39	Aaron SCOTT	GBR	2:16.57	SCOTT
40	Dan NASH	GBR	2:18.51	NASH
41	Ollie LOCKLEY	GBR	2:25.28	LOCKLEY
42	Josh LUNN	GBR	Debut	LUNN
43	Ross MILLINGTON	GBR	Debut	MILLINGTON
44	Jack GRAY	GBR	Debut	GRAY
45	Ben CONNOR	GBR	Debut	CONNOR
46	Benson KIPRUTO	KEN	2:05.13	KIPRUTO

AWARDS & BONUSES

Awards for place

1	\$30,000
2	\$15,000
3	\$10,000
4	\$7,500
5	\$5,000
6	\$3,500
7	\$2,500
8	\$2,000
9	\$1,500
10	\$1,000
11	\$750
12	\$500

**\$79,250.00**

In addition to the above, the winning athlete achieving the following will receive:

- First and men's world record (2:01:39): \$125,000
- First and women's world record (2:17:01 – women only): \$125,000

UK athletes  
Awards for place

- 1 \$5,000
- 2 \$3,000
- 3 \$2,000
- TOTAL \$10,000

- In addition, all British athletes are eligible for the overall elite athlete top 12 place bonuses

## PREVIEW: KIPCHOGE EYES HISTORY IN BATTLE WITH BEKELE

The two greatest distance runners in history and the two fastest men ever over the marathon distance will go head-to-head on the streets of London when Kenya's Eliud Kipchoge defends his title against Ethiopian legend Kenenisa Bekele.

As Olympic champion, four-time London Marathon winner, official world record holder and first man to run a sub-two-hour marathon, a feat achieved at the INEOS 1:59 Challenge in Vienna last October, few doubt that Kipchoge is the greatest marathon runner of all time.

On 4 September, he is aiming to add another superlative to that list of achievements by becoming the most successful runner in London Marathon history. By winning a fifth men's title he would surpass Ingrid Kristiansen as an elite race winner, while also becoming the first man to take three in a row since Mexico's Dionicio Cerón in the mid-1990s.

"I love running in London where the crowd support is always wonderful," Kipchoge said. "Breaking the two-hour barrier in Vienna was an incredible moment. It showed that no human is limited and that is a belief that continues to drive me on to new objectives.

"Making history in London is my next target. I am proud that I am currently the only male able-bodied athlete to have won this great race four times and know that no male or female able-bodied athlete has won it more than that."

But Kipchoge will face stiff opposition from Bekele, who threatened his world record of 2:01:39 at last September's Berlin Marathon when he finished just two seconds outside.

Event Director Hugh Brasher said: "This is a meeting of two of the greatest athletes the world has ever seen and two men who already have their names in the record books. It is truly fitting that this match-up between two legends of the sport takes place at the 40th London Marathon. It is the head-to-head the world is waiting to see."

Bekele, whose best finish in the London Marathon was second in 2017, said: "My win in Berlin proved that I am still capable of winning the biggest races in the world in world-class times. I am looking forward to seeing what I can do in London."

The two have met four times over the marathon distance, including twice in London (2016 and 2018), with Kipchoge coming out on top each time. But Bekele has the better head-to-head record over all distances and surfaces.

The 2020 race won't just be about the top two, however, for the elite men's field also includes the second- and third-placed finishers from last year – Ethiopia's Mosinet Geremew and Mule Wasihun, who challenged the master until the final two miles and recorded two of the quickest times in history. Shura Kitata, who was fourth last year and second in 2018, has also been confirmed, while Kipchoge will have Kenyan company in the shape of Marius Kipserem and Vincent Kipchumba, who last year won the Rotterdam and Amsterdam Marathons, respectively.

From a British perspective, Chris Thompson and marathon debutants Ross Millington and Ben Connor will be leading a strong domestic contingent who will be looking to secure an Olympic qualifying time (for more on this, see page 54).

Sir Mo Farah, the four-time Olympic champion, will be one of the pacemakers looking to help these athletes, as well as about 25 others from around the world achieve the qualifying time of 2:11:30.

## ELIUD KIPCHOGE (KENYA)

**FOUR TIMES LONDON MARATHON CHAMPION;  
OLYMPIC CHAMPION; WORLD RECORD HOLDER**



**Born** 5 November 1984

**Marathon best** 2:01:39, Berlin 2018

**London Marathon record** 2015 - 1st 2:04:42;  
2016 - 1st 2:03:05; 2018 - 1st 2:04:17;  
2019 - 1st 2:02:37

**Other Abbott World Marathon Majors**

Berlin: 2013 - 2nd 2:04:05; 2015 - 1st 2:04:00;  
2017 - 1st 2:03:32; 2018 - 1st 2:01:39;  
Chicago: 2014 - 1st 2:04:11

**Other major city marathons**

Rotterdam: 2014 - 1st 2:05:00

Hamburg: 2013 - 1st 2:05:30

**Marathons in major championships**

Olympics: 2016 - 1st 2:08:44

### Notes

Eliud Kipchoge ran what was then the quickest non-winning time ever at the 2013 Berlin Marathon when he clocked 2:04:05 to finish second behind Wilson Kipsang's world-record-breaking run. In six-and-a-half years of marathon running, it is the only time the 35-year-old has lost at the distance.

A former world 5,000m champion, he first moved up to the marathon in April 2013 when he won the Hamburg Marathon in 2:05:30. Seven years later, his record reads: 11 wins and one second place from 12 races. Those 10 include four London Marathon titles, three Berlin crowns and the 2016 Olympic gold.

All but two have been run at 2 hours 5 minutes or quicker, four have been under 2:04, and on 16 September 2018 he smashed the world record, clocking 2:01:39 to claim his third Berlin title.

He was crowned Abbott World Marathon Majors champion for an unprecedented fourth successive time last year.

To cap all that, Kipchoge made sporting history in Vienna on 13 October last year when he became the first man to run the marathon distance in under two hours, a feat long thought out of reach for years, if not decades, to come.

Aided by special shoes, a phalanx of tip-top pacemakers, a perfect course and weather, meticulous preparation, a laser beamed on-road pace guide, on-hand drinks supply, and unprecedented commercial backing, it is an achievement that will never have a place in the official record books. But it will long be remembered as a milestone of sporting endeavour.

Kipchoge has another milestone in mind for the London Marathon this year, when he is aiming to become the most successful able-bodied athlete in the 40-year history of the race.

His record in London is spotless. Not only has he won all four of his races here, but he has twice broken the course record, running 2:03:05 in 2016 and lowering that last April to 2:02:37, a race that saw two men go under 2:03 for the first time.

Previously, Kipchoge was best known for his exploits on the track, not least his upset victory at the 2003 World Championships when, at 19, he won 5,000m gold ahead of Kenenisa Bekele and Hicham El Guerrouj.

Kipchoge was born in Kapsisiywa in the Nandi District in Kenya where his parents were farmers.

He trains at the Global Sports camp in Kaptagat and is managed by Global Sports Communications as part of the NN Running group.



**KENENISA BEKELE (ETHIOPIA)****2019 BERLIN MARATHON CHAMPION**

**Born** 13 June 1982

**Marathon best** 2:01:41, Berlin 2019

**London Marathon record** 2016 - 3rd 2:06:36;  
2017 - 2nd 2:05:57; 2018 - 6th 2:08:53

**Other Abbott World Marathon Majors**

Berlin: 2016 - 1st 2:03:03; 2017 - DNF;  
2019 - 1st 2:01:41

Chicago: 2014 - 4th 2:05:51

**Other major city marathons**

Dubai: 2017 - DNF

Paris: 2014 - 1st 2:05:04

**Marathons in major championships** None

**Notes**

Kenenisa Bekele became the second-fastest marathon runner of all time when he missed Eliud Kipchoge's world record by just two seconds at the Berlin Marathon last September. It was a return to form for the three-time Olympic and five-time world track champion after dropping out of the Berlin race two years earlier and placing sixth in London in April 2018.

Bekele placed third on his London debut in 2016, beaten by Kipchoge and Stanley Biwott, and was a close runner-up behind Daniel Wanjiru three years ago. His two Berlin titles both came with Ethiopian records, while he still holds world and Olympic records for both 5,000m and 10,000m. He broke the course record to win this year's Vitality Big Half.

**MOSINET GEREMEW (ETHIOPIA)****2019 LONDON MARATHON RUNNER-UP**

**Born** 12 February 1992

**Marathon best** 2:02:55, London 2019

**London Marathon record** 2019 - 2nd 2:02:55

**Other Abbott World Marathon Majors**

Berlin: 2017 - 3rd 2:06:12

Chicago: 2018 - 2nd 2:05:24

**Other major city marathons**

Dubai: 2018 - 1st 2:04:00

Xiamen: 2017 - 2nd 2:10:20

**Marathons in major championships**

Worlds: 2019 - 2nd 2:10:44

**Notes**

Mosinet Geremew hung on to Kipchoge's coat-tails for all but the last two miles of last year's race and was rewarded with what was then an Ethiopian record – a sub-2:03 time that puts him fourth on all-time list.

Geremew went on to take a silver medal at the Doha World Championships last October. He has never finished lower than third in his six marathons so far, his one victory coming in Dubai two years ago when he beat compatriot Leul Gebresilase by two seconds in what was then a course record.

He went on to challenge Sir Mo Farah at the Chicago Marathon in October 2018, a contest he lost when the Briton sprinted away in the last half mile.

**MULE WASIHUN (ETHIOPIA)****2019 LONDON MARATHON THIRD PLACE**

**Born** 20 October 1993

**Marathon best** 2:03:16, London 2019

**London Marathon record** 2019 - 3rd 2:03:16

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Amsterdam: 2016 - 9th 2:07:19; 2017 - 4th 2:05:39; 2018 - 2nd 2:04:37

Dubai: 2015 - 11th 2:10:57; 2016 - 5th 2:05:44;

2017 - 2nd 2:06:46

Rotterdam: 2018 - 6th 2:08:13

**Marathons in major championships**

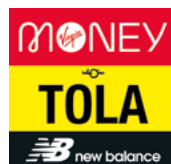
Worlds: 2019 - DNF

**Notes**

Mule Wasihun finished third behind Eliud Kipchoge and Mosinet Geremew last year in a time that makes him the eighth-fastest of all time. He was one of three Ethiopians who tailed the champion until the last few miles. Wasihun was selected to run at the Doha World Championships but dropped out of the punishing race run at night in high heat and humidity.

His previous podium finishes came in 2017, when he was second in Dubai in 2:06:46, and in 2018 when he was second in Amsterdam in 2:04:37, his marathon PB until last year's London contest.

He grew up on a farm with three brothers and three sisters, and started out as a 400m and 800m athlete before moving up, inspired by Bekele.

**TAMIRAT TOLA (ETHIOPIA)****2017 DUBAI MARATHON CHAMPION**

**Born** 11 August 1991

**Marathon best** 2:04:06, Dubai 2018

**London Marathon record** 2019 - 6th 2:06:57

**Other Abbott World Marathon Majors**

Boston: 2018 - DNF

New York: 2018 - 4th 2:08:30; 2019 - 4th 2:09:20

**Other major city marathons**

Dubai: 2014 - 4th 2:06:17; 2017 - 1st 2:04:11;

2018 - 3rd 2:04:06

Gongju: 2014 - 8th 2:12:22

**Marathons in major championships**

Worlds: 2017 - 2nd 2:09:49

**Notes**

Tamirat Tola became the 2017 World Championship marathon silver medallist when he chased Geoffrey Kirui to the line in London three years ago.

Earlier that year he won the Dubai Marathon in what was then a course record of 2:04:11, a time he bettered by five seconds at the same event in 2018. He raced the Boston Marathon just three months after that but dropped out in the torrential rain. He fared better in New York that November when he was fourth. He was fourth again in 2019 after placing sixth on his London debut.

Tola turned to road racing full-time after winning an Olympic bronze medal over 10,000m in Rio, where he was beaten by Sir Mo Farah and Paul Tanui.

**MARIUS KIPSEREM (KENYA)****2019 ROTTERDAM MARATHON CHAMPION**

**Born** 17 May 1988

**Marathon best** 2:04:11, Rotterdam 2019

**London Marathon record** None

**Other Abbott World Marathon Majors**

Tokyo: 2017 - 23rd 2:13:53

**Other major city marathons**

Abu Dhabi: 2018 - 1st 2:04:04

Eindhoven: 2016 - 2nd 2:08:00; 2017 - 3rd 2:06:43

Milan: 2013 - 3rd 2:09:50

Rotterdam: 2016 - 1st 2:06:11; 2018- 5th 2:07:22;

2019 - 1st 2:04:11

**Marathons in major championships** None

**Notes**

Marius Kipserem took exactly two minutes from his personal best when he won the Rotterdam Marathon for a second time in April last year. He'd actually run faster to win in Abu Dhabi in 2018, a course thought to be short of the full distance.

The 31-year-old now has eight victories from his 17 career marathons since 2011, while he has also finished on the podium in Eindhoven and Milan. But his one previous World Marathon Majors race was his worst result and slowest time – 23rd in Tokyo in 2017 in 2:13:53.

Exclusively a road runner, he has a half marathon best of 62:17 from 2013.

**SHURA KITATA (ETHIOPIA)****2018 LONDON MARATHON RUNNER-UP**

**Born** 9 June 1996

**Marathon best** 2:04:49, London 2018

**London Marathon record** 2018 - 2nd 2:04:49; 2019 - 4th 2:05:01

**Other Abbott World Marathon Majors**

New York: 2018 - 2nd 2:06:01; 2019 - 5th 2:10:39

**Other major city marathons**

Frankfurt: 2017 - 1st 2:05:50

Istanbul: 2016 - 2nd 2:14:08

Otsu: 2016 - 16th 2:16:09

Ottawa: 2016 - 2nd 2:10:04

Rome: 2017 - 1st 2:07:28

Shanghai: 2015 - 3rd 2:08:53

Xiamen: 2016 - 2nd 2:10:20; 2017 - 3rd 2:10:36

**Marathons in major championships** None

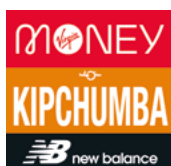
**Notes**

Over the last three years, Shura Kitata has established himself as a highly competitive marathon runner, with victories in Rome and Frankfurt in 2017 followed by runner-up spots in London and New York in 2018, and top-five places last year.

He set a world junior record of 2:08:53 on his marathon debut in Shanghai and first dipped under 2:05 in London two years ago when he shadowed Eliud Kipchoge as far as Blackfriars Bridge. In New York that year he came from behind to take second behind Lelisa Desisa.

## VINCENT KIPCHUMBA (KENYA)

## 2019 AMSTERDAM MARATHON CHAMPION



**Born** 3 August 1990

**Marathon best** 2:05:09, Amsterdam 2019

**London Marathon record** None

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Amsterdam: 2019 - 1st 2:05:09

Dresden: 2015 - 2nd 2:15:22; 2016 - 2nd 2:10:32

Frankfurt: 2017 - DNF

Mumbai: 2018 - 7th 2:15:15

Vienna: 2017 - 7th 2:12:39; 2019 - 1st 2:06:56

**Marathons in major championships** None

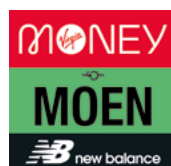
### Notes

Vincent Kipchumba made a huge breakthrough last April when he won the Vienna Marathon in 2:06:56, taking nearly four minutes from his previous best with his first marathon victory.

He followed it up last October by winning the prestigious Amsterdam Marathon in another personal best, an impressive achievement given he had never run quicker than 2:10 before 2019. Kipchumba came from behind before moving clear of three rivals in the closing kilometre just prior to entering Amsterdam's Olympic Stadium for the finish.

He made his marathon debut in 2015 and ran his quickest half marathon of 60:32 when second in Berlin in 2017.

## SONDRE NORDSTAD MOEN (NORWAY)



**Born** 12 January 1991

**Marathon best** 2:05:48, Fukuoka 2017

**London Marathon record** None

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Florence: 2015 - 4th 2:12:54

Fukuoka: 2017 - 1st 2:05:48

Hannover: 2017 - 3rd 2:10:07

Valencia: 2019 - 7th 2:06:16

**Marathons in major championships**

Olympics: 2016 - 19th 2:14:17

Europeans: 2018 - DNF

### Notes

Sondre Moen will make his World Marathon Majors debut in London this year, three years after running a European record of 2:05:48 to win the Fukuoka Marathon, a time that has since been bettered by Sir Mo Farah and Kaan Kigen Ozbilen.

It remains his best over 26.2 miles, although he came close to beating it in Valencia last December when he was seventh in 2:06:16.

A former European under 23 10,000m champion, he has represented Norway numerous times on track, country and road, most recently at the Doha World Championships last October when he was 12th in the 10,000m final. He holds Norwegian records at 10,000m, half marathon and marathon.

## GIDEON KIPKETER (KENYA)



**Born** 10 November 1992

**Marathon best** 2:05:51, Tokyo 2017

**London Marathon record** None

**Other Abbott World Marathon Majors**

Berlin: 2017 - DNF

Chicago: 2016 - 3rd 2:12:20

Tokyo: 2013 - 12th 2:10:41; 2014 - DNF;

2017 - 2nd 2:05:51; 2018 - 4th 2:06:47;

2019 - DNF

**Other major city marathons**

Amsterdam: 2012 - 7th 2:08:14; 2014 - 11th

2:18:59; 2018 - 4th 2:06:15

Hamburg: 2015 - 5th 2:09:34

Mumbai: 2016 - 1st 2:08:35

Paris: 2014 - 6th 2:10:36

Seoul: 2015 - 2nd 2:09:01

Valencia: 2019 - 13th 2:09:47

**Marathons in major championships**

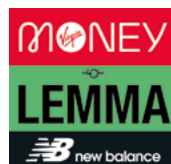
Worlds: 2017 - 5th 2:10:56

### Notes

Gideon Kipketer will contest the London Marathon for the first time 12 months after running as a pacemaker in 2019 when he took the leaders through to 25km.

He has one marathon victory, in Mumbai 2016, from some 15 races since his debut in 2012, although he finished runner-up in Tokyo in 2017 and was third in Chicago in 2016. He was fifth at the London World Championships three years ago.

## SISAY LEMMA (ETHIOPIA)



**Born** 12 December 1990

**Marathon best** 2:03:36, Berlin 2019

**London Marathon record** 2016 - 7th 2:10:45

**Other Abbott World Marathon Majors** Berlin 2016

- 4th 2:06:56; 2019 - 3rd 2:03:36; Chicago 2017 -

4th 2:11:01; Boston 2019 - 30th 2:22:08;

Tokyo 2020 - 3rd 2:04:51

**Other major city marathons** Frankfurt 2012 - 49th

2:28:14; Warsaw 2013 - 1st 2:09:02; Eindhoven

2013 - 4th 2:09:44; Dubai 2015 - 5th 2:07:06;

2016 - 4th 2:05:16; 2017 - 3rd 2:08:04; 2018 - 5th

2:04:08; Vienna 2015 - 1st 2:07:31; Frankfurt 2015

- 1st 2:06:26; Prague 2018 - 2nd 2:07:03; Ljubljana

2018 - 1st 2:04:58

**Marathons in major championships** None

### Notes

The Ethiopian is one of a select band of marathon runners who have raced over the distance in 2020. He finished third at the Tokyo Marathon in October, his joint-highest-ever finish in an Abbott World Marathon Major event to go alongside his third place at the 2019 BMW Berlin Marathon.

Lemma, who ran barefoot when he first started racing, has a number of marathon victories to his name, including wins in Warsaw, Vienna, Frankfurt and Ljubljana.

His only previous appearance in the Virgin Money London Marathon came in 2016 when he finished seventh.

## DANIELE MEUCCI (ITALY)



**Born** 7 October 1985

**Marathon best** 2:10:45, Otsu (Japan) 2018

**London Marathon record** None

**Notes** A proven championship performer, Meucci won the European Championships marathon in 2014 and was sixth in the 2017 World Championships in London. He has competed in two Olympic Games.

## ARNE GABIUS (GERMANY)



**Born** 22 March 1981

**Marathon best** 2:08:33, Frankfurt 2015

**London Marathon record** 2016 - DNF

**Notes** The German national record holder for the marathon (2:08:33) set in Frankfurt in 2015. He has represented Germany on the track at World Championships, as well as the 2012 Olympics.

## ELROY GELANT (SOUTH AFRICA)



**Born** 25 August 1986

**Marathon best** 2:10:31, Cape Town 2019

**London Marathon record** None

**Notes** Gelant was fourth in the 2019 Cape Town Marathon lowering his PB by two minutes. He was 2016 African Championships silver medallist at 5,000m and went on to place 13th at the Rio Olympics.

## JUAN LUIS BARRIOS (MEXICO)



**Born** 24 June 1983

**Marathon best** 2:10:55 Tokyo 2018

**London Marathon record** None

**Notes** He was a double Pan American Games champion at 5,000m and twice a world finalist on the track. He was third in the Santa Monica Marathon last year.

## CAM LEVINS (CANADA)



**Born** 28 March 1989

**Marathon best** 2:09:25, Toronto 2018

**London Marathon record** None

**Notes** The Canadian record holder for the marathon and 2014 Commonwealth Games bronze medallist for 10,000m.

## JARED WARD (USA)



**Born** 9 September 1988

**Marathon best** 2:09:25, Boston 2019

**London Marathon record** None

**Notes** USA Olympian who finished sixth in the marathon at the 2016 Olympics. Apart from that success in Rio, all of Ward's previous 10 marathons have been in the USA. In 2019, he was eighth at the Boston Marathon and sixth in New York Marathon.



## CHRIS THOMPSON (GREAT BRITAIN & NI)



**Born** 17 April 1981

**Marathon best** 2:11:19, London 2014

**London Marathon record** 2014 - 11th 2:11:19;  
2016 - 16th 2:15:05; 2017 - 30th 2:24:11

**Other Abbott World Marathon Majors**  
New York: 2018 - 46th 2:28:54

**Other major city marathons** None

**Marathons in major championships** None

### Notes

Thompson returns to the London Marathon for the first time in three years after winning the Richmond Marathon last September. Now 39, the former European 10,000m silver medallist set his marathon best on his debut here in 2014. He was close to his PB at this year's Big Half when second to Bekele.

## CHARLIE HULSON (GREAT BRITAIN & NI)



**Born** 7 March 1993

**Marathon best** 2:14:22, Valencia 2019

**London Marathon record** None

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Valencia: 2019 - 37th 2:14:24

**Marathons in major championships** None

### Notes

Hulson made his marathon debut in Valencia last December after setting a half marathon PB of 64:28 in Cardiff two months earlier. He has run for Britain at World and European Cross Country Championships as a junior, under 23 and senior.

## JOSHUA GRIFFITHS (GREAT BRITAIN & NI)



**Born** 3 November 1993

**Marathon best** 2:14:25, London 2019

**London Marathon record** 2017 - 14th 2:14:53;  
2019 - 21st 2:14:25

**Other Abbott World Marathon Majors** None

**Other major city marathons**

Dublin: 2018 - 7th 2:16:09

Toronto: 2019 - 13th 2:15:20

**Marathons in major championships**

Worlds: 2017 - 39th 2:20:06

Commonwealths: 2018 - 15th 2:37:10

### Notes

Griffiths emerged from the championship race on his debut in 2017 to be first Briton home and 14th overall. He improved his PB last year to place 21st.





## JONNY MELLOR [GREAT BRITAIN & NI]



**Born** 27 December 1986

**Marathon best** 2:10:05, Seville 2020

**London Marathon record** 2017 - 29th 2:18:48; 2018 - 14th 2:17:55; 2019 - 19th 2:13:25

### Notes

Mellor is in pole position in the competition to win a place on the Great Britain Marathon team after he ran a personal best of 2:10:05 in Seville earlier this year, making him the only man to have run an Olympic qualifying standard other than the already selected Callum Hawkins and Sir Mo Farah who will run on the track.

## PAUL MARTELLETTI [GREAT BRITAIN & NI]



**Born** 1 August 1979

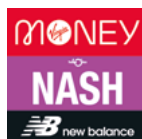
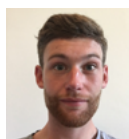
**Marathon best** 2:16:49, Berlin 2011

**London Marathon record** 2008 - 39th 2:28:13; 2010 - 21st 2:21:02; 2011 - 284th 2:44:46; 2012 - 53rd 2:29:55; 2014 - 26th 2:23:36; 2015 - 81st 2:29:57; 2016 - 22nd 2:17:26; 2019 - 30th 2:17:29

### Notes

Martelletti has represented Great Britain in the ultra-marathon 100km World Championships. He is a former winner of the Greater Manchester Marathon and in 2015 became the quickest ever man to run a marathon dressed as a superhero when he ran the Virgin Money London Marathon as Spider-Man in 2:29:57.

## DAN NASH (GREAT BRITAIN & NI)



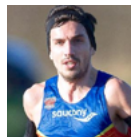
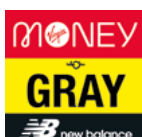
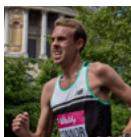
**Born** 23 March 1994

**Marathon best** 2:18:53, Brighton 2019

**London Marathon record** None

### Notes

Cardiff-based athlete who was third at the World 50km championships in 2019 when he set the British record for the distance (2:49:01). A former runner-up at the Brighton Marathon.

**PETER LE GRICE** (GREAT BRITAIN & NI)**Born** 10 July 1987**Marathon best** 2:16:22, Brighton 2019**London Marathon record** 2016 - 14th 2:23:16**Notes** The 2019 Brighton Marathon champion, Le Grice also finished 20th in New York in 2017.**ADAM HICKEY** (GREAT BRITAIN & NI)**Born** 30 May 1988**Marathon best** 2:16:56, Berlin 2019**London Marathon record** None**Notes** Hickey made his marathon debut in Berlin last year. He has run for Britain at European and World Cross Country Championships.**AARON SCOTT** (GREAT BRITAIN & NI)**Born** 1 October 1990**Marathon best** 2:16:57, Frankfurt 2018**London Marathon record** 2015 - 22nd 2:20:45;  
2016 - 26th 2:19:22; 2017 - 24th 2:17:46;  
2018 - DNF**Notes** Scott was close to his personal best in Frankfurt last October with 2:17:05.**JACK GRAY** (GREAT BRITAIN & NI)**Born** 10 April 1993**Marathon best** N/A**London Marathon record** None**Notes** The Cambridge & Coleridge AC athlete will make his marathon debut at the 2020 Virgin Money London Marathon. He ran a personal best of 63:39 for the half marathon distance in Valencia last year.**OLLIE LOCKLEY** (GREAT BRITAIN & NI)**Born** 9 November 1993**Marathon best** 2:25:28, Frankfurt 2017**London Marathon record** None**Notes** Lockley was 42nd in Frankfurt in 2017, his only marathon so far. He improved his half marathon PB to 63:02 last year.**BEN CONNOR** (GREAT BRITAIN & NI)**Born** 17 October 1992**Marathon best** Debut**Notes** Connor won the Manchester half marathon last October and was fourth in the Vitality London 10,000 road race in May. He became British 10,000m track champion in July last year and ran 5,000m at the Doha 2019 World Championships.

## JOSH LUNN (GREAT BRITAIN & NI)



**Born** 15 May 1992

**Marathon best** Debut

**Notes** Lunn set a half marathon best of 64:25 at the Great North Run last September.

## ROSS MILLINGTON (GREAT BRITAIN & NI)



**Born** 19 September 1989

**Marathon best** Debut

**Notes** Millington took 5,000m silver at the 2011 European under 23 championships. He ran 62:40 to place 11th in the New York City Half three years ago.

## OLYMPIC QUALIFYING STANDARD

Runners in the elite men and women's fields will be hoping to run an Olympic Qualification Standard time of 2:11:30 at the 2020 Virgin Money London Marathon, including many of the British athletes.

World Athletics announced in July that it was lifting its suspension of the Olympic qualification system for marathon races and race walks from 1 September. The suspension was implemented in April and was originally not due to be lifted until early December.

However, World Athletics president Seb Coe said it had become apparent that marathon and race walk athletes may have very limited opportunities to register Olympic qualifying times in 2021 due to the uncertainty around staging mass participation events over the next year.

Lord Coe said: "Most of this year's major marathons have already been cancelled or postponed and the evolution of the pandemic makes it difficult to predict if those scheduled for the first half of next year will be able to go ahead. That situation, combined with the fact that endurance athletes in the marathon and race walks can only produce a very limited number of high-quality performances a year, would really narrow their qualifying window without this adjustment."

"We have been assured by the Athletics Integrity Unit that the anti-doping system is capable of protecting the integrity of road races during this period and will put in place strict testing criteria for all athletes."

To help athletes achieve the 2:11:30 standard, pacemakers will be tasked with keeping runners on target, with Sir Mo Farah one of the pacemakers in the men's field. Sir Mo said: "The London Marathon has been so important to me since I was a schoolboy, and when I was asked to do this I thought it would be great to help. I am in good shape, I'll be in London that week and it fits in with my training."

"I've been training in Font Romeu in France with some of the British guys who are going for that Olympic qualifying time and they are good lads. I know just how special it is just to compete for your country at an Olympic Games and it would be great to help other athletes achieve this. With the current global situation and lack of races, the Virgin Money London Marathon in October is the best chance for athletes to run the Olympic qualifying time."

For the Great Britain team for next year's Tokyo Olympics, Callum Hawkins has already been pre-selected for the men's marathon. Only two other athletes have a qualifying standard to date: Jonny Mellor, who ran 2:10:03 in Seville in January, and Farah. But Farah has said he will be competing on the track in Tokyo. Britain can take up to three individuals in each marathon event.

Several British women have the qualifying standard, including Jess Piasecki, Charlotte Purdue, Steph Twell and Steph Davis. Of this group, only Twell is racing the 2020 Virgin Money London Marathon. The remainder of the British women's field, including the 2018 British champion Lily Partridge, will be hoping to secure the qualifying time.



## WEIR AND SCHAR HEADLINE WHEELCHAIR FIELDS AT THE 2020 VIRGIN MONEY LONDON MARATHON

Eight-time champion David Weir and Manuela Schär lead the wheelchair fields for the historic elite-only races at the 2020 Virgin Money London Marathon on Sunday 4 October.

Weir (GBR) is the most successful athlete in London Marathon history with his eight wins spanning an incredible two decades. The 41-year-old will come up against his great adversary Marcel Hug (SUI), himself a two-time Virgin Money London Marathon winner, and the reigning Berlin Marathon champion.

Also in the men's field are the 2020 Tokyo Marathon champion Sho Watanabe (JAP) and the 2010 London Marathon champion Josh Cassidy (CAN).

In the women's field, Schär (SUI) will be looking to continue an incredible run of success. The 35-year-old, who is the world record holder, won

nine Abbott World Marathon Major races in a row before missing the 2020 Tokyo Marathon in March.

Meanwhile, two-time London Marathon champion, British record holder and 2012 Paralympic silver medallist Shelly Woods makes her first return to the event in four years following the birth of her son, Leo.

Hugh Brasher, Event Director of the Virgin Money London Marathon, said: "This is an incredible line-up for what will be a truly unique Virgin Money London Marathon on Sunday 4 October.

"Wheelchair racing on a closed-loop around St James's Park would be an amazing spectacle anyway, but with the very best athletes on the planet coming to London to compete, it promises to be one we will never forget."

WHEELCHAIR ATHLETES

All athletes on the following elite wheelchair entry lists are competing for their countries in the World Para Athletics Marathon World Cup (see page 127), while also racing for the prestigious London Marathon wheelchair titles, which have been part of the event every year since 1983.

As usual, there are also a number of invited 'non elite' athletes in both races who will not be part of the World Cup but will race as individuals. The names of all those athletes are available during Race Week.

Wheelchair Awards

Athletes in the wheelchair events will receive prize money from the London Marathon as follows:

	Men	Women
1st	\$20,000	\$20,000
2nd	\$10,000	\$10,000
3rd	\$5,000	\$5,000
4th	\$2,500	\$2,500
5th	\$2,000	\$2,000
6th	\$1,000	\$1,000
7th	\$800	\$800
8th	\$500	\$500
9th	\$300	\$300
10th	\$200	\$200
	\$42,300	\$42,300

Britons outside top 10

	Men	Women
1st	\$200	\$200
2nd	\$100	\$100
3rd	\$50	\$50

ABBOTT WORLD MARATHON MAJORS ACCUMULATOR

For both the men's and women's wheelchair races there will be a sprint competition within the race from the finish gantry to the start gantry (a distance of approximately 505 metres).

The athlete who records the fastest time over the distance (who will not necessarily be the first athlete to complete the sprint) will win prize money in a winner-takes-all format. The same sum will be awarded to the charity of the athlete's choice (each will select from a list of UK-registered charities that work in the disability sport space).

The sprints will be held at the start of Lap 5 (15 laps to go), start of Lap 9 (11 laps to go), start of Lap 13 (7 laps to go) and start of Lap 18 (2 laps to go).

The digital finish gantry (which is the Start Line for the Abbott Accumulator) will display the information to the athletes. The men's and women's sprints will take place at different times in the race so the left side of the gantry will be used to display information for the men's race and the right-hand side will be used to display information for the women's race.

The prize money for each sprint will vary – see below – and athletes will not know in advance the prize money for each of the sprints. This will be communicated to them during the race by using the digital gantry display in the lap before the sprint,

The prize money will be: \$4,000, \$3,000, \$2,000 and \$1,000 in each of the men's and women's races. The fastest athlete on each sprint gets the prize money for that sprint. The total prize money available is \$10,000 for each race and the total donations available for charities is \$10,000 for each race.

T54 Women Entries

Bib	Name	Country	Class	PB	DoB	Bib name
151	Manuela Schär	SUI	T54	01:28:17	05/12/1984	SCHAR
153	Jenna Fesemyer	USA	T54	01:37:02	31/07/1997	FESEMYER
154	Shelly Woods	GBR	T54	01:37:44	04/06/1989	WOODS
155	Margriet van den Broek	NED	T54	01:38:33	30/03/1974	VAN DEN BROEK
156	Nikita den Boer	NED	T54	01:50:23	08/01/1991	DEN BOER
157	Patricia Eachus	SUI	T54	01:50:25	26/09/1989	EACHUS

## MANUELA SCHAR (SWITZERLAND)



**Born** 5 December 1984

**Marathon best** 1:28:17, Boston 2017

**London Marathon record** 2014 - 2nd 1:46:44;

2015 - 2nd 1:43:56; 2016 - 2nd 1:44:15;

2017 - 1st 1:39:57; 2018- 4th 1:43:01'

2019 - 1st 1:44:09

**Abbott World Marathon Majors record**

Series X: 2nd

Series XI: 1st

Series XII: 1st

**Marathons in major championships**

Paralympics: 2016 - 6th 1:38:46

Worlds: 2013 - 1st 1:49:45; 2015 - 2nd 1:43:56;

2019 - 1st 1:44:09

### Notes

Manuela Schär is the London Marathon champion and course record holder, the World Marathon Majors Series XI and XII winner, and has been unbeaten on the AbbottWMM circuit since placing fourth in London two years ago. She won nine races in a row before missing Tokyo in March.

She became the fastest woman marathon racer of all time when she clocked 1:28:17 in Boston three years ago, beating the previous best by almost six minutes, and in Oita last November broke her own official world record by a minute in 1:35:42. She won the world title for a second time in London last year, while in total she has two Boston, four Berlin, two Chicago, two New York and two Tokyo Marathon victories to her name. In 2017, she smashed the London course record to become the first woman under 1:40 in the British capital.

She was injured in an accident in 1993 and started wheelchair sport at 14. Her surname means 'scissors' in English.

## JENNA FESEMYER (UNITED STATES)



**Born** 31 January 1997

**Marathon best** 1:37:02, Duluth 2019

**London Marathon record** None

### Notes

Fesemyer ranked sixth in the world last year after racing to a personal best in Duluth. She was also seventh in New York and Chicago, and 12th in Boston. A former national champion at discus, she makes her London Marathon debut this year. Born a triplet without a left leg and hip socket because of a rare congenital disease called proximal femoral focal deficiency, she got involved in wheelchair track racing in 2013 having grown up playing basketball with a prosthetic. She trains with the University of Illinois team under Adam Bleakney.

## SHELLY WOODS (GREAT BRITAIN & NI)



**Born** 4 June 1986

**Marathon best** 1:37:44, Padua 2008

**London Marathon record** 2005 - 2nd 1:57:03;

2006 - 2nd 2:04:37; 2007 - 1st 1:50:40;

2008 - 3rd 2:01:59; 2009 - 6th 1:50:46;

2010 - 6th 2:45:40; 2011 - 2nd 1:46:31;

2012 - 1st 1:49:10; 2013 - 5th 1:50:44;

2014 - 6th 1:54:52; 2015 - DNF; 2016 - DNF

### Notes

The two-time champion, British record holder and 2012 Paralympic silver medallist returns to the race following a four-year absence. A former Mini London Marathon winner, she took her second senior title in 2012 with a commanding victory, but did not race at all in 2017 and 2018 following the birth of her son.



## MARGRIET VAN DEN BROEK (NETHERLANDS)



**Born** 30 March 1974

**Marathon best** 1:38:33, Boston 2017

**London Marathon record** 2017 - 4th 1:49:50;  
2018 - 8th 1:51:43

### Notes

Van Den Broek finished 10th in the AbbottWMM standings last year after picking up points in Berlin,

New York and Tokyo. She was fourth in London three years ago, but withdrew from last year's race. She became European 800m champion in 2018 and made three track finals at the Rio 2016 Paralympics. An occupational therapist, she has a displaced hip and used crutches until she was 35 when she began using a wheelchair. She took up racing three years later.

## NIKITA DEN BOER (NETHERLANDS)



**Born** 8 January 1991

**Marathon best** 1:50:23, Boston 2018

**London Marathon record** 2019 - 8th 1:52:12

**Notes** Eighth on her London debut last year having set her PB placing sixth in Boston in 2018 ahead of Tatyana McFadden. She has spina bifida and is an ambassador for the Johan Cruyff Foundation.

## PATRICIA EACHUS (SWITZERLAND)



**Born** 26 September 1989

**Marathon best** 1:50:25

**London Marathon record** 2018 - 15th 2:00:18; 2014 - DNF

**Notes** Eachus competed at the 2012 Paralympics for Switzerland and has won two bronze medals at European Championships over 1,500m and 400m.



## T54 Men Entries

Bib	Name	Country	Class	PB	DoB	Bib name
187	Marcel Hug	SUI	T54	01:18:04	16/01/1986	HUG
188	Josh Cassidy	CAN	T54	01:18:25	15/11/1984	CASSIDY
189	Heinz Frei	SUI	T53	01:20:14	21/01/1958	FREI
190	Hiroki Nishida	JPN	T54	01:20:28	03/11/1984	NISHIDA
191	Kota Hokinoue	JPN	T54	01:21:14	30/03/1974	HOKINOUE
193	Rafael Botello Jimenez	ESP	T54	01:22:09	23/02/1979	BOTELLO JIMENEZ
194	Jordi Madera	ESP	T53	01:22:10	19/01/1980	MADERA
195	Sho Watanabe	JPN	T54	01:24:00	23/11/1991	WATANABE
196	James Senbeta	USA	T54	01:24:27	19/11/1986	SENBETA
197	Simon Lawson	GBR	T53	01:25:06	07/06/1982	LAWSON
198	David Weir	GBR	T54	01:26:17	05/06/1979	WEIR
199	Brent Lakatos	CAN	T53	01:29:41	06/01/1980	LAKATOS
201	John Boy Smith	GBR	T54	01:29:44	27/11/1989	SMITH
202	Callum Hall	GBR	T53	01:32:49	16/06/1992	HALL

## MARCEL HUG (SWITZERLAND)



**Born** 16 January 1986

**Marathon best** 1:18:04, Boston 2017

**London Marathon record:** 2010 - 2nd 1:36:07; 2011 - 11th 1:35:35; 2012 - 2nd 1:32:27, 2013 - 2nd 1:31:29; 2014 - 1st 1:32:41; 2015 - DNF; 2016 - 1st 1:35:19; 2017 - 2nd 1:31:07; 2018 - 2nd 1:31:15; 2019 - 2nd 1:33:42

**Abbott World Marathon Majors record**

Series X: 1st

Series XI: 1st

Series XII: 2nd

**Marathons in major championships**

Paralympics: 2008 - DNF; 2012 - 2nd 1:30:21; 2016 - 1st 1:26:16

Worlds: 2006 - 4th 1:29:57; 2011 - DNF; 2013 - 1st 1:28:44; 2015 - DNF; 2019 - 2nd 1:33:42

### Notes

Hug is the reigning Paralympic champion, a former world champion, a double AbbottWMM winner, and a two-time London Marathon champion. He won every AbbottWMM race in 2016 and in Boston in 2017 clocked the fastest time in history.

He was just beaten by David Weir in London six days later, narrowly lost to the Briton here in 2018 and last year was outsprinted by Romanchuk, as he was in Boston and New York last year. He did regain his Berlin title, however – his fifth in all.

On the track he has gathered 10 world titles and won the 2016 Paralympic 800m gold.

Hug was born with spina bifida and grew up on a farm in Pfyn, Thurgau. He started competing aged 10. He is nicknamed the 'Silver Bullet' due to the shiny helmet he wears.

## JOSH CASSIDY (CANADA)



**Born** 15 November 1984

**Marathon best** 1:18:25, Boston 2012

**London Marathon record** 2010 - 1st 1:35:21; 2011 - 5th 1:30:56; 2012 - 9th 1:33:54; 2013 - DNF; 2014 - 20th 1:41:58; 2015 - DNF; 2016 - DNF; 2017 - 22nd 1:34:46; 2018 - 9th 1:31:41; 2019 - 18th 1:41:43

**Abbott World Marathon Majors record**

Series X: -

Series XI: -

Series XII: 14th

**Marathons in major championships**

Paralympics: 2012 - 12th 1:33:06

Worlds: 2006 - 40th 1:47:08; 2013 - DNF;

2015 - DNF; 2019 - 18th 1:41:43

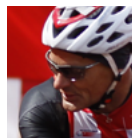
### Notes

Cassidy rode what was then the quickest wheelchair marathon ever at Boston in 2012, clocking 1:18:25 and regained the Chicago title that October, his fourth in all. He became London Marathon champion on his debut here in 2010 when he came from behind to beat Weir. Cassidy was fifth in 2011 but did not finish in 2013 after colliding with Ethiopia's Olympic champion Tiki Gelana at a drinks station. He has struggled to make an impact since then. His best result last year was ninth in Boston.

He represented Canada at the 2008, 2012 and 2016 Paralympics. He did not win a medal in London when he had a flu bug, but made the final of the T54 800m and 1,500m before finishing 12th in the marathon. He was 10th at 5,000m in Rio.

The eldest of 10 siblings, Cassidy was diagnosed with cancer of the spine and abdomen weeks after he was born, and given a low chance of survival. He is a professional graphic designer and illustrator.

## HEINZ FREI (SWITZERLAND)



**Born:** 21 January 1958

**Marathon best** 1:20:14, Oita 1999 (world record)

**London Marathon record** 1992 - 3rd 1:51:58;

1995 - 1st 1:39:14; 1998 - 1st 1:35:18;

1999 - 1st 1:35:27; 2008 - 5th 1:34:03

2009 - 5th 1:30:15; 2011 - 2nd 1:30:07;

2012 - 5th 1:32:30; 2013 - 7th 1:31:32;

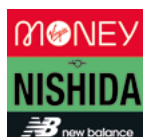
2014 - 7th 1:35:05; 2015 - 9th 1:33:23;

2017 - 15th 1:31:12; 2018 - 18th 1:36:10;

2019 - 16th 1:39:58

The three-time London champion and official world record holder has won more than 100 marathons in his long career, including 20 in Berlin and 14 in Oita. Now 62, he ranked eighth in the world for T53s in 2019. Rio 2016 was his ninth Paralympics.

## HIROKI NISHIDA (JAPAN)



**Born** 3 November 1984

**Marathon best** 1:20:28, Boston 2017

**London Marathon record** 2015 - 17th 1:41:48;

2016 - 6th 1:35:32; 2017 - 13th 1:31:11;

2018 - 7th 1:31:25; 2019 - 8th 1:37:34

### Notes

Nishida has had three top-10 finishes in London in the last five years and was the top Japanese finisher here in 2018. His best result last year was fourth in Berlin while he was also in the top 10 in Boston and Chicago. He injured his spinal cord in a bicycling accident in 2004 leaving him paralysed in both legs. He began wheelchair racing in 2006. He is nicknamed 'Doka' after an anime baseball character.



## KOTA HOKINOUE (JAPAN)



**Born** 30 March 1974

**Marathon best** 1:21:14, Boston 2014

**London Marathon record** 2010 - 4th 1:40:59; 2011 - DNF; 2012 - 10th 1:36:00; 2013 - 6th 1:31:31; 2014 - 4th 1:32:43; 2015 - 7th 1:32:22; 2016 - 8th 1:35:37; 2017 - 6th 1:31:09; 2018 - 12th 1:33:32

### Notes

The 2014 Berlin and 2015 Tokyo Marathon champion, he ranked second in the world in 2014 after finishing second behind Ernst van Dyk in Boston. He ranked 11th last year after clocking 1:24:03 in Oita. 'Hoki' injured his spine in a motorcycle accident in March 2000 and began racing in 2002.

## SHO WATANABE (JAPAN)



**Born** 23 November 1991

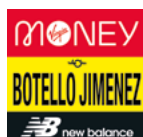
**Marathon best** 1:24:00, Oita 2019

**London Marathon record** 2017 - 39th 1:54:30; 2018 - 23rd 1:42:53

### Notes

Watanabe ended Marcel Hug's six-race unbeaten streak when he beat the Swiss star to win the Tokyo Marathon title in 2017. Hug had been on course for a clean sweep of all eight AbbottWMM races in that series. He lowered his personal best in Oita last December to rank sixth in the world for 2019. He won World Championships gold in the 4x400m relay at London 2017. He was injured in a car accident in 2011 aged 19 and took up the sport while still in hospital.

## RAFAEL BOTELLO JIMENEZ (SPAIN)



**Born** 23 February 1979

**Marathon best** 1:22:09, Boston 2017

**London Marathon record** 2008 - 9th 1:37:26; 2009 - 8th 1:37:38; 2010 - 12th 2:14:22; 2012 - 15th 1:40:01; 2013 - 21st 1:45:27; 2014 - 13th 1:36:45; 2015 - 29th 1:54:23; 2016 - 11th 1:38:35; 2017 - 5th 1:31:09; 2018 - 17th 1:36:10; 2019 - 21st 1:48:47

### Notes

Botello was fifth in London in 2017, his best place in 11 appearances. He is the Spanish record holder and third fastest European ever on a 'legal' course behind Swiss pair Heinz Frei and Marcel Hug. He injured his spine in a bicycle accident in 2002 and started racing in 2003.

## JORDI MADERA (SPAIN)



**Born** 19 January 1980

**Marathon best** 1:22:10, Boston 2017

**London Marathon record** 2011 - 10th 1:34:4; 2012 - 13th 1:36:56; 2013 - 11th 1:36:34; 2014 - 6th 1:35:05; 2015 - 8th 1:33:22; 2017 - 14th 1:31:12; 2018 - 6th 1:31:24; 2019 - 7th 1:37:32

### Notes

Madera has four top-10 finishes from his eight London appearances, while he was consistently among the top 10 on the AbbottWMM circuit last year. He was third in Chicago in 2017, his sole podium place. He injured his back as a child and started para-athletics in 2002.

## DAVID WEIR (GREAT BRITAIN & NI)



**Born** 5 June 1979

**Marathon best** 1:26:17, Boston 2016

**London Marathon record** 2000 - 4th 1:47:11;

2001 - 3rd 1:50:55; 2002 - 1st 1:39:44;

2003 - 2nd 1:34:48; 2004 - 2nd 1:36:56;

2005 - 3rd 1:36:03; 2006 - 1st 1:29:48;

2007 - 1st 1:30:49; 2008 - 1st 1:33:36;

2009 - 2nd 1:28:57; 2010 - 3rd 1:37:01;

2011 - 1st 1:30:05; 2012 - 1st 1:32:26;

2013 - 5th 1:31:31; 2014 - 2nd 1:32:42;

2015 - 2nd 1:31:32; 2016 - 3rd 1:35:21;

2017 - 1st 1:31:06; 2018 - 1st 1:31:15;

2019 - 5th 1:37:32

**Abbott World Marathon Majors record**

Series X: 5th

Series XI: 2nd

Series XII: 4th

**Marathons in major championships**

Paralympics: 2012 - 1st 1:30:20; 2016 - DNF

Worlds: 2006 - DNF; 2011 - DNS; 2015 - 2nd

1:31:32; 2019 - 5th 1:37:32

### Notes

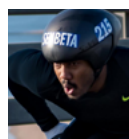
Weir became the most successful elite athlete in the history of the London Marathon when he clinched his seventh men's wheelchair title three years ago, finally surpassing Tanni Grey-Thompson's long-standing record after he'd won his sixth in 2012.

He added an eighth title in 2018 but was fifth last year. Over 20 consecutive races since his debut in 2000 he has built up an astonishing record of eight wins, five second places and four thirds. He won the Mini London Marathon seven times as a junior and is still the only male athlete, wheelchair or able-bodied, to win both mini and senior events.

He is a six-time Paralympic gold medallist, having won two at the Beijing 2008 Games and four at London 2012 when he was nicknamed 'Weirwolf'. He is coached by Jenny Archer and together they run the Weir Archer Academy in Surrey. He was born with a severed spinal cord and started racing at 8.



## JAMES SENBETA (UNITED STATES)



**Born** 19 November 1986

**Marathon best** 1:24:27, Boston 2017

**London Marathon record** 2014 - 11th 1:36:45;

2016 - 5th 1:35:24; 2017 - 11th 1:31:11;

2019 - 17th 1:39:59

### Notes

Senbeta has eight top 10 finishes in AbbottWMM races to his name, while he won the Grandma's Marathon in Duluth in 2014. He placed fifth in Boston and London in 2016 and raced for USA at the Rio Paralympics, although he dropped out of the marathon. An agricultural and bio-engineering student, he is coached by Adam Bleakney and competes for the University of Illinois Wheelchair Racing Team.



**SIMON LAWSON** (GREAT BRITAIN & NI)

**Born** 7 June 1982

**Marathon best** 1:25:06, Boston 2017

**London Marathon record** 2011 - 12th 1:43:19;  
2013 - 18th 1:40:54; 2014 - 19th 1:39:42;  
2015 - 10th 1:34:21; 2016 - 10th 1:37:02;  
2017 - 24th 1:36:57; 2018 - 13th 1:33:36;  
2019 - 14th 1:39:58

**Notes**

Lawson took marathon bronze at the Gold Coast 2018 Commonwealth Games, his first major international honour in seven years of wheelchair racing. His PB from Boston in 2017 makes him the fastest Briton over 26.2 miles. A former British junior speedway champion, he injured his spine racing motorcross in 2001.

**BRENT LAKATOS** (CANADA)

**Born** 1 June 1980

**Marathon best** 1:29:41, Berlin 2018

**London Marathon record** 2018 - 10th 1:33:24;  
2019 - 12th 1:38:50

**Notes** The 2018 Berlin Marathon champion who finished third in Series XII. Beat David Weir to win 2020 Vitality Big Half.

**JOHNBOY SMITH** (GREAT BRITAIN & NI)

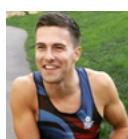
**Born** 27 November 1989

**Marathon best** 1:29:44, Berlin 2018

**London Marathon record** 2015 - 20th 1:46:17;  
2016 - 18th 1:38:40; 2017 - 17th 1:33:40;  
2018 - 11th 1:33:24; 2019 - 11th 1:38:33

**Notes**

Was second in New York 2017 and third in Berlin 2018.

**CALLUM HALL** (GREAT BRITAIN & NI)

**Born** 16 June 1992

**Marathon best** 1:32:49, Seoul 2019

**London Marathon record** 2015 - 36th 2:16:59;  
2017 - 31st 1:44:51; 2018 - 21st 1:42:10

**Notes** Married to 2018 Commonwealth Games para-triathlon champion Jade Jones.

The 40<sup>th</sup> Race

SCHAR

# ABBOTT

## WORLD MARATHON MAJORS



## 05

## ABBOTT WORLD MARATHON MAJORS

## HOW IT WORKS

The Abbott World Marathon Majors (AbbottWMM) is a series of six of the largest and most renowned marathons in the world: Tokyo Marathon, BAA Boston Marathon, Virgin Money London Marathon, BMW Berlin Marathon, Bank of America Chicago Marathon and TCS New York City Marathon.

Encompassing an annual series and prize purse for elite runners and elite wheelchair athletes, Series XIII began at the 2019 Bank of America Chicago Marathon on 11 October. However, due to the current uncertainty of the racing calendar, a decision on a new Series end date is expected to be made by the end of the year. The Olympic, Paralympic and World Championship marathons are also part of the race schedule in the years they are held, but do not begin or end a series.

AbbottWMM also applauds the achievements and passion of everyday champions from around the world. The AbbottWMM Six Star System is an online results hub that celebrates every runner who has completed from one to six of the races in the series and encourages them to 'Reach for the Stars'.

The AbbottWMM launched the AbbottWMM Wanda Age Group World Rankings in 2018 and the first AbbottWMM Wanda Age Group World Championship race is set to take place on 03 October, 2021 (postponed due to Covid-19) as part of the Virgin Money London Marathon.

The AbbottWMM Global Run Club launched in August 2020 and aims to bring together the global community of marathon runners on a virtual platform. It kicked off with a series of autumn challenges to run alongside the virtual offerings of the Majors.

For more information, visit [abbottwmm.com](https://abbottwmm.com) and [abbottwmmglobalrunclub.com](https://abbottwmmglobalrunclub.com).

**The points system**

Athletes earn the following points by placing among the top five at qualifying races during the 12-month period:

- 1st place – 25 points
- 2nd place – 16 points
- 3rd place – 9 points
- 4th place – 4 points
- 5th place – 1 point

The champions are the male and female athletes who score the most points during the one-year scoring period. Points from a maximum of two races are scored. An athlete must start in two races over the cycle to be eligible. If an athlete earns points in more than two events, the athlete's highest two finishes are scored. If there's a tie, the athlete finishing first in any head-to-head competition is declared the winner. If their head-to-head record is level, the winner is the athlete who won more races during the period. If they are still level, the six AbbottWMM race directors determine the champion. They may decide to award the title jointly.

No athlete found guilty of any anti-doping rules enforced by the IAAF, World Anti-Doping Association, national federations, or any individual AbbottWMM race is eligible to win the title.

Athletes must comply with the AbbottWMM Code of Conduct.

The Wheelchair Series follows the same rules, but points from an athlete's best four races count towards the total, or best five during years with Paralympic Games or World Championship marathons.

## THE QUALIFYING RACES

### Series XIII (2019/20)

13 October 2019

Bank of America Chicago Marathon

3 November 2019 TCS New York City Marathon

1 March 2020 Tokyo Marathon

4 October 2020 Virgin Money London Marathon

Due to the uncertainty of the racing calendar at this time, a decision on the end date of Series XIII is expected to be made by the end of 2020.

### Six-Star Finishers

Any mass participation runner who competes all six Majors races is regarded as a 'Six Star Finisher'. Anyone on their journey through the Majors can create a profile on the AbbottWMM website for a Six Star Finisher certificate and medal, which they will receive once their challenge is complete. All registered Six Star Finishers are listed on the website.

## ABBOTTWMM WANDA AGE GROUP WORLD CHAMPIONSHIPS

The 2020 Virgin Money London Marathon was due to host the inaugural AbbottWMM Wanda Age Group World Championships.

With the cancellation of the mass participation element of the race, all registered qualifiers have the option to compete in the rescheduled championships, which will now be part of the Virgin Money London Marathon on 3 October, 2021.

Age group categories for the World Championships:

40-44

45-49

50-54

55-59

60-64

65-69

70-74

75-79

80+

For more information on the next round of qualifying and how to earn world ranking points, go to:

**[worldmarathonmajors.com/agwr/how-it-works/](https://worldmarathonmajors.com/agwr/how-it-works/)**

## THE ABBOTT WORLD MARATHON MAJORS RACES

### Tokyo Marathon

Organised by the Tokyo Marathon Foundation, the inaugural Tokyo Marathon was held on 18 February 2007, and drew 95,044 applicants and 30,870 participants. Kenya's Daniel Njenga (2:09:45) and Japan's Hitomi Niiya (2:31:01) were the first champions. Since then, the Tokyo Marathon has grown to more than 300,000 applicants and nearly 36,000 participants. The 2017 Tokyo Marathon was the first on a new course that finished in front of Tokyo Station. Since Tokyo was chosen to host the 2020 Olympic Games, the Tokyo Marathon has gained more attention and popularity at home and abroad.

Inaugural running:	2007		
Largest field:	35,460 finishers (2019)		
Recent participation:	Year	Finishers	(Male/Female)
	2020	165	(118/47: Elites only)
	2019	35,460	(27,253/8,207)
	2018	34,575	(26,663/7,912)
Course records:	Men: 2:03:58 (Wilson Kipsang, KEN, 2017) Women: 2:17:45 (Lionel Chemtai Salpeter, ISR, 2020)		
Most victories:	Men: 2 (Dickson Chumba, KEN) Women: 2 (Berhane Dibaba, ETH)		
Prize purse:	US\$400,000/JPY40.5 million (US\$108,000/JPY11 million to male and female champions)		
Wheelchair course records:	Men: 1:21:52 (Tomoki Suzuki, JPN, 2020) Women: 1:40:00 (Tsubasa Kina, JPN, 2020)		
Most wheelchair victories:	Men: 5 (Masazumi Soejima, JPN) Women: 9 (Wakako Tsuchida, JPN)		
Wheelchair prize purse:	US\$41,000/JPY4.2 million (US\$9,800/JPY1 million for male and female champions)		
Organisation information:	Tad Hagano, Race Director <b><i>marathon.tokyo/en</i></b>		
Media contacts:	Ulala Nagashima Tel: +81 3 5500 6653 Email: <b><i>nagashima@tokyo42195.org</i></b>		
Upcoming race dates:	7 March 2021 6 March 2022		

## BAA Boston Marathon

Inspired by their experience at the 1896 Olympic Games, several members of the Boston Athletic Association founded their own marathon in 1897. The race has been run every year since and is now the world's oldest annual marathon. Both the start and finish lines have been moved over the years, but much of the course remains exactly as it was originally designed. Since 1924 the race has started in the town of Hopkinton, while the point-to-point course finishes on Boston's historic Boylston Street. Runners must qualify for entry by meeting time standards corresponding to gender and age, which is another aspect – besides its course and longevity – unique to the Boston Marathon.

**Inaugural running:** 1897

**Largest field:** 35,868 finishers (1996)

**Recent participation:**

Year	Finishers	(Male/Female)
2019	26,657	(14,675/11,982)
2018	25,907	(14,268/11,639)
2017	26,400	(14,431/11,969)

**Estimated number of spectators:** 500,000

**Course records:** Men: 2:03:02 (Geoffrey Mutai, KEN, 2011)  
Women: 2:19:59 (Buzunesh Deba, ETH, 2014)

**Most victories:** Men: 7 (Clarence DeMar, USA)  
Women: 4 (Catherine Ndereba, KEN)

**Prize purse:** US\$706,000 (US\$150,000 for male and female champions)

**Wheelchair course records:** Men: 1:18:04 (Marcel Hug, SUI, 2017)  
Women: 1:28:17 (Manuela Schär, SUI, 2017)

**Most wheelchair victories:** Men: 10 (Ernst van Dyk, RSA)  
Women: 8 (Jean Driscoll, USA)

**Wheelchair prize purse:** US\$84,500 (US\$20,000 for male and female champions)

**Organisation information:** Thomas Grilk, Executive Director [baa.org](http://baa.org)

**Media contacts:** Kendra Butters, Communications Director  
+1 617 778 1629; [kbutters@baa.org](mailto:kbutters@baa.org)  
Marc Davis, Communications Manager  
+1 617 236 1652; [mdavis@baa.org](mailto:mdavis@baa.org)

**Upcoming race dates:** 19 April 2021



## Virgin Money London Marathon

In 1979, after running the New York City Marathon with John Disley, Chris Brasher questioned whether London could stage such a festival. The first London Marathon was held on 29 March 1981 when there were 6,255 finishers, led home by American Dick Beardsley and Norwegian Inge Simonsen. Joyce Smith broke the British record to win the women's race. Since then, the London Marathon has grown to more than 40,000 starters and finishers while elite runners compete for US\$313,000 in prize money. In 2016, the London Marathon's one millionth finisher crossed the Finish Line in The Mall and more than £1 billion has been raised for charities. The London Marathon Charitable Trust has granted more than £78 million to improve recreation facilities that inspire activity across the UK.

Inaugural running:	1981												
Largest field:	42,549 finishers (2019)												
Recent participation:	<table><tr><td>Year</td><td>Finishers</td><td>(Male/Female)</td></tr><tr><td>2019</td><td>42,549</td><td>(24,788/17,761)</td></tr><tr><td>2018</td><td>40,220</td><td>(23,765/16,455)</td></tr><tr><td>2017</td><td>39,487</td><td>(23,978/15,509)</td></tr></table>	Year	Finishers	(Male/Female)	2019	42,549	(24,788/17,761)	2018	40,220	(23,765/16,455)	2017	39,487	(23,978/15,509)
Year	Finishers	(Male/Female)											
2019	42,549	(24,788/17,761)											
2018	40,220	(23,765/16,455)											
2017	39,487	(23,978/15,509)											
Estimated number of spectators:	750,000												
Course records:	Men: 2:02:37 (Eliud Kipchoge, KEN, 2019) Women only: 2:17:01 (Mary Keitany, KEN, 2017) Women (mixed race): 2:15:25 (Paula Radcliffe, GBR, 2003)												
Most victories:	Men: 4 (Eliud Kipchoge, KEN) Women: 4 (Ingrid Kristiansen, NOR)												
Prize purse:	US\$313,000 (\$55,000 to male and female champions) + bonuses												
Wheelchair course records:	Men: 1:28:56 (Kurt Fearnley, AUS, 2009) Women: 1:39:57 (Manuela Schär, SUI, 2017)												
Most wheelchair victories:	Men: 8 (David Weir, GBR) Women: 6 (Tanni Grey-Thompson, GBR)												
Wheelchair prize purse:	US\$142,700 (US\$25,000 to male and female champions)												
Organisation information:	Nick Bitel, Chief Executive/Hugh Brasher, Event Director <b><i>virginmoneylondonmarathon.com</i></b> ; @LondonMarathon												
Media contacts:	Penny Dain, Marketing and Communications Director +44 (0)7799 170433; <b><i>penny.dain@londonmarathonevents.co.uk</i></b>												
Upcoming race dates:	4 October 2020 3 October 2021												

## BMW Berlin Marathon

A group of runners from one of Germany's most prestigious athletics clubs, SC Charlottenburg, organised the first Berlin Marathon in 1974 and it quickly developed into Germany's biggest and best-quality marathon after moving to the city centre in 1981. A new era began after the Berlin Wall came down in November 1989. On 30 September 1990, three days before reunification, the Berlin Marathon went through Brandenburg Gate linking both parts of Berlin. The flat and fast loop course was changed significantly for the 2003 race when Paul Tergat ran a world record of 2:04:55. Haile Gebrselassie broke that record in 2007 and 2008; Patrick Makau reclaimed the record for Kenya in 2011, followed by compatriots Wilson Kipsang in 2013 and Dennis Kimetto in 2014. His mark stood until 2018, when Eliud Kipchoge finished in 2:01:39. In 2019 Ethiopian Kenenisa Bekele missed Kipchoge's world record by two seconds, clocking 2:01:41.

Inaugural running:	1974		
Largest field:	44,065 finishers (2019)		
Recent participation:	Year	Finishers	(Male/Female)
	2019	44,065	(30,775/13,290)
	2018	40,775	(28,443/12,332)
	2017	43,852	(31,355/12,497)
Estimated number of spectators:	1 million		
Course records:	Men: 2:01:39 (Eliud Kipchoge, KEN, 2018) Women: 2:18:11 (Gladys Cherono, KEN, 2018)		
Most victories:	Men: 4 (Haile Gebrselassie, ETH) Women: 3 (Uta Pippig, GER; Renata Kokowska, POL, Aberu Kebede, ETH, Gladys Cherono, KEN)		
Prize purse:	US\$416,629 (US\$50,000 to male and female champions)		
Wheelchair course records:	Men: 1:21:39 (Heinz Frei, SUI, 1997) Women: 1:36:53 (Manuela Schär, SUI, 2018)		
Most wheelchair victories:	Men: 20 (Heinz Frei, SUI) Women: 6 (Manuela Schär, SUI)		
Wheelchair prize purse:	US\$28,100/€25,000 (US\$5,600/€5,000 to champions)		
Organisation information:	Mark Milde, Race Director <b><i>bmw-berlin-marathon.com</i></b>		
Media contacts:	Robert Fekl <b><i>robert.fekl@scc-events.com</i></b>		
Upcoming race dates:	26 September 2021		

## Bank of America Chicago Marathon

In 1976 a small band of running enthusiasts met at the Metropolitan YMCA on LaSalle Street to plan a marathon in Chicago. They realised their vision on 25 September 1977, hosting 4,200 local runners in the first Chicago Marathon. It has since expanded to 45,000 attracting an estimated 1.7 million on-course spectators. The flat course, which begins and ends in Chicago's historic Grant Park, has elicited two men's world records (by Steve Jones in 1984 and Khalid Khannouchi in 1999) and three women's (in 2001 by Catherine Ndereba, 2002 by Paula Radcliffe and 2019 by Brigid Kosgei, who set the current mark of 2:14:04 last October).

Inaugural running:	1977												
Largest field:	45,932 finishers (2019)												
Recent participation:	<table><tr><th>Year</th><th>Finishers</th><th>(Male/Female)</th></tr><tr><td>2019</td><td>45,932</td><td>(24,608/21,324)</td></tr><tr><td>2018</td><td>44,600</td><td>(23,946/20,654)</td></tr><tr><td>2017</td><td>44,511</td><td>(22,908/21,603)</td></tr></table>	Year	Finishers	(Male/Female)	2019	45,932	(24,608/21,324)	2018	44,600	(23,946/20,654)	2017	44,511	(22,908/21,603)
Year	Finishers	(Male/Female)											
2019	45,932	(24,608/21,324)											
2018	44,600	(23,946/20,654)											
2017	44,511	(22,908/21,603)											
Estimated number of spectators:	1.7 million												
Course records:	Men: 2:03:45 (Dennis Kimetto, KEN, 2013) Women: 2:14:04 (Brigid Kosgei, KEN, 2019)												
Most victories:	Men: 4 (Khalid Khannouchi MAR/USA) Women: 2 (Rosa Mota POR, Lisa Weidenbach USA, Ritva Lemettinen FIN, Marian Sutton GBR, Joyce Chepchumba KEN, Catherine Ndereba KEN, Berhane Adere ETH, Florence Kiplagat KEN, Brigid Kosgei, KEN)												
Prize purse:	US\$753,000 (US\$100,000 to male and female champions)												
Wheelchair course records:	Men: 1:26:56 (Heinz Frei, SUI, 2010) Women: 1:39:15 (Tatyana McFadden, USA, 2017)												
Most wheelchair victories:	Men: 5 (Kurt Fearnley, AUS) Women: 8 (Tatyana McFadden, USA)												
Wheelchair prize purse:	US\$31,000 (US\$10,000 for male and female champions)												
Organisation information:	Carey Pinkowski, Executive Race Director <b><i>chicagomarathon.com</i></b>												
Media contacts:	Alex Sawyer, Director of Communications +1 312 992 6618; <b><i>alex.sawyer@cemevent.com</i></b>												
Upcoming race dates:	The race dates of the 2021, 2022 and 2023 editions of the Bank of America Chicago Marathon have not been determined. While we can't share the exact dates at this time, historically the Chicago Marathon has been held the second Sunday of October.												

## TCS New York City Marathon

New York Road Runners' premier event, the TCS New York City Marathon, is the largest marathon in the world, attracting elite athletes and recreational runners alike for the challenge and thrill of a lifetime. The race has grown tremendously since it began in 1970, when just 127 runners raced four laps of Central Park. Now, more than 50,000 participants from all over the globe flock to New York City every November for an adrenaline-filled road tour of all five boroughs, starting on Staten Island at the foot of the Verrazzano-Narrows Bridge and ending in Central Park. Some run for prize money or bragging rights, others for charity or their personal best. All are cheered on by more than one million live spectators, and the race has a broadcast reach of more than 650 million in recent years. This year, with the cancellation of the actual race due to Covid-19, thousands of runners will be partaking in the third annual Virtual TCS New York City Marathon.

Inaugural running:	1970												
Largest field:	53,640 finishers (2019)												
Recent participation:	<table><tr><td>Year</td><td>Finishers</td><td>(Male/Female)</td></tr><tr><td>2019</td><td>53,640</td><td>(30,894/22,746)</td></tr><tr><td>2018</td><td>52,813</td><td>(30,659/22,154)</td></tr><tr><td>2017</td><td>50,773</td><td>(29,682/21,091)</td></tr></table>	Year	Finishers	(Male/Female)	2019	53,640	(30,894/22,746)	2018	52,813	(30,659/22,154)	2017	50,773	(29,682/21,091)
Year	Finishers	(Male/Female)											
2019	53,640	(30,894/22,746)											
2018	52,813	(30,659/22,154)											
2017	50,773	(29,682/21,091)											
Estimated number of spectators:	1 million+												
Course records:	Men: 2:05:06 (Geoffrey Mutai, KEN, 2011) Women: 2:22:31 (Margaret Okayo, KEN, 2003)												
Most victories:	Men: 4 (Bill Rodgers, USA) Women: 9 (Grete Waitz, NOR)												
Prize purse:	US\$855,000 (US\$100,000 for male and female open division champions; US\$25,000 for wheelchair division champions)												
Wheelchair course records:	Men: 1:29:22 (Kurt Fearnley, AUS, 2006) Women: 1:43:04 (Tatyana McFadden, USA, 2015)												
Most wheelchair victories:	Men: 5 (Kurt Fearnley, AUS) Women: 5 (Edith Hunkeler, SUI; Tatyana McFadden, USA)												
Wheelchair prize purse:	US\$103,000 (US\$15,000 for male and female champions)												
Organisation information:	Michael Capiraso, President and CEO Jim Heim, Race Director, TCS New York City Marathon <i><b><a href="http://nyrr.org">nyrr.org</a>; <a href="http://tcsnycmarathon.org">tcsnycmarathon.org</a></b></i>												
Media contacts:	<i><b><a href="mailto:media@nyrr.org">media@nyrr.org</a>; <a href="http://nyrr.org/mediacenter">nyrr.org/mediacenter</a>; <a href="https://twitter.com/nyrrnews">@nyrrnews</a></b></i>												
Upcoming race dates:	17 October-1 November (Virtual TCS New York City Marathon) 7 November 2021												

## ABBOTT WORLD MARATHON MAJORS SERIES XIII (2019/20)

Series XIII started at the 2019 Chicago Marathon and the end date has still to be confirmed due to the uncertainty of the racing calendar at this stage. We expect a decision to be made before the end of 2020. You can view the current leaderboards at: [worldmarathonmajors.com/champions/leaderboard/](http://worldmarathonmajors.com/champions/leaderboard/)

### The Series XIII races so far

#### Bank of America Chicago Marathon 4 October 2019

Brigid Kosgei's sensational world record made headlines around the world coming just a day after fellow Kenyan Eliud Kipchoge became the first man to cover 26.2 miles within two hours. Kosgei set out to defend her title at a blistering pace and she barely slowed, going through halfway in 66:59, with a lead of two minutes. Paced by male runners for all but the last two miles, she forged on to take 81 seconds off Paula Radcliffe's 2003 mark. Lawrence Cherono added the Chicago title to his narrow Boston Marathon victory earlier in the year, winning a similarly close finish ahead of two Ethiopians.

#### Men

1.	Lawrence Cherono	KEN	2:05:45
2.	Dejene Debela	ETH	2:05:46
3.	Asefa Mengstu	ETH	2:05:48
4.	Bedan Karoki	KEN	2:05:53
5.	Bashir Abdi	BEL	2:06:14

#### Women

1.	Brigid Kosgei	KEN	2:14:04
2.	Ababel Yeshaneh	ETH	2:20:51
3.	Geleta Burka	ETH	2:20:55
4.	Emma Bates	USA	2:25:27
5.	Fionnuala McCormack	IRL	2:26:47

#### TCS New York Marathon 3 November 2019

Half marathon world record holders Kamworor and Jepkosgei reigned supreme, the pair benefitting from steady early pacing when they stamped their authority on the fields in the final 5km. It was a magnificent debut for Jepkosgei, who ran stride-for-stride with four-time winner Keitany after 30km before pulling away just before they hit Central Park. She missed the course record by just seven seconds. In the men's race, a 12-strong lead was reduced to five between 30 and 35km before Kamworor showed his hand over the rolling hills of Central Park. Gebre in third was the real surprise, the unknown Ethiopian making the podium despite having no agent or shoe sponsor and starting on a different line from the elites after entering the open category.

#### Men

1.	Geoffrey Kamworor	KEN	2:08:13
2.	Albert Korir	KEN	2:08:36
3.	Girma Bekele Gebre	ETH	2:08:38
4.	Tamirat Tola	ETH	2:09:20
5.	Shura Kitata	ETH	2:10:39

#### Women

1.	Joyciline Jepkosgei	KEN	2:22:38
2.	Mary Keitany	KEN	2:23:32
3.	Ruti Aga	ETH	2:25:51
4.	Nancy Kiprop	KEN	2:26:21
5.	Sinead Diver	AUS	2:26:23

**Tokyo Marathon** 1 March 2020

Legese cemented his growing reputation by retaining the Tokyo title, while Abdi won the battle for second as he worked through the field to beat Lemma by two seconds, reducing his Belgium record to become the second-quickest European of all-time. There was also a Japanese record for Osako in fourth. Salpeter chalked up her first-ever Majors win after she kicked away from a quality women's field at 30km and went on to take more than two minutes from the course record. The Israeli denied Dibaba a third Tokyo victory as both set PBs. A record 17 men finished under 2:08, while 33 of the top 50 set PBs.

**Men**

1.	Birhanu Legese	ETH	2:04:15
2.	Bashir Abdi	BEL	2:04:49
3.	Sisay Lemma	ETH	2:04:51
4.	Suguru Osako	JPN	2:05:29
5.	Bedan Karoki	KEN	2:06:15

**Women**

1.	Lonah Chemtai Salpeter	ISR	2:17:45
2.	Birhane Dibaba	ETH	2:18:35
3.	Sutume Asefa Kebede	ETH	2:20:30
4.	Selly Chepyego	KEN	2:21:42
5.	Tigist Girma	ETH	2:21:56

**Forthcoming races in Series XIII**

4 October 2020      Virgin Money London Marathon

Remainder of the Series has to be confirmed and a decision is expected by the end of 2020.



## ABBOTT WORLD MARATHON MAJORS WHEELCHAIR SERIES

The Abbott World Marathon Majors Wheelchair Series follows the same format as the runners' contests with para-athletes accumulating points at each of the six races plus, in appropriate years, marathons at the World Para Athletics World Championships and Paralympic Games.

The first wheelchair series ran parallel to Series X, starting at the 2016 Boston Marathon and finishing at the 2017 Boston Marathon. Series XIII began at the 2019 Bank of America Chicago Marathon. The end date has still to be confirmed due to the uncertainty of the racing calendar at this stage. We expect a decision to be made before the end of 2020.

Athletes score points as follows:

- 1st place – 25 points
- 2nd place – 16 points
- 3rd place – 9 points
- 4th place – 4 points
- 5th place – 1 point

The champions are the male and female athletes who score the most points during the one-year scoring period. Points from a maximum of *five* races are scored in those Series that include standalone World Championship or Paralympic marathons; or a maximum of *four* in Series made up of the six AbbottWMM races alone, such as Series XII.

An athlete must start in five races over the cycle to be eligible if it includes standalone World Championship or Paralympic marathons, or four races if not. If an athlete earns points in more than the maximum number of scoring events for that Series, the athlete's five (or four) highest finishes are counted.

**Sprint bonus points** were added for Series XII, with each race indicating an *en route* sprint bonus location where eight additional points are available to the first racer across that intermediate line. Alternatively, organisers can include a point-to-point time trial challenge with eight points awarded to the fastest man and woman to complete that section, regardless of their place in the pack. Athletes can win a maximum of three bonus sprints during a Series, after which they cannot add to their total but they can 'block' another racer from claiming the points by finishing first in subsequent sprints.

At the end of the Series, prize money is awarded to the top three men and women, with the winners receiving \$50,000 each, \$25,000 going to second place and \$10,000 to third.

## Abbott World Marathon Majors Wheelchair Series XIII (2019/20)

Series XIII started at the 2019 Chicago Marathon. The end date has still to be confirmed due to the uncertainty of the racing calendar at this stage. We expect a decision to be made before the end of 2020. You can view the current leaderboards at: [worldmarathonmajors.com/champions/leaderboard/](http://worldmarathonmajors.com/champions/leaderboard/)

### The Series XIII races so far

#### Bank of America Chicago Marathon 13 October 2019

The Series XII champions picked up where they had left off by getting Series XIII underway with huge victories. Romanchuk took three minutes out of eight-time London winner David Weir, while Schär beat McFadden by more than four. Romanchuk blew the race open at halfway when he cranked his enormous arms into top gear and sailed on unchallenged to defend his title. Schär used her famed downhill speed to get away in the second half, leaving McFadden to win the wheel-to-wheel battle for second.

##### Men

1.	Daniel Romanchuk	USA	1:30:26
2.	David Weir	GBR	1:33:31
3.	Ernst Van Dyk	RSA	1:33:32
4.	JohnBoy Smith	GBR	1:33:32
5.	Sho Watanabe	JPN	1:33:33

##### Women

1.	Manuela Schär	SUI	1:41:08
2.	Tatyana McFadden	USA	1:45:22
3.	Amanda McGrory	USA	1:45:29
4.	Susannah Scaroni	USA	1:45:29
5.	Sandra Graf	SUI	1:51:38

#### TCS New York Marathon 3 November 2019

This time it was a closer affair for Romanchuk, while Schär secured her ninth Majors win in a row with another dominant display. While the Swiss star again left her US rivals in her wake, the 21-year-old Romanchuk had to hold off three vastly more experienced men as Hug, Weir and his own training mate, Pike, chased him into Central Park. They had no answer to Romanchuk's power, though, and he won by a second to extend his Series XIII lead. By contrast, Schär was away and clear by the three-mile mark and never looked back as she enjoyed a solo roll through the New York streets.

##### Men

1.	Daniel Romanchuk	USA	1:37:24
2.	Marcel Hug	SUI	1:37:25
3.	David Weir	GBR	1:37:28
4.	Aaron Pike	USA	1:37:33
5.	Ernst Van Dyk	RSA	1:40:00

##### Women

1.	Manuela Schär	SUI	1:44:20
2.	Tatyana McFadden	USA	1:48:19
3.	Susannah Scaroni	USA	1:51:37
4.	Amanda McGrory	USA	1:56:51
5.	Christie Dawes	AUS	2:00:11

**Tokyo Marathon 1 March 2020**

Many of the big names may have withdrawn, but that shouldn't take anything away from the winners, as both Suzuki and Kina flew round the deserted streets to record huge wins and Tokyo course records. In fact, Suzuki took more than four minutes from Kurt Fearnley's 2016 mark and won by more than eight minutes from Watanabe. Kina was even more dominant in the severely depleted women's event, rolling home more than 13 minutes ahead of Dawes, after only three had started the race.

**Men**

1.	Tomoki Suzuki	JPN	1:21:52
2.	Sho Watanabe	JPN	1:30:00
3.	Kota Hokinoue	JPN	1:30:04
4.	Jordi Madera	ESP	1:30:12
5.	Hiroyuki Yamamoto	JPN	1:30:15

**Women**

1.	Tsubasa Kina	JPN	1:40:00
2.	Christie Dawes	AUS	1:53:23
3.	Yurika Yasukawa	JPN	1:59:18
4.	-		
5.	-		

**Forthcoming races in Series XIII**

4 October 2020      Virgin Money London Marathon

Remainder of the Series has to be confirmed and a decision is expected by the end of 2020.

The 40<sup>th</sup> Race

# THE MASS EVENT



## 06

## THE MASS EVENT

## STARTERS &amp; FINISHERS

As many as 6,255 finished the first London Marathon on 29 March 1981 after 7,055 runners had set off from Blackheath.

Some 20,000 had applied to enter the inaugural event, while 90,000 were inspired to apply for the second edition in 1982, resulting in 15,116 finishers.

The first wheelchair event was held in 1983, when 17 competitors took part, while the London Marathon first passed the 20,000-finisher mark in 1988. More than 30,000 finished in 1999 and the 40,000 milestone was breached for the first time in 2018.

Overall, there have been 1,125,810 finishers since the London Marathon started 39 years ago. A record 42,549 finished in 2019 after 42,906 started, the largest field so far. More than a quarter of a million applied to run in 2017, a figure that has increased each year since, with the London Marathon setting world records for ballot applications three years in a row.

A world record 457,861 people applied to run The 40th Race in 2020, an increase of 10.5 per cent on 2019. As many as 373,736 applicants for 2020 were from the UK. This is 25,860 more than the previous UK applicant record set in 2019.

A total of 84,125 people applied via the international ballot. More than 56 per cent of the UK applications for 2020 were from people who have never run a marathon before and just under 48 per cent of the total UK applicants were women. For the third successive year, there were more women than men first-time marathon runners applying from the UK (54.4 per cent v 45.6 per cent).

**26 April postponed**

On 13 March, London Marathon Events took the decision to postpone the 2020 Virgin Money London Marathon to Sunday 4 October due to the ongoing Covid-19 pandemic.

**Sunday 4 October – elite races and the first-ever virtual Virgin Money London Marathon**

On 6 August, London Marathon Events announced, after months of intensive work and consultation with London's authorities, new plans for The 40th Race on Sunday 4 October 2020.

The new format is for men's, women's and wheelchair athletes' elite races on an enclosed looped course in St James's Park in a biosecure bubble, plus the first-ever virtual opportunity for mass participation London Marathon runners.

Everyone with a place in the 2020 event was given the chance to take part in The 40th Race by running the famous 26.2 mile marathon distance from home or anywhere in the world on the course of their choice. In addition, all runners and charities were able to defer their place to a future London Marathon – in 2021, 2022 or 2023. Additional places were then made available on a first-come, first-served basis until all 45,000 were sold out.

Everyone who completes the 26.2 miles on Sunday 4 October will receive the coveted finisher medal and New Balance finisher T-shirt.

**Statistics**

For full statistics on the 2020 Virgin Money London Marathon mass event email

**[media@londonmarathonevents.co.uk](mailto:media@londonmarathonevents.co.uk)**

or visit the Media Resources section at **[virginmoneylondonmarathon.com](http://virginmoneylondonmarathon.com)**

2020 VIRGIN MONEY LONDON MARATHON VIRTUAL RACE STATS

Country of residence

Country	Male	Female	Total
Andorra	2		2
Argentina	24	6	30
Australia	131	184	315
Austria	11	7	18
Bahrain	3	1	4
Bangladesh	10	10	20
Belarus	1		1
Belgium	37	14	51
Bermudes	5	2	7
Bolivia	1		1
Brazil	80	37	117
Bulgaria	10	2	12
Caimans Islands		1	1
Cameroon		1	1
Canada	204	180	384
Chile	39	19	58
China	270	119	389
Colombia	21	8	29
Costa Rica	11	7	18
Croatia	2	1	3
Cyprus	2	1	3
Czech Republic	4	2	6
Denmark	20	7	27
Dominican Republic	4	3	7
Ecuador	1		1
Egypt	2	1	3
El Salvador	2	1	3
Equator	8	1	9
Estonia	5		5
Finland	4	3	7
France	78	48	126
French guyana		1	1
Germany	174	82	256
Gibraltar	1	2	3
Greece	8	1	9
Guam	1	2	3
Guatemala	5	4	9
Guernsey	6	6	12
Guinea equatorial	1		1
Honduras		5	5

Hong Kong	1,568	721	2,289
Hungary	4	9	13
Iceland	2		2
India	106	17	123
Indonesia	36	18	54
Ireland	94	67	161
Isle of Man	4	2	6
Israel	7	1	8
Italy	71	23	94
Jamaica		1	1
Japan	115	57	172
Jersey	3	11	14
Kazakhstan	8	7	15
Kenya	2	9	11
Kosovo	1		1
Koweït	1		1
Laos	1		1
Leitonia	4	2	6
Libya	1		1
Lithuania	3		3
Luxembourg	10	6	16
Macao	130	46	176
Macau	2	1	3
Macedonia	1		1
Malaysia	97	43	140
Maldives	3		3
Malta	1		1
Mexico	85	25	110
Moldavia	1		1
Monaco	2	1	3
Mongolia	1	7	8
Morocco	1	2	3
Nepal	1		1
Netherlands	61	37	98
New Zealand	41	56	97
Niger	1	1	2
Nigeria	5	3	8
Norway	22	8	30
Oman		3	3
Ouganda	1	1	2
Pakistan	3		3

Palestinian Territory	1		1
Occupied			
Panama		1	1
Paraguay	1		1
Peru	5	1	6
Philippines	24	15	39
Poland	55	16	71
Porto Rico	3	1	4
Portugal	26	6	32
Qatar	2		2
Romania	13	1	14
Russia	25	11	36
Sainte-Hélène	1		1
Saudi Arabia	2		2
Serbia	3	1	4
Sierra Leone	7		7
Singapore	75	43	118
Slovakia	5	3	8
Slovenia	15	1	16
South Africa	24	22	46
South Korea	34	25	59
Spain	101	35	136
Sweden	33	20	53
Switzerland	46	29	75
Taiwan	793	458	1,251
Tanzania	2		2
Thailand	29	7	36
Trinidad-and-Tobago	2		2
Turkey	23	2	25
Ukraine	39	14	53
United Arab Emirates	15,199	16,866	32,065
United Kingdom			
United States of America	1,124	1,314	2,438
United States	1		1
Virgin Islands	5		5
Uruguay	1		1
Venezuela	29	7	36
Vietnam	1		1
Zambia	1		1
Zimbabwe	21,438	20,845	42,283

2020 VIRGIN MONEY LONDON MARATHON VIRTUAL RACE STATS

Age range of registered Birthdays on 4 October

Age range	Male	Female	Total	Gender	Total
18-19	69	70	139	Male	69
20-29	1,775	2,129	3,904	Female	76
30-39	5,817	5,229	11,046	Total	145
40-49	7,953	8,384	16,337		
50-59	4,501	4,080	8,581		
60-69	1,086	851	1,937		
70-79	225	97	322		
80-89	12	5	17		
	21,438	20,845	42,283		

Recent participation

Year	Total applicants	Accepted applicants	Total starters	Running finishers	Wheelchair finishers	Other Para WC	Total finishers
2010	163,000	51,378	36,956	36,632	34		36,666
2011	163,926	50,532	35,303	34,836	36		34,872
2012	170,150	50,200	37,227	36,774	38		36,812
2013	167,449	48,323	34,631	34,311	46	24	34,381
2014	169,682	49,872	36,337	35,911	41	25	35,977
2015	172,888	51,696	38,020	37,641	53	99	37,793
2016	247,069	53,152	39,523	39,091	61	32	39,140
2017	253,930	53,229	40,048	39,377	63	32	39,487
2018	386,050	54,685	41,003	40,128	57	35	40,273
2019	414,168	56,398	42,906	42,464	54	31	42,549
2020	457,861	45,000*					
Totals since 1981				1,123,961	1,571	278	1,125,810

\*This figure applies to the virtual 2020 Virgin Money London Marathon



## THE OFFICIAL VIRGIN MONEY LONDON MARATHON APP POWERED BY TCS

Every runner taking part in the virtual Virgin Money London Marathon will need to download the Official App powered by TCS and use it to log their run on Marathon Day in order to prove they have completed the distance and be eligible for The 40th Race finisher's medal and T-shirt.

Developed by Tata Consultancy Services (TCS), the Official Technology Partner of the Virgin Money London Marathon, the app is for both participants and supporters.

It will provide runners with tips and guidance ahead of the event, and then a timing and GPS function will record their progress over 26.2 miles and virtually show it on the actual London Marathon route.

Runners will also be able to enjoy a unique audio experience with commentary from BBC Sport commentators Steve Cram and Paula Radcliffe – a three-time winner of the London Marathon herself.

Once they have finished, the app will unlock a souvenir finisher photograph, digital medal and certificate.

Supporters will be able to track as many runners as they want via the app on Marathon Day, watching their progress virtually on the official Virgin Money London Marathon course.

Participants running to raise funds for charity via a Virgin Money Giving fundraising page will have a button on their runner profile that will enable supporters to donate money directly to them.

The Official Virgin Money London Marathon App powered by TCS will go live in event week.

## CELEBRITIES

The challenge of completing the London Marathon has attracted many well-known names and famous faces over the years, and celebrities have become an increasingly visible and important part of the charity fundraising element of the mass race.

Chris Newton became the quickest celebrity ever in 2014, the world champion cyclist finishing well ahead of the field in 2:45:10. Newton went even quicker in 2015, when he crossed the Finish Line in 2:39:27. He couldn't quite match that pace last year, when he was again the quickest celebrity in 2:45:24.

The fastest women celebrities are not far behind, led by former Ironman triathlon world champion Chrissie Wellington, who stopped the clock at 2:49:01 in 2017.

Finishing times are only one concern for celebrity entrants, of course, as the race to raise funds is often the primary goal.

Former rower Sir Steve Redgrave once held the record for most money raised in a single London Marathon. The Olympic legend amassed £1.7 million, later surpassed by Reverend Steve Chalke who raised £2,330,159.38 for Oasis Charitable Trust in 2011.

### Celebrities running in 2020

Celebrities from the TV and sporting worlds are among those who will be taking part in the 2020 Virgin Money London Marathon, their way.

Here are a few names to look out for:

- **Sophie Raworth and Louise Minchin**  
(BBC News)
- **Shane Williams**  
(former Wales and British Lions rugby union player)
- **Jamie Peacock**  
(former Leeds Rhinos and England rugby league player)
- **Stephen Warnock**  
(former England and Liverpool footballer)
- **Deborah James**  
(from the *You, Me and the Big C* podcast)

A full up-to-date list of all the celebrities entered for this year's race can be found in the Media Resources section of the Virgin Money London Marathon website: [virginmoneylondonmarathon.com](http://virginmoneylondonmarathon.com).

## GUINNESS WORLD RECORDS

Guinness World Records, the global authority on record-breaking, has supported many individuals who have attempted records while running the marathon. Since 2007 Guinness has officially partnered the London Marathon to adjudicate record attempts in the mass event and present successful record-breakers with certificates.

More Guinness World Records were broken in 2017 than at any previous London Marathon, with 39 successful attempts from the 62 attemptees.

Thirty-eight world records were broken in 2019 from 78 attempts, including the record for fastest marathon dressed as a love heart, set by Thomas Brockwell who crossed the line in 3:05:32.

Meanwhile, married couple Rebecca Cesar de Sa and Nuno Cesar de Sa set the record for fastest marathon with two runners handcuffed together (mixed) in an impressive time of 3:43:17.

Some of last year's other record-breaking runners were:

- **Oliver Williams:** fastest marathon dressed as an awareness ribbon (male) – 2:36:52
- **Elise Randall:** fastest marathon in classic brownie uniform (female) – 3:26:51
- **Elizabeth Sampson:** fastest marathon dressed Elvis (female) – 3:49:53

▪ **Charlotte Farge, Cey Uzun, Rob Jones, Helen Smith, Andy Moulden and David Brennan:** fastest marathon in a six-person costume (Thunderbirds in Thunderbird 2) – 5:59:33

▪ **Matthew Collins:** fastest marathon dressed as a post box (male) – 3:14:32

The **London Marathon** is a Guinness World Record breaker in its own right, for it is officially the largest single annual fundraising event in the world. It first set the record in 2007 and has broken it every year since, a remarkable 13-year sequence. In 2019 runners raised £66.4 million for charities, meaning that a total of more than £1 billion has been raised since 1981.

A list of all the 2019 Guinness World Record Breakers can be found at:  
***[guinnessworldrecords.com](https://www.guinnessworldrecords.com)***.

## HUMAN INTEREST STORIES

More than three-quarters of all runners at the London Marathon take part to raise money for charity, and more than £60 million is generated for good causes every year.

The event itself holds a Guinness World Record for one-day charity fundraising, a record it has broken each year for the last 13 years.

The 2019 record total was £66.4 million, while the total raised over 39 years now stands at more than £1 billion. Many of those who run to raise money do so because they, or someone close to them, has experienced illness or tragedy, and they want to honour someone's memory, or give something back to the organisations that helped them.

For many, taking on the marathon is just one challenge in a host of others over a period of time, or merely one stage in an ongoing fundraising campaign; for others, it's the climax of a long personal journey.

Among those taking part in the 2020 Virgin Money London Marathon are:

**James Whalley:**

Grimsby Town FC fan James is running the 2020 Virgin Money London Marathon in laps around Grimsby's Blundell Park pitch to raise money for Children with Cancer UK.

**Barbara Ralph:**

Barbara will be running her 29th London Marathon on Sunday 4 October – the most by any female in the event's history.

**Catherine Woodhead:**

Catherine is the CEO of Muscular Dystrophy UK. She has never been able to run before, but the 23 hour and 59 minute limit will enable her to take part and she is raising money for her charity at a time when half of its annual budget (£2.8 million) is at risk.

**Jimmy Dale:**

Jimmy was due to be running on Sunday 26 April 2020, but that day is still one he will never forget as his daughter Elsie was born. Jimmy will now run the 26.2 miles on 4 October around Victoria Park, London, and plans to run several laps with his Marathon baby in her pram.

**June and Tina Fallon:**

The mother and sister of British Judo champion Craig Fallon, will be walking 26.2 miles for MIND – the mental health charity. Craig, who committed suicide in 2019, is widely regarded as Britain's best-ever judo champion. His mother and sister will finish their Virgin Money London Marathon at the beauty spot in Shropshire where Craig took his own life, hoping to raise awareness of mental health.

**For more information on these and many other human interest stories, go to the Media Resources section of the Virgin Money London Marathon website, or contact a member of the London Marathon media team.**

The 4<sup>th</sup> Race



# RACE REPORTS AND RESULTS



## 07

## RACE REPORTS &amp; RESULTS

## ELITE RACES 2017-2019

Race reports and full digital results for races from 1981 to 2019 are available on the website: [virginmoneylondonmarathon.com](http://virginmoneylondonmarathon.com). Here we provide brief race reports of elite races from 2017 to 2019.

## 23 April 2017

**Men: Battling Wanjiru beats blistered Bekele**

Daniel Wanjiru held off Ethiopian track legend Kenenisa Bekele in a thrilling finish to win his first London Marathon in 2:05:48.

The 24-year-old Kenyan made a break just before 21 miles and battled hard over the final five to beat the fast-finishing favourite who had earlier fallen behind after suffering with blisters caused by ill-fitting shoes.

Bekele had run the world's second-fastest time in Berlin the previous September, and was just six seconds behind with one mile to go, but he couldn't quite close the gap and had to settle for the runner-up spot. Nearly two minutes later Bedan Karoki took third on his marathon debut, ahead of Abel Kirui.

Josh Griffiths of Swansea Harriers delivered the shock of the day by finishing first Briton in 2:14:49 on his marathon debut. The 23-year-old wasn't even in the elite field but his performance earned him a place at the London 2017 World Championships.

1	Daniel Wanjiru	KEN	2:05:48
2	Kenenisa Bekele	ETH	2:05:57
3	Bedan Karoki	KEN	2:07:41
4	Abel Kirui	KEN	2:07:45
5	Alphonse Simbu	TAN	2:09:10

**Women: Keitany cracks Radcliffe's record**

Mary Keitany produced one of the greatest women's performances in history to break the women-only world record and become the second-quickest female marathon runner of all time. The 35-year-old ran alone for all but two of the 26.2 miles, leaving the field floundering in her wake as she smashed the 30km world record en route to victory in 2:17:01.

Only Paula Radcliffe had ever run quicker, when she set the mixed-race world record in 2003, but the Briton was forced to watch from the commentary box as her women-only mark of 2:17:42 was erased.

Keitany swept through halfway with her pacemaker in 66:54 and passed 30km in 1:36:05, before holding head and body together in the final miles as Ethiopia's Tirunesh Dibaba chased her down. Dibaba clocked 2:17:56 to become the third-quickest in history and claim the Ethiopian record, while compatriot Aselefech Mergia was third in 2:23:08.

A pair of Britons also ran quicker than ever. Alyson Dixon clocked 2:29:06 to place 14th and clinch a spot on the World Championship team, while Charlotte Purdue was second Briton in 2:29:23.

1	Mary Keitany	KEN	2:17:01
2	Tirunesh Dibaba	ETH	2:17:56
3	Aselefech Mergia	ETH	2:23:08
4	Vivian Cheruiyot	KEN	2:23:50
5	Lisa Weightman	AUS	2:25:15

## 22 April 2018

### Men: King Kipchoge completes the treble

Eliud Kipchoge confirmed his status as the king of the marathon when he was crowned champion for the third time after winning a majestic race started by The Queen at Windsor Castle and finished in glorious sunshine in front of Buckingham Palace.

Sir Mo Farah brought cheer to British fans as he broke the long-standing national record and took third behind Ethiopia's Shura Kitata.

Kipchoge joined compatriot Martin Lel and Mexican Dionicio Cerón as the only men to win the London title three times. After previous victories in 2015 and 2016, the 33-year-old took a ninth career win over 26.2 miles in 2:04:17, missing his two-year-old course record on a day of punishing heat.

Kipchoge had to work hard for his win. After setting off on world-record pace, he was shadowed for much of the race by 21-year-old Kitata, who eventually succumbed at Blackfriars Bridge but hung on for second in a personal best of 2:04:49.

Farah lived up to his own, and his nation's, hopes when he reached the finish in 2:06:21, almost a minute inside Steve Jones's record of 2:07:13 and good enough to claim a place on the podium 20 years after he first won the Mini London Marathon as a talented teenager.

As for Kenenisa Bekele, the second-quickest in history and the man thought most likely to challenge Kipchoge, the Ethiopian featured only briefly at the head of the race and crossed the line sixth in 2:08:53.

1	Eliud Kipchoge	KEN	2:04:17
2	Tola Shura Kitata	ETH	2:04:49
3	Mo Farah	GBR	2:06:21
4	Abel Kirui	KEN	2:07:07
5	Bedan Karoki	KEN	2:08:34

### Women: Cheruiyot seals maiden victory

Vivian Cheruiyot ran a perfectly judged race to overhaul three-time champion Mary Keitany in the closing miles of the 38th London Marathon, taking the women's title and becoming the fourth-fastest female of all time.

The 34-year-old Olympic 5,000m champion secured her first World Marathon Majors win in 2:18:31, more than a minute ahead of fellow Kenyan Brigid Kosgei with Ethiopia's Tadelech Bekele in third.

Keitany's planned assault on Paula Radcliffe's 15-year-old world record of 2:15:25 had stolen all the pre-race headlines, and she set off with five male pacemakers in hot pursuit of that mark. She reached halfway in 67:16, but began to struggle as her early pace and rising temperatures took their toll.

Just after mile 21, Keitany hit bust and the 36-year-old was soon overhauled by Cheruiyot, her conservative early pace paying dividends. The two-time 10,000m world champion found some of her famed track speed to cruise past Keitany without a second glance. It was perfect pacing.

Having trailed the leader by one minute and 40 seconds at halfway, she had plenty left to put in a 5:19 23rd mile, while Kosgei and Bekele also overtook Keitany to take second and third. The women-only world record holder eventually limped across the line in fifth.

Two British women placed in the top 10. Lily Partridge smashed her best to finish eighth in 2:29:24, while Tracy Barlow was ninth in 2:32:09.

1	Vivian Cheruiyot	KEN	2:18:31
2	Brigid Kosgei	KEN	2:20:13
3	Tadelech Bekele	ETH	2:21:40
4	Gladys Cherono	KEN	2:24:10
5	Mary Keitany	KEN	2:24:27



28 April 2019

Men: Kipchoge smashes course record to complete quadruple

Olympic champion Eliud Kipchoge confirmed his status as the greatest marathon runner of all time when he was crowned men's champion for a record fourth time after shrugging off three dogged rivals and smashing his own course record in 2:02:37.

It was billed as a bout between the Kenyan master and European record holder Sir Mo Farah, but the Briton struggled to play a major role as king Kipchoge made London Marathon history, becoming the first man to complete the quadruple and the first to notch up consecutive wins on two occasions.

His winning time was the second-quickest in history, bettered only by his own world record set in Berlin the previous September, while it was his 11th victory from 12 races over 26.2 miles, an undefeated streak stretching back to September 2013.

Yet this wasn't a one-man parade, for the 34-year-old had to draw on all his racing nous to defend the crown from a trio of swift young Ethiopians who stuck to his tail until the final miles.

It was Mosinet Geremew who hung on longest and the 27-year-old was rewarded with a runner-up place and an Ethiopian record of 2:02:55 – the fastest-ever second place time and third best of all time. It was the first time two men have gone under 2:03 in the same race, as Geremew moved to second on the world all-time list. Mule Wasihun also entered the world top 10, placing third in 2:03:16.

As for Farah, the Chicago Marathon champion simply couldn't stay with the pace. After finishing third in 2018, the Briton again followed Shura Kitata under the gantry, this time placing fifth in 2:05:39, less than 30 seconds outside his European record and the fastest any Briton has run on the London course. "I tried to reel them in but the wheels came off. I was just hanging on at the end," said Farah.

And no wonder, for Kipchoge ran a blistering negative split, clocking 61 minutes for the second half after a large pack had passed halfway in 61:37. It was there that the champion made his move, with a sustained surge that only three could live with. He led them through 30km in 1:27:04 and headed down The Highway with the trio stuck to his heels. Now it was a battle of mental and physical strength, and no one has won more of those than Kipchoge.

Kitata was first to drop back, but the world record holder still had two with him as they emerged on to Victoria Embankment. He kicked again and Wasihun lost touch. He moved to his right to take a last welcome drink, and Geremew was gone. Kipchoge now opened his legs to pass 40km in 1:56:20 with a two-second lead. At last, a thin smile spread across his face.

Yet again, he'd led from start to finish; yet again, he'd reigned supreme in London. Now running freely in glorious isolation, he strode around St James's Park and on to The Mall, saluting the cheering crowds on both sides as he broke the tape with arms outstretched. "It was very tactical but I know how to win this race," he said. "In the last kilometre, when everyone was shouting, it was just amazing."

Farah's training partner Bashir Abdi broke the Belgian record in seventh with 2:07:03, while Callum Hawkins was second Briton home in a huge PB of 2:08:14, clinching World Championship and Olympic qualification in the process.

1	Eliud Kipchoge	KEN	2:04:17
2	Mosinet Geremew	ETH	2:02:55
3	Mule Wasihun	ETH	2:03:16
4	Tola Shura Kitata	ETH	2:05:01
5	Mo Farah	GBR	2:05:39
6	Tamirat Tola	ETH	2:06:57
7	Bashir Abdi	BEL	2:07:03
8	Leul Gebresilasie	ETH	2:07:15
9	Yassine Rachik	ITA	2:08:05
10	Callum Hawkins	GBR	2:08:14

Women: Kosgei confirms her promise

Kenya's Brigid Kosgei moved into the real elite of endurance running when she ran the fastest-ever second half to destroy the finest field in history and be crowned London Marathon champion.

The 25-year-old produced a tour de force, clocking 2:18:20 – the ninth-fastest in history – to leave 2018 victor Vivian Cheruiyot trailing in second by nearly two minutes and preventing fifth-placed Mary Keitany from fulfilling her dream of a record-equalling fourth title. Kosgei sped away from her two world-beating compatriots in a fantastic second half, covered in 66:42, quicker even than Keitany's incredible 66:58 in New York the previous year.

Windy conditions meant it was never easy, but Kosgei's surges over the last nine miles, all run into the breeze at just over five-minute mile pace, made it look that way. She repelled a courageous fightback from Cheruiyot after one break by surging clear again over the last four-and-a-half miles. "The wind was a problem for me to start with today, but not in the closing stages," said Kosgei, as she celebrated a sixth win from 10 marathons.

She crossed the line 1 minute 54 seconds clear of Cheruiyot (2:20:14), making it the biggest winning margin in the women's race since Paula Radcliffe demolished the field in 2005. Effectively, Kosgei had dominated the highest-quality women's marathon in history, with three other sub-2:19 Kenyans forced to bow to the younger woman.

The hugely promising 21-year-old Ethiopian Roza Dereje (2:20:51) won a sprint down The Mall for third to prevent a Kenyan sweep, outpacing three-time Berlin champion Gladys Cherono and Keitany, who had set off in hope of matching Ingrid Kristiansen's four London titles.

In contrast to the previous year's blistering early pace, the main contenders set off conservatively, running nearly two minutes slower than in 2018 over the opening 10 kilometres.

The first to shine was 42-year-old Australian Sinead Diver, who looked impatient to push on the pace. Helped by pacemaker Eunice Chumba, she forged on to open a 16-second lead over the field at halfway in 71:21.

The Australian veteran was roped in at the 14-mile mark when the real race began to unfold. A leading group of six broke up quickly as Cheruiyot, Kosgei and Dereje inserted a punishing burst, covering the 15th, 16th and 17th miles in 15:22, effectively ending Keitany's hopes. Kosgei made what looked like an early but decisive push for home over the next two miles, opening a 30m gap as she tried to run the speed out of the Olympic 5,000m champion's legs.

Yet Cheruiyot was unfazed. Despite her rival's scintillating sub-five-minute 18th mile, she was back on terms within two miles. The pair engaged in an absorbing side-by-side duel until the in-form Kosgei surged again, throwing in a 22nd mile in 5:05 to move clear. This time, it was decisive.

Charlotte Purdue won the battle of the Britons, the Aldershot, Farnham and District runner taking an incredible four minutes from her lifetime best to place 10th and qualify for the Doha 2019 World Championships and the Tokyo 2020 Olympic Games. Meanwhile, early leader Diver maintained her form to place seventh in 2:24:11, becoming London's quickest-ever veteran woman.

1	Brigid Kosgei	KEN	2:18:20
2	Vivian Cheruiyot	KEN	2:20:14
3	Roza Dereje	ETH	2:20:51
4	Gladys Cherono	KEN	2:20:52
5	Mary Keitany	KEN	2:20:58
6	Emily Sisson	USA	2:23:08
7	Sinead Diver	AUS	2:24:11
8	Carla Salomé Rocha	POR	2:24:47
9	Birhane Dibaba	ETH	2:25:04
10	Charlotte Purdue	GBR	2:25:38

## WHEELCHAIR RACES 2017-2019

Race reports and full digital results for races from 1983 to 2019 are available on the website: [virginmoneylondonmarathon.com](http://virginmoneylondonmarathon.com). Here we provide brief race reports of elite races from 2017 to 2019.

### 23 April 2017

#### Men: Magnificent seven for record-breaking Weir

David Weir became the most successful athlete in London Marathon history when he won his seventh wheelchair title to finally move one ahead of Baroness Tanni Grey-Thompson at the top of the all-time winners' board.

The Briton, who won his first title in 2002 and his sixth in 2012, sped clear of defending champion Marcel Hug at the head of a huge pack and crossed the Finish Line in 1:31:06, ending a five-year drought.

After finishing second, second and third over the last three years Weir was an emotional winner, afterwards saying: "It hasn't really sunk in yet. It's the first time I've felt comfortable for years, to be honest."

The conditions were perfect for wheelchair racing and with so many top athletes on the Start Line the leading pack was the biggest it had been for years. No one could break it up and some 16 chairs turned into The Mall together to fight for the top prize.

Weir moved out of the bunch and with Hug on his tail, pushed hard for the record-breaking win. Hug had to settle for second while Kurt Fearnley was third as 16 men crossed the line within six seconds.

1	David Weir	GBR	1:31:06
2	Marcel Hug	SUI	1:31:07
3	Kurt Fearnley	AUS	1:31:07
4	Ernst van Dyk	RSA	1:31:08
5	Rafael Botello Jimenez	ESP	1:31:09

#### Women: Schär smashes course record

Swiss star Manuela Schär produced her second devastating display of wheelchair racing in six days to win her first London Marathon title in a course record. The 32-year-old had won the Boston Marathon in the fastest wheelchair time in history just six days earlier, and in London clocked 1:39:57 to knock almost two minutes off Tatyana McFadden's best-ever London time.

Schär began the race as favourite after four-time winner McFadden withdrew through illness. After placing runner-up to the American for the last three years, the Swiss star finally broke free of the field in the second half of the race and went on to win by nearly five minutes.

"It's incredible," said an ecstatic Schär afterwards. "It's been such a great week with Boston and London. I have no words. I never expected a course record, so that's great."

Tokyo champion Amanda McGrory was isolated in second in 1:44:34, while her fellow American and University of Illinois teammate, Susannah Scaroni, was third in 1:47:37.

Britain's Jade Jones was pleased to improve on recent performances, finishing fifth in 1:51:46, while Mel Nicholls was eighth in 1:59:07 as Britain managed to get three in the top 10.

1	Manuela Schär	SUI	1:39:57
2	Amanda McGrory	USA	1:44:34
3	Susannah Scaroni	USA	1:47:37
4	Margriet van den Broek	NED	1:49:50
5	Jade Jones	GBR	1:51:46

These wheelchair races were also the T53/54 events in the World Para Athletics Marathon World Cup.

## 22 April 2018

### Men: Weir wins wonderful eighth

David Weir took an eighth men's wheelchair title in 1:31:15 after an awesome sprint to the line ahead of Switzerland's Marcel Hug and American Daniel Romanchuk.

Weir again proved to be an unstoppable force in the capital, as he repeated 2017's unforgettable finish. With three athletes challenging for the crown, the Briton edged forward down The Mall and moved in front to seal his eighth victory from 19 London Marathon races.

Since his memorable record seventh 12 months earlier, Weir had contested just a few half marathons and he suffered a puncture in the Paris Marathon just a week before London. But lining up under the scorching sun, the 38-year-old felt ready to take on the world's best.

"The win felt amazing," Weir said. "Last year was such a weird year. I couldn't really celebrate until afterwards and I didn't know what state of mind I would be in. My head was a lot clearer this year."

The weather was perfect on the start at Blackheath. Many had endured the difficult conditions at the Boston Marathon six days before, including double London winner Hug, who triumphed in the Boston monsoon.

A pack of nine scorched through halfway on course record pace, but slowed in the second half before a small group broke clear turning into The Mall. The finish was almost a carbon copy of 2017 as Hug was pipped on the line.

1	David Weir	GBR	1:31:15
2	Marcel Hug	SUI	1:31:15
3	Daniel Romanchuk	USA	1:31:16
4	Joshua George	USA	1:31:24
5	Kurt Fearnley	AUS	1:31:24

### Women: De Rozario delivers Australia's first

Madison de Rozario claimed Australia's first women's wheelchair title as she snatched victory in 1:42:58 from four-time champion Tatyana McFadden with her US teammate, Susannah Scaroni, third.

"That was amazing," beamed the elated De Rozario. "The roads are so rough. Working through that was hard and my back started to cramp up pretty badly about halfway, so I'm just happy I had enough left to come home strong."

De Rozario's win cemented her status as the latest marathon star following her success at the Commonwealth Games the previous weekend, where she won gold in the 1,500m and marathon. The 24-year-old also clinched a London 2017 World Championship gold over 1,500m and two track silvers at the Rio Paralympics. But she was considered an outsider over the longer distance, having only completed seven full marathons.

At halfway Manuela Schär's course record looked under threat, with the three big names of McFadden, Schär and two-time winner Amanda McGrory among the leaders. But it was De Rozario who seized the moment, turning into The Mall ahead of McFadden and Scaroni, with Schär left to take fourth and McGrory fifth.

Britain's Jade Jones finished seventh in a commendable 1:50:04 just a week after winning a Commonwealth gold at para-triathlon and a bronze in the Gold Coast marathon.

1	Madison de Rozario	AUS	1:42:58
2	Tatyana McFadden	USA	1:42:58
3	Susannah Scaroni	USA	1:43:00
4	Manuela Schär	SUI	1:43:01
5	Amanda McGrory	USA	1:43:04

These wheelchair races were also the T53/54 events in the World Para Athletics Marathon World Cup.

## 28 April 2019

### Men: Romanchuk rockets to a first London title

New kid on the block Daniel Romanchuk swept clear to win the men's wheelchair title in 1:33:38 leaving two-time winner Marcel Hug in his wake. David Weir was also blown away by the powerful young American and the Briton could only finish fifth, missing the podium on his 20th consecutive London appearance.

After winning Chicago, New York and Boston crowns in the previous 12 months, the so-called 'Rocket Man' added the London title to his belt, at 21 becoming world T54 marathon champion into the bargain. "I'm still in shock," said the unassuming Romanchuk afterwards. "This past year has been incredible."

From the start, 12 athletes were in a pack together, including Romanchuk, Hug, Japan's Tomoki Suzuki and Weir, going for his ninth win. The break came just after Tower Bridge, helped by the new 'Flying 400' time trial contest. Romanchuk, Hug and Suzuki seized the chance to break away, leaving Weir trailing with the rest.

Romanchuk clocked the fastest time of 45 seconds, while Hug used all his experience and speed to stay close, Suzuki on his tail. From then on there was no stopping Romanchuk and he had daylight to spare as the trio turned into The Mall. He took the tape four seconds ahead of Hug, an amazing feat in his third London Marathon after finishing 26th on his debut in 2017 and third in 2018.

Suzuki was 13 seconds back in third ahead of Dai Yunqiang from China with Weir fifth, just outside Tokyo 2020 Paralympic qualification places. The Briton was quick to acknowledge Romanchuk's talent: "Everyone is beatable, but he's frightening."

1	Daniel Romanchuk	USA	1:33:38
2	Marcel Hug	SUI	1:33:42
3	Tomoki Suzuki	JPN	1:33:51
4	Dai Yunqiang	CHN	1:37:30
5	David Weir	GBR	1:37:32

### Women: Schär shines on London's streets

Manuela Schär completed a clean sweep of Abbott World Marathon Majors races over 12 months by winning her second London Marathon in commanding fashion.

The Swiss superstar also took gold in the World Para Athletics Marathon Championships and secured her spot at the Tokyo 2020 Paralympic Games as she cruised home almost six minutes ahead of Tatyana McFadden in 1:44:09.

The talented line-up did not phase the 2017 winner and course record holder, who made a break early and battled the blustery headwind to claim her sixth Majors victory in a row.

"Can you believe I have won all the Majors in one year?" said Schär. "It's going to take a little time for it all to sink in."

"This is a difficult course for me. You have to play it very carefully. I'm delighted I stuck to plan A and it really worked."

Plan A was to go early and push at the downhill stretch around the three-mile mark. From that moment on, it was her race. By halfway she had more than a minute's lead on defending champion Madison de Rozario and she duly added the 'Flying 400' bonus prize en route to victory.

McFadden joined the chase with de Rozario and the four-time winner proved stronger at the end, clinching silver by two seconds in 1:49:42.

1	Manuela Schär	SUI	1:44:09
2	Tatyana McFadden	USA	1:49:42
3	Madison de Rozario	AUS	1:49:44
4	Eliza Ault-Connell	AUS	1:50:02
5	Tsubasa Kina	JPN	1:51:22

These wheelchair races were also the T53/54 events in the World Para Athletics Marathon World Cup.

## WORLD PARA ATHLETICS MARATHON WORLD CUP RACES 2017-2019

**23 April 2017**

### Martin makes it three in a row

Ray Martin notched up his third consecutive London Marathon victory in the World Para Athletics Marathon World Cup. The 23-year-old US para athlete clocked 1:57:15 to win the men's T51/52 event as he saw off Colombia's world bronze medallist Cristian Torres and Spain's former marathon world champion Santiago Sanz.

"I really love this marathon the most, it definitely plays to my strengths with all the flats," said Martin, who won 400m and 1,500m T52 gold at the Rio Paralympics seven months earlier.

Brazil's world silver medallist Alex Pires da Silva was the fastest on paper in the men's T45/46 class, and he lived up to expectations as he took the tape in 2:28:20. Morocco's Abdelhadi El Harti finished second with Britain's Derek Rae third.

Japan's Shinya Wada finished 2016 as world number one after running a personal best in Fukuoka that December, and the 39-year-old continued that impressive form in London, winning the T11/12 class ahead of Portugal's Gabriel Macchi and Japan's world bronze medallist Tadashi Hirokoshi.

There was another win for Japan in the women's T11/12 race as Paralympic marathon T12 silver medallist Misato Michishita finished well clear of her rivals in 3:00:50.

Spain's Maria Paredes Rodriguez, a World Cup winner in 2013 and 2014, was second, with Japan's Mihoko Nishijima third.

Poland's Patryk Lukaszewski was first over the line in the T13 class, with New Zealander Tim Prendergast nearly 10 minutes behind.

### T11/12 Men

1	Shinya Wada	JPN	2:34:59
2	Gabriel Macchi	POR	2:39:38
3	Tadashi Hirokoshi	JPN	2:39:57
4	Jorge Pina	POR	2:43:11
5	Masato Hatate	JPN	2:52:12

### T11/12 Women

1	Misato Michishita	JPN	3:00:50
2	Maria Paredes Rodriguez	ESP	3:09:41
3	Mihoko Nishijima	JPN	3:19:31
4	Yumiko Fujii	JPN	3:24:39
5	Hiroko Kondo	JPN	3:26:15

### T13 Men

1	Patryk Lekaszewski	POL	2:32:20
2	Tim Prendergast	NZL	2:41:38

### T45/46 Men

1	Alex Pires da Silva	BRA	2:28:20
2	Abdelhadi El Harti	MAR	2:29:38
3	Derek Rae	GBR	2:33:24
4	Manuel Mendes	POR	2:38:56
5	Efrain Sotacuro	PER	2:38:56

### T51/52 Men

1	Raymond Martin	USA	1:57:15
2	Cristian Torres	COL	1:59:11
3	Santiago Sanz	ESP	1:59:42
4	Rob Smith	GBR	2:02:44
5	Garrett Culliton	IRL	2:29:14

The T53/54 Wheelchair results are on page 92.

## 22 April 2018

### Britons shine in London's sun

British para-athletes Rob Smith and Derek Rae gave the crowds plenty to cheer with victories in the World Para Athletics Marathon World Cup. Scotsman Rae claimed a first-ever World Cup win as he came home in 2:36:13 in the men's T45/46 event for arm amputees, more than five minutes ahead of his nearest rival.

"To come away with first is what dreams are made of," said the delighted 32-year-old. "That's what all the hard work's been for and I'm exceptionally proud of myself, proud of the team, proud of the support. I knew if I just kept my head down and kept my foot on the gas the victory would come."

Smith claimed gold in the T51/52 wheelchair race in 2:00:17, his first victory in London after finishing fourth for the last three years. Colombia's Cristian Torres was second, with Helder Mestre of Portugal third.

Spain's Alberto Suárez Laso was the first of the visually impaired athletes over the line when he won the men's T11/12 race in 2:28:49. Laso, the London 2012 Paralympic champion, saw off Morocco's 2015 world champion El Amin Chentouf, who was second in 2:29:05, with Japan's 2016 World Cup winner Yutaka Kumagai third in 2:39:10.

Japan struck gold in the men's T13 race thanks to Toshiharu Takai, and in the women's T11/12 contest via Misato Michishita, who retained her title by more than six minutes.

Double leg amputee Brian Reynolds won the men's T62-64 event on his London Marathon debut in 3:03:35, missing the three-hour barrier he had targeted but beating the world best he set in Chicago the previous October.

### T11/12 Men

1	Alberto Suárez Laso	ESP	2:28:49
2	El Amin Chentouf	MAR	2:29:05
3	Yutaka Kumagai	JPN	2:39:10
4	Nacereddine Kerfas	ALG	2:40:23
5	Shinya Wada	JPN	2:42:18

### T11/12 Women

1	Misato Michishita	JPN	3:04:00
2	Edenusa Santos Dorta	BRA	3:10:12
3	Maria Paredes Rodriguez	ESP	3:13:20
4	Yoko Aoki	JPN	3:20:03
5	Yumiko Fujii	JPN	3:34:01

### T13 Men

1	Takai Toshiharu	JPN	2:38:23
2	Tim Prendergast	NZL	2:45:34
3	Patryk Lekaszewski	POL	2:53:15
4	Harold Josef Lange	GER	3:06:20

### T45/46 Men

1	Derek Rae	GBR	2:36:13
2	Manuel Mendes	POR	2:41:29
3	Matthew Felton	AUS	2:47:39
4	Pedro Meza	MEX	3:03:11
5	Ahmed Farhat	MAR	3:16:55

### T51/52 Men

1	Rob Smith	GBR	2:00:17
2	Cristian Torres	COL	1:02:21
3	Helder Mestre	POR	2:53:04

### T62/64 Men

1	Brian Reynolds	USA	3:03:35
2	Eitan Hermon	ISR	3:26:05

The T53/54 Wheelchair results are on page 92.



## 28 April 2019

### Records tumble as Roeger races to world gold

Michael Roeger and El Amin Chentouf produced world-record performances to strike London Marathon gold and clinch World Para Athletics Marathon Championship titles in the T46 and T12 categories, while Misato Michishita completed a London hat-trick in the women's T12 race.

Roeger smashed the men's T46 world record clocking 2:22:51 in only his second marathon, having made his debut over the 26.2-mile distance in Melbourne the previous October. The 30-year-old only turned to road running in 2018 having won T46 1,500m bronze at the Rio 2016 Paralympic Games.

Derek Rae clinched second in 2:27:08, a big PB for the Briton, while Morocco's Abdelhadi El Harti was third in 2:30:44.

Chentouf was also in record-breaking form, knocking 10 seconds off his previous T12 best set by the Moroccan on the same course at the 2015 World Championships.

"To be world champion in London was an objective I've been preparing for in Morocco," said the 36-year-old, after sealing his fourth London Marathon victory.

Spain's Alberto Suárez Laso took silver in 2:25:50, while Japan's Tadashi Horikoshi bagged bronze.

Michishita claimed the London crown for a third successive time in 3:06:18, some 10 minutes outside her best but good enough for the 42-year-old's first global title.

Brazil's Paralympic bronze medallist Edenusa de Jesus Santos Dorta was runner-up for the second year in a row. Meryem En-Nourhi was third after Spain's former world record holder Maria Paredes Rodríguez was disqualified.

### T11/12 Men

1	El Amin Chentouf	MAR	2:21:23
2	Alberto Suárez Laso	ESP	2:25:50
3	Tadashi Horikoshi	JPN	2:25:56
4	Gustavo Nieves	ESP	2:28:50
5	Hicham Hanyin	MAR	2:32:44

### T11/12 Women

1	Misato Michishita	JPN	3:06:18
2	Edenusa Santos Dorta	BRA	3:13:17
3	Meryem En-Nourhi	MAR	3:18:11
4	Ausra Garunksnyte	LTU	3:18:23
5	Maria Fiuza	POR	3:18:37

### T45/46 Men

1	Michael Roeger	AUS	2:22:51
2	Derek Rae	GBR	2:27:08
3	Abdelhadi El Harti	MAR	2:30:44
4	Manuel Mendes	POR	2:36:34
5	Efrain Sofacuro	PER	2:41:11

The T53/54 Wheelchair results are on page 92.

The **40<sup>th</sup>** Race

# STATISTICS AND RECORDS



08

STATISTICS & RECORDS

LONDON MARATHON STATISTICS

MEDALLISTS & COURSE RECORDS

Medallists

Men	1st		2nd		3rd				
29 Mar 81	Inge Simonesen	NOR	2:11:48	-	Trevor Wright	GBR	2:12:53		
	Dick Beardsley	USA	2:11:48						
9 May 82	Hugh Jones	GBR	2:09:24	Øyvind Dahl	NOR	2:12:21	Mike Gratton	GBR	2:12:30
17 Apr 83	Mike Gratton	GBR	2:09:43	Gerry Helme	GBR	2:10:12	Henrik Jørgensen	DEN	2:10:47
13 May 84	Charlie Spedding	GBR	2:09:57	Kevin Forster	GBR	2:11:41	Denis Fowles	GBR	2:12:12
21 Apr 85	Steve Jones	GBR	2:08:16	Charlie Spedding	GBR	2:08:33	Allister Hutton	GBR	2:09:16
20 Apr 86	Toshihiko Seko	JPN	2:10:02	Hugh Jones	GBR	2:11:42	Allister Hutton	GBR	2:12:36
10 May 87	Hiromi Taniguchi	JPN	2:09:50	Nechadi El Mostafa	MAR	2:10:09	Hugh Jones	GBR	2:10:11
17 May 88	Henrik Jørgensen	DEN	2:10:20	Kevin Forster	GBR	2:10:52	Kudo Kazuyoshi	JPN	2:10:59
23 Apr 89	Douglas Wakihuri	KEN	2:09:03	Steve Moneghetti	AUS	2:09:06	Ahmed Salah	DJI	2:09:09
22 Apr 90	Allister Hutton	GBR	2:10:10	Salvatore Bettiol	ITA	2:10:40	Juan Romera	ESP	2:10:48
21 Apr 91	Yakov Tolstikov	EUN	2:09:17	Manuel Matias	POR	2:10:21	Jan Huruk	POL	2:10:21
12 Apr 92	Antonio Pinto	POR	2:10:02	Jan Huruk	POL	2:10:07	Thomas Naali	TAN	2:10:08
18 Apr 93	Eamonn Martin	GBR	2:10:50	Isidro Rico	MEX	2:10:53	Grzegorz Gajdus	POL	2:11:07
17 Apr 94	Dionicio Cerón	MEX	2:08:53	Abebe Mekonnen	ETH	2:09:17	German Silva	MEX	2:09:18
02 Apr 95	Dionicio Cerón	MEX	2:08:30	Steve Moneghetti	AUS	2:08:33	António Pinto	POR	2:08:48
21 Apr 96	Dionicio Cerón	MEX	2:10:00	Vincent Rousseau	BEL	2:10:26	Paul Evans	GBR	2:10:40
13 Apr 97	António Pinto	POR	2:07:55	Stefano Baldini	ITA	2:07:57	Josiah Thugwane	RSA	2:08:06
26 Apr 98	Abel Antón	ESP	2:07:57	Abdelkader El Mouaziz	MAR	2:08:07	Antonio Pinto	POR	2:08:13
18 Apr 99	Abd El Mouaziz	MAR	2:07:57	António Pinto	POR	2:09:00	Abel Antón	ESP	2:09:41
16 Apr 00	António Pinto	POR	2:06:36	Abdelkader El Mouaziz	MAR	2:07:33	Khalid Khannouchi	MAR	2:08:36
22 Apr 01	AAbd El Mouaziz	MAR	2:07:11	Paul Tergat	KEN	2:08:15	António Pinto	POR	2:09:36
14 Apr 02	Khalid Khannouchi	USA	2:05:38	Paul Tergat	KEN	2:05:48	Haile Gebrselassie	ETH	2:06:35
13 Apr 03	Gezahegne Abera	ETH	2:07:56	Stefano Baldini	ITA	2:07:56	Joseph Ngolepus	KEN	2:07:57
10 Apr 04	Evans Rutto	KEN	2:06:18	Sammy Korir	KEN	2:06:48	Jaouad Gharib	MAR	2:07:12
17 Apr 05	Martin Lel	KEN	2:07:26	Jaouad Gharib	MAR	2:07:49	Hendrick Ramaala	RSA	2:08:32
23 Apr 06	Felix Limo	KEN	2:06:39	Martin Lel	KEN	2:06:41	Hendrick Ramaala	RSA	2:06:55
22 Apr 07	Martin Lel	KEN	2:07:41	Abderrahim Goumri	MAR	2:07:44	Felix Limo	KEN	2:07:47
13 Apr 08	Martin Lel	KEN	2:05:15	Samuel Wanjiru	KEN	2:05:24	Abderrahim Goumri	MAR	2:05:30
26 Apr 09	Samuel Wanjiru	KEN	2:05:10	Tsegaye Kebede	ETH	2:05:20	Jaouad Gharib	MAR	2:05:27
25 Apr 10	Tsegaye Kebede	ETH	2:05:18	Emmanuel Mutai	KEN	2:06:23	Jaouad Gharib	MAR	2:06:55
17 Apr 11	Emmanuel Mutai	KEN	2:04:40	Martin Lel	KEN	2:05:45	Patrick Makau	KEN	2:05:45
22 Apr 12	Wilson Kipsang	KEN	2:04:44	Martin Lel	KEN	2:06:51	Tsegaye Kebede	ETH	2:06:52
21 Apr 13	Tsegaye Kebede	ETH	2:06:04	Emmanuel Mutai	KEN	2:06:33	Ayele Abshero	ETH	2:06:57
13 Apr 14	Wilson Kipsang	KEN	2:04:29	Stanley Biwott	KEN	2:04:55	Tsegaye Kebede	ETH	2:06:30
26 Apr 15	Eliud Kipchoge	KEN	2:04:42	Wilson Kipsang	KEN	2:04:47	Dennis Kimetto	KEN	2:05:50
24 Apr 16	Eliud Kipchoge	KEN	2:03:05	Stanley Biwott	KEN	2:03:51	Kenenisa Bekele	ETH	2:06:36
23 Apr 17	Daniel Wanjiru	KEN	2:05:48	Kenenisa Bekele	ETH	2:05:57	Bedan Karoki	KEN	2:07:41
22 Apr 18	Eliud Kipchoge	KEN	2:04:17	Tola Shura Kitata	ETH	2:04:49	Mo Farah	GBR	2:06:21
28 Apr 19	Eliud Kipchoge	KEN	2:02:37	Mosinet Geremew	ETH	2:02:55	Mule Wasihun	ETH	2:03:16

## Women

1st	2nd	3rd						
29 Mar 81 Joyce Smith	GBR	2:29:57	Gillian Drake	NZL	2:38:57	Gillian Adams	GBR	2:40:44
09 May 82 Joyce Smith	GBR	2:29:43	Lorraine Moller	NZL	2:36:15	Judith Hine	NZL	2:41:49
17 Apr 83 Grete Waitz	NOR	2:25:29	Mary O'Connor	NZL	2:28:20	Glynis Penny	GBR	2:36:21
13 May 84 Ingrid Kristiansen	NOR	2:24:26	Priscilla Welch	GBR	2:30:06	Sarah Rowell	GBR	2:31:28
21 Apr 85 Ingrid Kristiansen	NOR	2:21:06	Sarah Rowell	GBR	2:28:06	Sally-Ann Hales	GBR	2:28:38
20 Apr 86 Grete Waitz	NOR	2:24:54	Mary O'Connor	NZL	2:30:52	Ann Ford	GBR	2:31:40
10 May 87 Ingrid Kristiansen	NOR	2:22:48	Priscilla Welch	GBR	2:26:51	Véronique Marot	GBR	2:30:15
17 May 88 Ingrid Kristiansen	NOR	2:25:41	Ann Ford	GBR	2:30:38	Evy Palm	SWE	2:31:35
23 Apr 89 Véronique Marot	GBR	2:25:56	Wanda Panfil	POL	2:27:05	Aurora Cunha	POR	2:28:11
22 Apr 90 Wanda Panfil	POL	2:26:31	Francie Larrieu-Smith	USA	2:28:01	Lisa Weidenbach	USA	2:28:16
21 Apr 91 Rosa Mota	POR	2:26:14	Francie Larrieu-Smith	USA	2:27:35	Valentina Yegorova	EUN	2:28:18
12 Apr 92 Katrin Dörre	GER	2:29:39	Renata Kokowska	POL	2:29:59	Andrea Wallace	GBR	2:31:33
18 Apr 93 Katrin Dörre	GER	2:27:09	Lisa Ondieki	AUS	2:27:27	Liz McColgan	GBR	2:29:37
17 Apr 94 Katrin Dörre	GER	2:32:34	Lisa Ondieki	AUS	2:33:17	Janette Mayal	BRA	2:34:21
02 Apr 95 Małgorzata Sobanska	POL	2:27:43	Manuela Machado	POR	2:27:53	Ritva Lemettinen	FIN	2:28:00
21 Apr 96 Liz McColgan	GBR	2:27:54	Joyce Chepchumba	KEN	2:30:09	Małgorzata Sobanska	POL	2:30:17
13 Apr 97 Joyce Chepchumba	KEN	2:26:51	Liz McColgan	GBR	2:26:52	Lidia Simon	ROU	2:27:11
26 Apr 98 Catherina McKiernan	IRL	2:26:26	Liz McColgan	GBR	2:26:54	Joyce Chepchumba	KEN	2:27:22
18 Apr 99 Joyce Chepchumba	KEN	2:23:22	Adriana Fernandez	MEX	2:24:06	Manuela Machado	POR	2:25:09
16 Apr 00 Tegla Loroupe	KEN	2:24:33	Lidia Simon	ROU	2:24:46	Joyce Chepchumba	KEN	2:24:57
22 Apr 01 Derartu Tulu	ETH	2:23:57	Svetlana Zakharova	RUS	2:24:04	Joyce Chepchumba	KEN	2:24:12
14 Apr 02 Paula Radcliffe	GBR	2:18:56	Svetlana Zakharova	RUS	2:22:31	Lyudmila Petrova	RUS	2:22:33
13 Apr 03 Paula Radcliffe	GBR	2:15:25	Catherine Ndereba	KEN	2:19:55	Deena Drossin	USA	2:21:16
10 Apr 04 Margaret Okayo	KEN	2:22:35	Lyudmila Petrova	RUS	2:26:02	C. Tomescu-Dita	ROU	2:26:52
17 Apr 05 Paula Radcliffe	GBR	2:17:42	Constantina Tomescu-Dita	ROU	2:22:50	Susan Chepkemei	KEN	2:24:00
23 Apr 06 Deena Kastor	USA	2:19:36	Ludmila Petrova	RUS	2:21:29	Susan Chepkemei	KEN	2:21:46
22 Apr 07 Zhou Chunxiu	CHN	2:20:38	Gete Wami	ETH	2:21:45	C. Tomescu-Dita	ROU	2:23:55
13 Apr 08 Irina Mikitenko	GER	2:24:14	Svetlana Zakharova	RUS	2:24:39	Gete Wami	ETH	2:25:37
26 Apr 09 Irina Mikitenko	GER	2:22:11	Mara Yamauchi	GBR	2:23:12	Liliya Shobukhova	RUS	2:24:24
25 Apr 10 Asselefech Mergia	ETH	2:22:38	Bezunesh Bekele	ETH	2:23:17	Askale Tafa	ETH	2:24:39
17 Apr 11 Mary Keitany	KEN	2:19:19	Edna Kiplagat	KEN	2:20:46	Bezunesh Bekele	ETH	2:23:42
22 Apr 12 Mary Keitany	KEN	2:18:37	Edna Kiplagat	KEN	2:19:50	Priscah Jeptoo	KEN	2:20:14
21 Apr 13 Priscah Jeptoo	KEN	2:20:15	Edna Kiplagat	KEN	2:21:32	Yukiko Akaba	JPN	2:24:43
13 Apr 14 Edna Kiplagat	KEN	2:20:21	Florence Kiplagat	KEN	2:20:24	Tirunesh Dibaba	ETH	2:20:35
26 Apr 15 Tigist Tufa	ETH	2:23:22	Mary Keitany	KEN	2:23:40	Tirfe Tsegaye	ETH	2:23:41
24 Apr 16 Jemima Sumgong	KEN	2:22:58	Tigist Tufa	ETH	2:23:03	Florence Kiplagat	KEN	2:23:39
23 Apr 17 Mary Keitany	KEN	2:17:01	Tirunesh Dibaba	ETH	2:17:56	Aselefech Mergia	ETH	2:23:08
22 Apr 18 Vivian Cheruiyot	KEN	2:18:31	Brigid Kosgei	KEN	2:20:13	Tadelech Bekele	ETH	2:21:40
28 Apr 19 Brigid Kosgei	KEN	2:18:20	Vivian Cheruiyot	KEN	2:20:14	Roza Dereje	ETH	2:20:51

\*Doping disqualifications from top three: Men – none; Women – 2010: Liliya Shobukhova RUS (1st, 2:22:00) and Inga Abitova RUS (2nd, 2:22:19);

2011: Liliya Shobukhova RUS (2nd, 2:20:15)

## Course records

Men	2019	Eliud Kipchoge	KEN	2:02:37
Women	2003	Paula Radcliffe	GBR	2:15:25 (mixed race)
Women	2017	Mary Keitany	KEN	2:17:01 (women only)

## MARGINS OF VICTORY

### Men

Year	Winner	Winning margin (min:sec)	Runner-up
1981	Dick Beardsley/Inge Simonsen	1 min 5 secs	Trevor Wright (3rd)
1982	Hugh Jones	2:57*	Oyvind Dahl
1983	Mike Gratton	0:29	Gerry Helme
1984	Charlie Spedding	1:44	Kevin Forster
1985	Steve Jones	0:17	Charlie Spedding
1986	Toshihiko Seko	1:42	Hugh Jones
1987	Hiromi Tanighuchi	0:19	Nechadi El Mostafa
1988	Henrik Jorgensen	0:32	Kevin Forster
1989	Douglas Wakiihuri	0:03	Steve Moneghetti
1990	Allister Hutton	0:30	Salvatore Bettiol
1991	Yakov Tolstikov	1:04	Manuel Matias
1992	Antonio Pinto	0:05	Jan Huruk
1993	Eamonn Martin	0:03	Isidro Rico
1994	Dionicio Cerón	0:24	Abebe Mekonnen
1995	Dionicio Cerón	0:03	Steve Moneghetti
1996	Dionicio Cerón	0:26	Vincent Rousseau
1997	António Pinto	0:02	Stefano Baldini
1998	Abel Antón	0:10	Abdelkader El Mouaziz
1999	Abdelkader El Mouaziz	1:03	António Pinto
2000	António Pinto	0:57	Abdelkader El Mouaziz
2001	Abdelkader El Mouaziz	1:04	Paul Tergat
2002	Khalid Khannouchi	0:10	Paul Tergat
2003	Gezahegne Abera	0:00**	Stefano Baldini
2004	Evans Rutto	0:30	Sammy Korir
2005	Martin Lel	0:23	Jaouad Gharib
2006	Felix Limo	0:02	Martin Lel
2007	Martin Lel	0:03	Abderrahim Goumri
2008	Martin Lel	0:09	Sammy Wanjiru
2009	Sammy Wanjiru	0:10	Tsegaye Kebede
2010	Tsegaye Kebede	1:04	Emmanuel Mutai
2011	Emmanuel Mutai	1:05	Martin Lel
2012	Wilson Kipsang	2:06	Martin Lel
2013	Tsegaye Kebede	0:29	Emmanuel Mutai
2014	Wilson Kipsang	0:26	Stanley Biwott
2015	Eliud Kipchoge	0:05	Wilson Kipsang
2016	Eliud Kipchoge	0:46	Stanley Biwott
2017	Daniel Wanjiru	0:09	Kenenisa Bekele
2018	Eliud Kipchoge	0:32	Tola Shura Kitata
2019	Eliud Kipchoge	0:18	Mosinet Geremew

\* = biggest margin of victory

\*\* = smallest margin of victory

## Women

Year	Winner	Winning margin (min:sec)	Runner-up
1981	Joyce Smith	9:00*	Gillian Drake
1982	Joyce Smith	6:32	Lorraine Moller
1983	Grete Waitz	2:51	Mary O'Connor
1984	Ingrid Kristiansen	5:40	Priscilla Welch
1985	Ingrid Kristiansen	7:00	Sarah Rowell
1986	Grete Waitz	5:58	Mary O'Connor
1987	Ingrid Kristiansen	4:03	Priscilla Welch
1988	Ingrid Kristiansen	4:57	Ann Ford
1989	Veronique Marot	1:09	Wanda Panfil
1990	Wanda Panfil	1:30	Francie Larrieu-Smith
1991	Rosa Mota	1:21	Francie Larrieu-Smith
1992	Katrin Dörre	0:20	Renata Kokowska
1993	Katrin Dörre	0:18	Lisa Ondieki
1994	Katrin Dörre	0:43	Lisa Ondieki
1995	Malgorzata Sobanska	0:10	Manuela Machado
1996	Liz McColgan	2:55	Joyce Chepchumba
1997	Joyce Chepchumba	0:01**	Liz McColgan
1998	Catherina McKiernan	0:28	Liz McColgan
1999	Joyce Chepchumba	0:44	Adriana Fernandez
2000	Tegla Loroupe	0:13	Lidia Simon
2001	Derartu Tulu	0:07	Svetlana Zakharova
2002	Paula Radcliffe	3:35	Svetlana Zakharova
2003	Paula Radcliffe	4:31	Catherine Ndereba
2004	Margaret Okayo	3:27	Lyudmila Petrova
2005	Paula Radcliffe	5:08	Constantina Tomescu-Dita
2006	Deena Kastor	1:53	Lyudmila Petrova
2007	Zhou Chunxiu	1:07	Gete Wami
2008	Irina Mikiitenko	0:25	Svetlana Zakharova
2009	Irina Mikiitenko	1:01	Mara Yamauchi
2010	Aselefech Mergia	0:39	Bezunesh Bekele +
2011	Mary Keitany	1:27	Edna Kiplagat ++
2012	Mary Keitany	1:13	Edna Kiplagat
2013	Priscah Jeptoo	1:17	Edna Kiplagat
2014	Edna Kiplagat	0:03	Florence Kiplagat
2015	Tigist Tufa	0:18	Mary Keitany
2016	Jemima Sumgong	0:05	Tigist Tufa
2017	Mary Keitany	0:55	Tirunesh Dibaba
2018	Vivian Cheruiyot	1:42	Brigid Kosgei
2019	Brigid Kosgei	1:54	Vivian Cheruiyot

\* = biggest margin of victory

\*\* = smallest margin of victory

+ Liliya Shobukhova (RUS) and Inga Abitova (RUS) were initially 1st and 2nd respectively in 2:22:00 and 2:22:19, with Mergia 3rd and Bekele 4th, but the Russians' results were annulled following their suspensions for doping violations.

++ Liliya Shobukhova (RUS) was initially 2nd in 2:20:15 but her result was later annulled when she was suspended.



## RECORDS BROKEN IN LONDON MARATHONS

### Men

#### World records

2:05:38	Khalid Khannouchi	USA	2002
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#### Area & Commonwealth records

European	2:06:36	António Pinto	POR	2000
North American	2:05:38	Khalid Khannouchi	USA	2002
Commonwealth	2:05:48	Paul Tergat	KEN	2002

#### British records:

	2:06:21	Mo Farah	GBR	2018
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Plus:

England	2:08:21	Mo Farah	GBR	2014
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#### Current national records set in London

Denmark	2:09:43	Henrik Jørgensen	1985
Italy	2:07:22	Stefano Baldini	2006
Portugal	2:06:36	António Pinto	2000
Rwanda	2:09:55	Mathias Ntawalikura	2000
Sierra Leone	2:33:38	Idriussa Kargbo	2014
Slovakia	2:09:53	Róbert Stefko	1998
Sri Lanka	2:13:47	Anuradha Cooray	2015
USA	2:05:38	Khalid Khannouchi	2002

#### National records set in London 2000-19

Portugal	2:06:36	António Pinto	2000
Rwanda	2:09:55	Mathias Ntawalikura	2000
USA	2:05:38	Khalid Khannouchi	2002
Ethiopia	2:06:35	Haile Gebrselassie	2002
Italy	2:07:29	Stefano Baldini	2002
Tanzania	2:08:01	Samson Ramadhani	2003
Italy	2:07:22	Stefano Baldini	2006
Lebanon	2:28:29	Daoud Mustapha	2007
Morocco	2:05:30	Abderrahim Goumri	2008
Morocco	2:05:27	Jaouad Gharib	2009
Mongolia	2:11:35	Ser-Od Bat-Ochir	2011
Sierra Leone	2:33:38	Idriussa Kargbo	2014
Sri Lanka	2:13:47	Anuradha Cooray	2015
Great Britain & NI	2:06:21	Mo Farah	2018
Ethiopia	2:02:55	Mosinet Geremew	2019
Belgium	2:07:03	Bashir Abdi	2019
Scotland	2:08:14	Callum Hawkins	2019
Paraguay	2:13:34	Derlis Ayala	2019



## Women

### World records

2:25:29	Grete Waitz	NOR	1983
2:21:06	Ingrid Kristiansen	NOR	1985
2:18:56	Paula Radcliffe	GBR	2002 (women only)
2:15:25	Paula Radcliffe	GBR	2003
2:17:42	Paula Radcliffe	GBR	2005 (women only)
2:17:01	Mary Keitany	KEN	2017 (women only)

### Area & Commonwealth records

European	2:25:29	Grete Waitz	NOR	1983
European	2:24:26	Ingrid Kristiansen	NOR	1984
European	2:21:06	Ingrid Kristiansen	NOR	1985
Central American	2:24:06	Adriana Fernández	MEX	1999
European	2:15:25	Paula Radcliffe	GBR	2003
Commonwealth	2:15:25	Paula Radcliffe	GBR	2003
North American	2:21:16	Deena Drossin	USA	2003
North American	2:19:36	Deena Kastor (Drossin)	USA	2006
African	2:18:37	Mary Keitany	KEN	2012
African	2:17:01	Mary Keitany	KEN	2017

### British records

2:29:57	Joyce Smith	1981
2:29:43	Joyce Smith	1982
2:28:06	Sarah Rowell	1985
2:26:51	Priscilla Welch	1987
2:25:56	Véronique Marot	1989
2:18:56	Paula Radcliffe	2002
2:15:25	Paula Radcliffe	2003

### Current national records set in London

Burundi	2:27:50	Diane Nukuri	2015
Ethiopia	2:17:56	Tirunesh Dibaba	2017
Finland	2:28:00	Ritva Lemettinen	1995
Great Britain & NI	2:15:25	Paula Radcliffe	2003
Gibraltar	3:05:29	Emma Montiel	2016
Kenya	2:17:01	Mary Keitany	2017
Montenegro	2:39:07	Sladana Perunovic	2012
Namibia	2:26:09	Helalia Johannes	2012
New Zealand	2:25:21	Kim Smith	2010
Norway	2:21:06	Ingrid Kristiansen	1985
Puerto Rico	2:44:58	Yolanda Mercado	2007
Sierra Leone	2:46:20	Mamie Konneh-Lahun	2014
Tunisia	2:40:13	Amira Benamor	2012
USA	2:19:36	Deena Kastor	2006

**National records set in London 2000-19**

Great Britain & NI	2:15:25	Paula Radcliffe	2003
USA	2:21:16	Deena Drossin	2003
Romania	2:22:50	Constantina Dita/Tomescu	2005
Ethiopia	2:21:52	Berhane Adere	2006
USA	2:19:36	Deena Kastor (Drossin)	2006
Puerto Rico	2:44:58	Yolanda Mercado	2007
New Zealand	2:25:21	Kim Smith	2010
Kenya	2:18:37	Mary Keitany	2012
Namibia	2:26:09	Helalia Johannes	2012
Colombia	2:33:33	Erica Abril	2012
Montenegro	2:39:07	Sladana Perunovic	2012
Tunisia	2:40:13	Amira Benamor	2012
Sierra Leone	2:46:20	Mamie Konneh-Lahun	2014
Burundi	2:27:50	Diane Nukuri	2015
Gibraltar	3:05:29	Emma Montiel	2016
Kenya	2:17:01	Mary Keitany	2017
Ethiopia	2:17:56	Tirunesh Dibaba	2017
Moldova	2:27:26	Lilia Fiskovici	2019

Note: Liliya Shobukhova ran a Russian record of 2:20:15 in 2011 but that result has been annulled following her suspension for a doping violation.

## TOP 20 PERFORMANCES IN LONDON

## Men

Time	Name	Country	Position	Year
2:02:37	Eliud Kipchoge	KEN	1	2019
2:02:55	Mosinet Geremew	ETH	2	2019
2:03:05	Kipchoge		1	2016
2:03:16	Mule Wasihun	ETH	3	2019
2:03:51	Stanley Biwott	KEN	2	2016
2:04:17	Kipchoge		1	2018
2:04:29	Wilson Kipsang	KEN	1	2014
2:04:40	Emmanuel Mutai	KEN	1	2011
2:04:42	Kipchoge		1	2015
2:04:44	Kipsang		1	2012
2:04:47	Kipsang		2	2015
2:04:49	Tola Shura Kitata	ETH	2	2018
2:04:55	Biwott		2	2014
2:05:01	Kitata		4	2019
2:05:10	Sammy Wanjiru	KEN	1	2009
2:05:15	Martin Lel	KEN	1	2008
2:05:19	Tsegaye Kebede	ETH	1	2010
2:05:20	Kebede		2	2009
2:05:24	Wanjiru		2	2008
2:05:27	Jaouad Gharib	MAR	3	2009

## Women

Time	Name	Country	Position	Year
2:15:25	Paula Radcliffe	GBR	1	2003
2:17:01	Mary Keitany	KEN	1	2017
2:17:42	Radcliffe		1	2005
2:17:56	Tirunesh Dibaba	ETH	2	2017
2:18:20	Brigid Kosgei	KEN	1	2019
2:18:31	Vivian Cheruiyot	KEN	1	2018
2:18:37	Keitany		1	2012
2:18:56	Radcliffe		1	2002
2:19:19	Keitany		1	2011
2:19:36	Deena Kastor	USA	1	2006
2:19:50	Edna Kiplagat	KEN	2	2012
2:19:55	Catherine Ndereba	KEN	2	2003
2:20:13	Brigid Kosgei	KEN	2	2018
2:20:14	Priscah Jeptoo	KEN	3	2012
2:20:14	Cheruiyot		2	2019
2:20:15	Jeptoo		1	2013
2:20:21	E Kiplagat		1	2014
2:20:24	Florence Kiplagat	KEN	2	2014
2:20:35	Dibaba		3	2014
2:20:38	Zhou Chunxiu	CHN	1	2007

Note, the following results have been annulled following the athlete's suspensions for doping violations:

2:20:15	Liliya Shobukhova	RUS	(2)	2011
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## TOP 20 BRITONS IN LONDON

### Men

Time	Name	Position	Year
2:05:39	Mo Farah	5	2019
2:08:14	Callum Hawkins	10	2019
2:08:16	Steve Jones	1	1985
2:08:33	Charlie Spedding	2	1985
2:08:36	Richard Nerurkar	5	1997
2:09:16	Allister Hutton	3	1985
2:09:17	Mark Steinle	8	2002
2:09:18	Paul Evans	8	1997
2:09:24	Hugh Jones	1	1982
2:09:31	Jon Brown	6	2005
2:09:43	Mike Gratton	1	1983
2:09:54	Tony Milovsorov	6	1989
2:10:12	Gerry Helme	2	1983
2:10:30	Dave Long	4	1991
2:10:50	Eamonn Martin	1	1993
2:10:52	Kevin Forster	2	1988
2:11:05	Mike O'Reilly	5	1990
2:11:19	Chris Thompson	11	2014
2:11:44	Jim Dingwall	5	1983
2:11:45	Steve Brace	7	1991

### Women

Time	Name	Position	Year
2:15:25	Paula Radcliffe	1	2003
2:17:42	Radcliffe	1	2005
2:23:12	Mara Yamauchi	2	2009
2:25:38	Charlotte Purdue	10	2019
2:25:56	Veronique Marot	1	1989
2:26:51	Priscilla Welch	2	1987
2:26:52	Liz McColgan	2	1997
2:27:44	Claire Hallissey	11	2012
2:28:06	Sarah Rowell	2	1985
2:28:10	Freya Murray	13	2012
2:28:24	Jo Pavey	18	2011
2:28:33	Liz Yelling	9	2008
2:28:38	Sally-Ann Hales	3	1985
2:29:06	Alyson Dixon	14	2017
2:29:18	Hayley Haining	12	2008
2:29:24	Lily Partridge	8	2018
2:29:43	Joyce Smith	1	1982
2:30:00	Louise Damen	22	2011
2:30:38	Ann Ford	2	1988
2:30:42	Tracy Barlow	16	2017
2:30:46	Susan Partridge	9	2013

## TOP 20 OVERSEAS ATHLETES IN LONDON

## Men

Time	Name	Country	Position	Year
2:02:37	Eliud Kipchoge	KEN	1	2019
2:02:55	Mosinet Geremew	ETH	2	2019
2:03:16	Mule Wasihun	ETH	3	2019
2:03:51	Stanley Biwott	KEN	2	2016
2:04:29	Wilson Kipsang	KEN	1	2014
2:04:40	Emmanuel Mutai	KEN	1	2011
2:04:49	Tola Shura Kitata	ETH	2	2018
2:05:10	Sammy Wanjiru	KEN	1	2009
2:05:15	Martin Lel	KEN	1	2008
2:05:19	Tsegaye Kebede	ETH	1	2010
2:05:27	Jaouad Gharib	MAR	3	2009
2:05:30	Abderrahim Goumri	MAR	3	2008
2:05:38	Khalid Khannouchi	USA	1	2002
2:05:45	Patrick Makau	KEN	3	2011
2:05:48	Paul Tergat	KEN	2	2002
2:05:48	Daniel Wanjiru	KEN	1	2017
2:05:50	Dennis Kimetto	KEN	3	2015
2:05:57	Kenenisa Bekele	ETH	2	2017
2:06:17	Ryan Hall	USA	5	2008
2:06:18	Evans Rutto	KEN	1	2004

## Women

Time	Name	Country	Position	Year
2:17:01	Mary Keitany	KEN	1	2017
2:17:56	Tirunesh Dibaba	ETH	2	2017
2:18:20	Brigid Kosgei	KEN	1	2019
2:18:31	Vivian Cheruiyot	KEN	1	2018
2:19:36	Deena Kastor	USA	1	2006
2:19:50	Edna Kiplagat	KEN	2	2012
2:19:55	Catherine Ndereba	KEN	2	2003
2:20:14	Priscah Jeptoo	KEN	3	2012
2:20:24	Florence Kiplagat	KEN	2	2014
2:20:35	Tirunesh Dibaba	ETH	3	2014
2:20:38	Zhou Chunxiu	CHN	1	2007
2:20:51	Roza Dereje	ETH	3	2019
2:20:52	Gladys Cherono	KEN	4	2019
2:21:06	Ingrid Kristiansen	NOR	1	1985
2:21:29	Lyudmila Petrova	RUS	2	2006
2:21:40	Tadelech Bekele	ETH	3	2018
2:21:42	Feysa Tadesse	ETH	4	2014
2:21:45	Gete Wami	ETH	2	2007
2:21:46	Susan Chepkemei	KEN	3	2006
2:21:52	Berhane Adere	ETH	4	2006

Note: the following results have been annulled following the athlete's suspensions for doping violations:

2:20:15	Liliya Shobukhova	RUS	(2)	2011
2:22:00	Liliya Shobukhova	RUS	(1)	2010

## WORLD MARATHON STATISTICS

### WORLD & AREA RECORDS

#### Men

World	2:01:39	Eliud Kipchoge	KEN	Berlin	16 Sep 2018
Commonwealth	2:01:39	Eliud Kipchoge	KEN	Berlin	16 Sep 2018
African	2:01:39	Eliud Kipchoge	KEN	Berlin	16 Sep 2018
Asian	2:04:43	El Hassan El Abbassi	BRN	Valencia	2 Dec 2018
European	2:04:16	Kaan Kigen Ozbilen	TUR	Valencia	1 Dec 19
North American	2:05:38	Khalid Khannouchi	USA	London	14 Apr 2002
South American	2:06:05	Ronaldo da Costa	BRA	Berlin	20 Sep 1998
Oceanian	2:08:16	Steve Moneghetti	AUS	Berlin	21 Apr 1986
Central American	2:08:30	Dionicio Cerón	MEX	London	2 Apr 1995
World Junior (U20)	2:04:32	Tsegaye Mekonnen	ETH	Dubai	24 Jan 2014
Veterans 35+	2:01:41	Kenenisa Bekele	ETH	Berlin	29 Sep 2019
Veterans 40+	2:07:50	Mark Kiptoo	KEN	Frankfurt	28 Oct 2018

Note: the following times were run on Boston's point-to-point downhill course, which is not recognised for records:

#### Men

North American	2:04:58	Ryan Hall	USA	Boston	18 Apr 2011
Central American	2:07:19	Andrés Espinosa	MEX	Boston	18 Apr 1994
Oceanian	2:07:51	Rob de Castella	AUS	Boston	21 Apr 1986

#### Women

World	2:14:04	Brigid Kosgei	KEN	Chicago	13 Oct 2019
World (women only)	2:17:01	Mary Keitany	KEN	London	23 Apr 2017
Commonwealth	2:14:04	Brigid Kosgei	KEN	Chicago	13 Oct 2019
African	2:14:04	Brigid Kosgei	KEN	Chicago	13 Oct 2019
European	2:15:25	Paula Radcliffe	GBR	London	13 Apr 2003
Asian	2:19:12	Mizuki Noguchi	JPN	Berlin	25 Sep 2005
North American	2:19:36	Deena Kastor	USA	London	23 Apr 2006
Oceanian	2:22:36	Benita Johnson	AUS	Chicago	22 Oct 2006
Central American	2:22:59	Madai Pérez	MEX	Chicago	22 Oct 2006
South American	2:26:48	Inés Melchor	PER	Berlin	28 Sep 2014
World Junior (U20)	2:20:59	Shure Demise	ETH	Dubai	23 Jan 2015
Veterans 35+	2:17:01	Mary Keitany	KEN	London	23 Apr 2017
Veterans 40+	2:22:11	Lydia Cheromei	KEN	Valencia	2 Dec 2018

## WORLD ALL-TIME TOP 25

## Men

Time	Name	Country	Place	City	Date
2:01:39*	Eliud Kipchoge	KEN	1	Berlin	16 Sep 18
2:01:41	Kenenisa Bekele	ETH	1	Berlin	29 Sep 19
2:02:37	Kipchoge		1	London	28 Apr 19
2:02:48	Birhanu Legese	ETH	2	Berlin	29 Sep 19
2:02:55	Mosinet Geremew	ETH	2	London	28 Apr 19
2:02:57*	Dennis Kimetto	KEN	1	Berlin	28 Sep 14
2:03:03	Bekele		1	Berlin	25 Sep 16
2:03:05	Kipchoge		1	London	24 Apr 16
2:03:13	Emmanuel Mutai	KEN	2	Berlin	28 Sep 14
2:03:13	Wilson Kipsang	KEN	2	Berlin	25 Sep 16
2:03:16	Mule Wasihun	ETH	3	London	28 Apr 19
2:03:23*	Kipsang		1	Berlin	29 Sep 13
2:03:32	Kipchoge		1	Berlin	24 Sep 17
2:03:34	Getaneh Molla Tamire	ETH	1	Dubai	25 Jan 19
2:03:36	Sisay Lemma (10)	ETH	3	Berlin	29 Sep 19
2:03:38*	Patrick Makau	KEN	1	Berlin	25 Sep 11
2:03:40	Herpasa Negasa	ETH	2	Dubai	25 Jan 19
2:03:42	Kipsang		1	Frankfurt	30 Oct 11
2:03:45	Kimetto		1	Chicago	13 Oct 13
2:03:46	Guye Adola	ETH	2	Berlin	24 Sep 17
(20 performances by 13 men)					
2:03:51	Stanley Biwott	KEN	2	London	24 Apr 16
2:03:51	Kinde Atanaw	ETH	1	Valencia	1 Dec 19
2:03:52	E Mutai		2	Chicago	13 Oct 13
2:03:58	Kipsang		2	Tokyo	26 Feb 17
2:03:59*	Haile Gebrselassie	ETH	1	Berlin	28 Sep 08
2:04:00	Kipchoge		1	Berlin	27 Sep 15
2:04:00	Geremew		1	Dubai	26 Jan 18
2:04:02	Leul Gebresilase	ETH	2	Dubai	26 Jan 18
2:04:06	Tamirat Tola	ETH	3	Dubai	26 Jan 18
2:04:06	Asefa Mengistu	ETH	4	Dubai	26 Jan 18
2:04:06	Lawrence Cherono (20)	KEN	1	Amsterdam	21 Oct 18
2:04:11	Marius Kipserem	KEN	1	Rotterdam	7 Apr 19
2:04:15	Geoffrey Mutai	KEN	1	Berlin	30 Sep 12
2:04:16	Kaan Kigen Ozbilen	TUR	2	Valencia	1 Dec 19
2:04:23	Ayele Abshero	ETH	1	Dubai	27 Jan 12
2:04:24	Tesfaye Abera	ETH	1	Dubai	22 Jan 16

\*World record

Recorded on point-to-point and downhill course:

2:03:02	Geoffrey Mutai	KEN	1	Boston	18 Apr 11
2:03:06	Moses Mosop	KEN	2	Boston	18 Apr 11

Probably short course – misdirected:

2:04:04	Marius Kipserem	KEN	1	Abu Dhabi	7 Dec 18
2:04:16	Abraham Kiptum	KEN	2	Abu Dhabi	7 Dec 18



**Women**

<b>Time</b>	<b>Name</b>	<b>Country</b>	<b>Place</b>	<b>City</b>	<b>Date</b>
2:14:04*	Brigid Kosgei	KEN	1	Chicago	13 Oct 19
2:15:25*	Paula Radcliffe	GBR	1	London	13 Apr 03
2:17:01	Mary Keitany	KEN	1	London	23 Apr 17
2:17:08	Ruth Chepngetich	KEN	1	Dubai	25 Jan 19
2:17:18*	Radcliffe		1	Chicago	13 Oct 02
2:17:41	Worknesh Degefa	ETH	2	Dubai	25 Jan 19
2:17:42	Radcliffe		1	London	17 Apr 05
2:17:56	Tirunesh Dibaba	ETH	2	London	23 Apr 17
2:18:11	Gladys Cherono	KEN	1	Berlin	16 Sep 18
2:18:20	Kosgei		1	London	28 Apr 19
2:18:30	Roza Dereje	ETH	1	Valencia	1 Dec 19
2:18:31	T Dibaba		1	Chicago	8 Oct 17
2:18:31	Vivian Cheruiyot	KEN	1	London	22 Apr 18
2:18:33	Azmera Abreha (10)	ETH	2	Valencia	1 Dec 19
2:18:34	Ruti Aga	ETH	2	Berlin	16 Sep 18
2:18:35	Kosgei		1	Chicago	7 Oct 18
2:18:37	Keitany		1	London	22 Apr 12
2:18:46	Birhane Dibaba	ETH	3	Valencia	1 Dec 19
2:18:47*	Catherine Ndereba	KEN	1	Chicago	7 Oct 01
2:18:52	Cheruiyot		4	Valencia	1 Dec 19
(20 performances by 13 women)					
2:18:55	T Dibaba		3	Berlin	16 Sep 18
2:18:56	Radcliffe		1	London	14 Apr 02
2:18:58	Tiki Gelana	ETH	1	Rotterdam	15 Apr 12
2:19:10	Valary Jemeli Aiyabei	KEN	1	Frankfurt	27 Oct 19
2:19:12	Mizuki Noguchi	JPN	1	Berlin	25 Sep 05
2:19:17	Dereje		1	Dubai	26 Jan 18
2:19:19	Irina Mikitenko	GER	1	Berlin	28 Sep 08
2:19:19	Keitany		1	London	17 Apr 11
2:19:25	Cherono		1	Berlin	27 Sep 15
2:19:26	Degitu Azimeraw	ETH	1	Amsterdam	20 Oct 19
2:19:28	Zeineba Yimer	ETH	5	Valencia	1 Dec 19
2:19:30	Feyse Tadesse (20)	ETH	2	Dubai	26 Jan 18
2:19:31	Aselefech Mergia	ETH	1	Dubai	27 Jan 12
2:19:34	Lucy Wangui Kabuu	KEN	2	Dubai	27 Jan 12
2:19:36	Deena Kastor	USA	3	London	23 Apr 06
2:19:46	Yebrael Melese	ETH	3	Dubai	26 Jan 18
2:19:39	Sun Yingjie ¶	CHN	1	Beijing	19 Oct 03

\*World record; ¶ Drugs disqualification earlier or later in career

On point-to-point and downhill course (drop of 139m overall)

2:18:57	Rita Jeptoo ¶	KEN	1	Boston	21 Apr 14
2:19:59	Buzunesh Deba	ETH	2	Boston	21 Apr 14

Drugs disqualification

2:18:20	Liliya Shobukhova ¶	RUS	(1)	Chicago	9 Oct 11
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## WORLD RECORD PROGRESSION

## Men

Time	Name	Country	Race	Date
2:55:19	Johnny Hayes	USA	London (OG)	24 Jul 08
2:52:46	Robert Fowler	USA	Yonkers	1 Jan 09
2:46:53	James Clark	USA	New York	12 Feb 09
2:46:05	Albert Raines	USA	New York	8 May 09
2:42:31	Fred Barrett	GBR	London	26 May 09
2:40:35	Thure Johansson	SWE	Stockholm	31 Aug 09
2:38:17	Harry Green	GBR	London	12 May 13
2:36:07	Alexis Ahlgren	SWE	London	31 May 13
2:32:36*	Hannes Kolehmainen	FIN	Antwerp (OG)	22 Aug 20
2:29:02	Albert Michelsen	USA	Port Chester	12 Oct 25
2:27:49	Fusashige Suzuki	JPN	Tokyo	31 Mar 35
2:26:44	Yasuo Ikenaka	JPN	Tokyo	3 Apr 35
2:26:42	Kitei Son**	JPN	Tokyo	3 Nov 35
2:25:39	Yun Bok Suh	KOR	Boston	19 Apr 47
2:20:43	Jim Peters	GBR	Chiswick	14 Jun 52
2:18:41	Peters		Chiswick	13 Jun 53
2:18:35	Peters		Turku	4 Oct 53
2:17:40	Peters		Chiswick	26 Jun 54
2:15:17	Sergey Popov	URS	Stockholm	24 Aug 58
2:15:17	Abebe Bikila	ETH	Rome (OG)	10 Sep 60
2:15:16	Toru Terasawa	JPN	Beppu	17 Feb 63
2:14:28	Buddy Edelen	USA	Chiswick	15 Jun 63
2:13:55	Basil Heatley	GBR	Chiswick	13 Jun 64
2:12:12	Bikila		Tokyo (OG)	21 Oct 64
2:12:00	Morio Shigematsu	JPN	Chiswick	12 Jun 65
2:09:37	Derek Clayton	AUS	Fukuoka	3 Dec 67
2:08:34	Clayton		Antwerp	30 May 69
2:08:18	Rob de Castella	AUS	Fukuoka	6 Dec 81
2:08:05	Steve Jones	GBR	Chicago	21 Oct 84
2:07:12	Carlos Lopes	POR	Rotterdam	20 Apr 85
2:06:50	Belayneh Dinsamo	ETH	Rotterdam	17 Apr 88
2:06:05	Ronaldo da Costa	BRA	Berlin	20 Sep 98
2:05:42	Khalid Khannouchi	MAR	Chicago	24 Oct 99
2:05:38	Khannouchi	USA	London	14 Apr 02
2:04:55	Paul Tergat	KEN	Berlin	28 Sep 03
2:04:26	Haile Gebrselassie	ETH	Berlin	30 Sep 07
2:03:59	Gebrselassie		Berlin	28 Sep 08
2:03:38	Patrick Makau	KEN	Berlin	25 Sep 11
2:03:23	Wilson Kipsang	KEN	Berlin	29 Sep 13
2:02:57	Dennis Kimetto	KEN	Berlin	28 Sep 14
2:01:39	Eliud Kipchoge	KEN	Berlin	16 Sep 18

\*42.75km

\*\*Sohn Kee Chung (KOR)

Note: ineligible for world record because of the point-to-point downhill nature of the Boston course:

2:03:02	Geoffrey Mutai	KEN	Boston	18 Apr 11
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**Women**

<b>Time</b>	<b>Name</b>	<b>Country</b>	<b>Race</b>	<b>Date</b>
3:37:07	Merry Lepper	USA	Culver City	16 Dec 63
3:27:25	Dale Greig	GBR	Ryde	23 May 64
3:19:33	Mildred Sampson	NZL	Auckland	21 Jul 64
3:15:22	Maureen Wilton	CAN	Toronto	6 May 67
3:07:27	Anni Pede-Erdkamp	GER	Waldniel	16 Sep 67
3:02:53	Caroline Walker	USA	Seaside	28 Feb 70
3:01:42	Beth Bonner	USA	Philadelphia	9 May 71
2:55:22	Bonner		New York	19 Sep 71
2:49:40	Cheryl Bridges	USA	Culver City	5 Dec 71
2:46:36	Miki Gorman	USA	Culver City	2 Dec 73
2:46:24	Chantal Langlace	FRA	Neuf Brisach	27 Oct 74
2:43:55	Jacqueline Hansen	USA	Culver City	1 Dec 74
2:42:24	Lianne Winter	GER	Boston	21 Apr 75
2:40:16	Christa Vahlensieck	GER	Dulmen	3 May 75
2:38:19	Hansen		Eugene	12 Oct 75
2:35:16	Langlace		Oyazun	1 May 77
2:34:48	Vahlensieck		West Berlin	10 Sep 77
2:32:30	Grete Waitz	NOR	New York	22 Oct 78
2:27:33	Waitz		New York	21 Oct 79
2:25:42	Waitz		New York	26 Oct 80
2:25:29	Waitz		London	17 Apr 83
2:22:43	Joan Benoit	USA	Boston	18 Apr 83
2:21:06	Ingrid Kristiansen	NOR	London	21 Apr 85
2:20:47	Tegla Loroupe	KEN	Rotterdam	19 Apr 98
2:20:43	Loroupe		Berlin	26 Sep 99
2:19:46	Naoko Takahashi	JPN	Berlin	30 Sep 01
2:18:47	Catherine Ndereba	KEN	Chicago	7 Oct 01
2:17:18	Paula Radcliffe	GBR	Chicago	13 Oct 02
2:15:25	Radcliffe		London	13 Apr 03
2:14:04	Brigid Kosgei	KEN	Chicago	13 Oct 19

## Women-only world bests since 1984 (approved courses only)

2:24:52	Joan Benoit	USA	Los Angeles (Oly)	8 Aug 84
2:23:51	Lisa Ondieki	AUS	Osaka	31 Jan 88
2:23:24	Lidia Simon	ROU	Osaka	31 Jan 99
2:23:22	Joyce Chepchumba	KEN	London	18 Apr 99
2:22:12	Eri Yamaguchi	JPN	Tokyo	21 Nov 99
2:18:56	Paula Radcliffe	GBR	London	14 Apr 02
2:17:42	Radcliffe		London	17 Apr 05
2:17:01	Mary Keitany	KEN	London	23 Apr 17

## WORLD TOP 20 IN 2019

### Men

Time	Name	Country	Place	City	Date
2:01:41	Kenenisa Bekele	ETH	1	Berlin	29 Sep
2:02:37	Eliud Kipchoge	KEN	1	London	28 Apr
2:02:48	Berhanu Legesse	ETH	2	Berlin	29 Sep
2:02:55	Mosinet Geremew	ETH	2	London	28 Apr
2:03:16	Mule Wasihun	ETH	3	London	28 Apr
2:03:34	Getaneh Tamire Molla	ETH	1	Dubai	25 Jan
2:03:36	Sisay Lemma	ETH	3	Berlin	29 Sep
2:03:40	Herpana Negassa	ETH	2	Dubai	25 Jan
2:03:51	Kinde Atanaw	ETH	1	Valencia	1 Dec
2:04:11	Marius Kipserem (10)	KEN	1	Rotterdam	7 Apr
2:04:16	Kaan Kigen Ozbilen	TUR	2	Valencia	1 Dec
2:04:24	Asefa Mengistu	ETH	3	Dubai	25 Jan
2:04:40	Reuben Kipyego	KEN	1	Abu Dhabi	6 Dec
2:04:42	Guye Adola	ETH	3	Valencia	1 Dec
2:04:46	Titus Ekiru	KEN	1	Milano	7 Apr
2:04:51	Abebe Degefa	ETH	4	Valencia	1 Dec
2:05:00	Evans Kiplagat Chebet	KEN	1	Buenos Aires	22 Sep
2:05:00	Philemon Rono	KEN	1	Toronto	20 Oct
2:05:01	Tola Shura Kitata	ETH	4	London	28 Apr
2:05:02	Emmanuel Saina	KEN	4	Dubai	25 Jan

### Women

Time	Name	Country	Place	City	Date
2:14:04	Brigid Kosgei	KEN	1	Chicago	13 Oct
2:17:08	Ruth Chepngetich	KEN	1	Dubai	25 Jan
2:17:41	Worknesh Degefa	ETH	2	Dubai	25 Jan
2:18:30	Roza Dereje	ETH	1	Valencia	1 Dec
2:18:33	Azmera Abreha	ETH	2	Valencia	1 Dec
2:18:46	Birhane Dibaba	ETH	3	Valencia	1 Dec
2:18:52	Vivian Cheruiyot	KEN	4	Valencia	1 Dec
2:19:10	Valary Aiyabei	KEN	1	Frankfurt	27 Oct
2:19:26	Degitu Azimeraw	ETH	1	Amsterdam	20 Oct
2:19:28	Zeineba Yimer (10)	ETH	5	Valencia	1 Dec
2:19:46	Lonah Chemtai Salpeter	ISR	1	Praha	5 May
2:19:52	Tigist Girma	ETH	2	Amsterdam	20 Oct
2:20:14	Ashete Bekere	ETH	1	Berlin	29 Sep
2:20:21	Mare Dibaba	ETH	2	Berlin	29 Sep
2:20:24	Workenesh Edesa	ETH	6	Valencia	1 Dec
2:20:39	Purity Rionoripo	KEN	7	Valencia	1 Dec
2:20:40	Ruti Aga	ETH	1	Tokyo	3 Mar
2:20:48	Azmera Gebru	ETH	3	Amsterdam	20 Oct
2:20:51	Yeshaneh Ababel	ETH	2	Chicago	13 Oct
2:20:52	Gladys Cherono	KEN	4	London	28 Apr

## WORLD TOP 20 IN 2020

## Men

Time	Name	Country	Place	City	Date
2:03:34	Getaneh Tamire Molla	ETH	1	Dubai	25 Jan
2:03:40	Herpasa Negasa	ETH	2	Dubai	25 Jan
2:04:24	Asefa Mengistu	ETH	3	Dubai	25 Jan
2:04:48	Berhanu Legesse	ETH	1	Tokyo	3 Mar
2:05:02	Emmanuel Saina	KEN	4	Dubai	25 Jan
2:05:18	Shiferu Tamru	ETH	5	Dubai	25 Jan
2:06:00	Thomas Kiplagat Rono	KEN	1	Seoul	17 Mar
2:06:04	Alemu Bekele	ETH	1	Barcelona	10 Mar
2:06:09	Kelkile Gezahegn	ETH	6	Dubai	25 Jan
2:06:12	Elisha Kipchirchir	KEN	2	Seoul	17 Mar
2:06:22	Mike Boit	KEN	3	Seoul	17 Mar
2:06:27	Fikre Bekele	ETH	4	Seoul	17 Mar
2:06:32	Adujna Bekele	BRN	7	Dubai	25 Jan
2:06:36	Ayana Tsedat	ETH	1	Seville	17 Feb
2:06:39	Belay Asefa	ETH	2	Seville	17 Feb
2:06:41	Birhanu Bekele	ETH	3	Seville	17 Feb
2:06:46	Tsegay Abeye	ERI	4	Seville	17 Feb
2:06:48	Bedan Karoki	KEN	2	Tokyo	3 Mar
2:06:49	Daniel Kibet	KEN	5	Seville	17 Feb
2:06:49	Abebe Degefa	ETH	2	Barcelona	10 Mar

## Women

Time	Name	Country	Place	City	Date
2:17:08	Ruth Chepngetich	KEN	1	Dubai	25 Jan
2:17:41	Worknesh Degefa	ETH	2	Dubai	25 Jan
2:20:40	Ruti Aga	ETH	1	Tokyo	3 Mar
2:21:01	Helen Tola	ETH	2	Tokyo	3 Mar
2:21:05	Workenesh Edesa	ETH	3	Dubai	25 Jan
2:21:05	Shure Demise	ETH	3	Tokyo	3 Mar
2:21:50	Florence Kiplagat	KEN	4	Tokyo	3 Mar
2:22:25	Helaria Johanes	NAM	1	Nagoya	10 Mar
2:22:45	Waganesh Melasha	ETH	4	Dubai	25 Jan
2:22:58	Visiline Jepkesho	KEN	2	Nagoya	10 Mar
2:23:01	Valary Jemeli	KEN	3	Nagoya	10 Mar
2:23:28	Biruktayit Degefa	ETH	1	Houston	20 Jan
2:23:33	Meseret Defar	ETH	4	Nagoya	10 Mar
2:23:43	Bedatu Hirpa	ETH	5	Tokyo	3 Mar
2:23:44	Desi Jisa Mokoniin	BRN	1	Seoul	17 Mar
2:23:52	Reina Iwade	JPN	5	Nagoya	10 Mar
2:23:59	Monica Jepkoech	KEN	6	Nagoya	10 Mar
2:24:00	Sara Dossena	ITA	7	Nagoya	10 Mar
2:24:02	Ababel Yeshaneh	ETH	6	Tokyo	3 Mar
2:24:05	Hirut Tibebe	ETH	2	Seoul	17 Mar

## RECORD PACE GUIDE

### 5km split times

#### Men

	<b>World record</b> <b>ELIUD KIPCHOGE</b> <b>2:01:39 Berlin 18</b>	<b>Course record</b> <b>ELIUD KIPCHOGE</b> <b>2:02:37 London 19</b>	<b>European record</b> <b>KAAN KIGEN OZBILEN</b> <b>2:04:16 Valencia 19</b>	<b>British record</b> <b>MO FARAH</b> <b>2:05:11 Chicago 18</b>
<b>Km</b>				
5	14:24	14:23	14:40	14:54
10	29:01	29:01	29:18	30:11
15	43:38	43:42	43:58	45:06
20	57:56	58:25	-	59:53
half	1:01:06	1:01:37	1:01:58	1:03:06
25	1:12:24	1:12:38	1:13:34	1:15:20
30	1:26:45	1:27:04	1:28:19	1:29:46
35	1:41:02	1:41:55	1:43:12	1:44:17
40	1:55:29	1:56:20	1:57:44	1:58:46
finish	2:01:39	2:02:37	2:04:16	2:05:11

#### Kipchoge's 5km WR splits:

5km—	14:24
10km	14:27
15km	14:37
20km	14:18
25km	14:28
30km	14:21
35km	14:17
40km	14:27
42.195km	6:10

#### Kipchoge's 5km sub-2 splits:

14:10
28:20 (14:10)
42:34 (14:14)
56:47 (14:13)
1:10:59 (14:12)
1:25:11 (14:12)
1:39:23 (14:12)
1:53:36 (14:13)
1:59:40 (6:04)

#### Women

	<b>World (mixed) record</b> <b>BRIGID KOSGEI</b> <b>2:14:04 Chicago 19</b>	<b>World (women only) &amp; course record</b> <b>MARY KEITANY</b> <b>2:17:01 London 17</b>	<b>European &amp; British record</b> <b>PAULA RADCLIFFE</b> <b>2:15:25 London 03</b>
<b>Km</b>			
5	15:28	15:31	15:48
10	31:28	31:17	32:01
15	47:26	47:15	48:15
20	1:03:27	1:03:26	1:04:38
half	1:06:59	1:06:54	1:08:02
25	1:19:33	1:19:43	1:20:36
30	1:35:18	1:36:05	1:36:36
35	1:51:14	1:52:39	1:52:33
40	2:07:11	2:09:38	2:08:29
finish	2:14:04	2:17:01	2:15:25

## Mile &amp; kilometre split times

## Men's world record

**ELIUD KIPCHOGE****2:01:39 Berlin 18**

(km splits; miles not taken)

## Men's course record

**ELIUD KIPCHOGE****2:02:37 London 19**

(mile splits)

## Women only WR &amp; course record

**MARY KEITANY****2:17:01 London 17**

(her actual mile splits)

Km	Time	Km split	Mile	Time	Time
1	2:45	2:45	1	4:37	5:15
2	5:42	2:57	2	9:20	10:14
3	8:36	2:54	3	13:50	14:57
4	11:30	2:54	4	18:30	19:53
5	14:24	2:54	5	23:12	24:57
6	17:20	2:56	6	27:58	30:08
7	20:15	2:55	7	32:43	35:17
8	23:10	2:55	8	37:25	40:22
9	26:05	2:55	9	42:10	45:31
10	29:01	2:56	10	46:52	50:45
11	31:56	2:55	11	51:35	55:51
12	34:52	2:56	12	56:20	1:01:07
13	37:48	2:56	13	1:01:05	1:06:18
14	40:44	2:56	13.1	1:01:37	1:06:54
15	43:38	2:54	14	1:05:37	1:11:35
16	46:30	2:52	15	1:10:11	1:16:49
17	49:21	2:51	16	1:14:45	1:22:07
18	52:14	2:53	17	1:19:17	1:27:23
19	55:06	2:52	18	1:23:56	1:32:37
20	57:56	2:50	19	1:28:46	1:37:57
21	1:00:48	2:52	20	1:33:29	1:43:14
22	1:03:42	2:54	21	1:38:19	1:48:33
23	1:06:35	2:53	22	1:43:04	1:53:59
24	1:09:30	2:55	23	1:47:48	1:59:28
25	1:12:24	2:54	24	1:52:31	2:04:55
26	1:15:18	2:54	25	1:57:01	2:10:20
27	1:18:09	2:51	26	2:01:42	2:15:13
28	1:21:04	2:55	26.2	2:02:37	2:17:01
29	1:23:55	2:51			
30	1:26:45	2:50			
31	1:29:39	2:54			
32	1:32:28	2:49			
33	1:35:21	2:53			
34	1:38:13	2:52			
35	1:41:02	2:49			
36	1:44:00	2:58			
37	1:46:52	2:52			
38	1:49:46	2:54			
39	1:52:39	2:53			
40	1:55:29	2:50			
41	1:58:20	2:51			
42	2:01:08	2:48			
42.195	2:01:39	0:31			

(Halves: 61:06/60:33)



## 30KM RECORDS

### World best performances

#### Men

1:26:45 +	Eliud Kipchoge	KEN	Berlin	6 Sep 2018
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#### Women

Mixed	1:35:18 +	Brigid Kosgei	KEN	Chicago	13 Oct 2019
Women only	1:36:05 +	Mary Keitany	KEN	London	23 Apr 2017

### Area bests

#### Men

Africa	1:26:45 +	Eliud Kipchoge	KEN	Berlin	6 Sep 2018
Asia	1:28:00	Takayuki Matsumiya	JPN	Kumamoto	27 Feb 2005
Europe*	1:27:28 +	Mo Farah	GBR	London	28 April 2019
NACAC	1:28:35 +	Bolota Asmerom	USA	London	21 April 2013
South America	1:29:21 +	Marílson dos Santos	BRA	London	17 April 2011

#### Women

Africa	1:35:18 +	Brigid Kosgei	KEN	Chicago	13 Oct 2019
Asia	1:38:49 +	Mizuki Noguchi	JPN	Berlin	25 Sep 2005
Europe*	1:39:22 +	Paula Radcliffe	GBR	Helsinki	14 Aug 2005
NACAC	1:39:11 +	Jordan Hasay	USA	Chicago	8 Oct 2017
Oceania	1:40:12 +	Benita Johnson (Willis)	AUS	Chicago	22 Oct 2006
South America	1:43:30 +	Inés Melchor	PER	Berlin	28 Sep 2014

+ = en route to longer distance

\*Paula Radcliffe was timed at 1:21:03 (25km) and 1:37:27 (30km) during the 2005 London Marathon, but no records were applied for in either case. In 2005 there were only Champion Chip times at 25km and 30km but since then there have been official time keepers at the 30km mark.

#### Notes:

1. There are no time keepers at the 25km point in London because, at 8.5m above sea level, this point is more than a 25-metre drop from the start (39.459m asl) so 25km times are not eligible for official records. The 30km mark (10.794m on the north side of the road; 10.558m on the south side) is within the limit for records.

2. The men's official World Athletics track world record for 30,000m is 1:26:47.4 by Moses Mosop (KEN) at Eugene on 3 June 2011.

3. The following result has been annulled following the athlete's suspension for a doping violation:

30km	1:38:23 +	Liliya Shobukhova	RUS	Chicago	9 Oct 2011
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4. World Athletics stopped officially ratifying 30km world records in 2017. The above are now listed as unofficial world best performances.

## BRITISH MARATHON STATISTICS

### BRITISH ALL-TIME TOP 20

#### Men

Time	Name	Place	City	Time
2:05:11	Mo Farah	1	Chicago	7 Oct 18
2:07:13	Steve Jones	1	Chicago	20 Oct 85
2:08:14	Callum Hawkins	10	London	28 Apr 19
2:08:33	Charlie Spedding	2	London	21 Apr 85
2:08:36	Richard Nerurkar	5	London	13 Apr 97
2:08:52	Paul Evans	1	Chicago	20 Oct 96
2:09:08	Geoff Smith	2	New York	23 Oct 83
2:09:12	Ian Thompson	1	Christchurch	31 Jan 74
2:09:16	Allister Hutton	3	London	21 Apr 85
2:09:17	Mark Steinle (10)	8	London	14 Apr 02
2:09:24	Hugh Jones	1	London	9 May 82
2:09:28	Ron Hill	1	Edinburgh	23 Jul 70
2:09:28	John Graham	1	Rotterdam	23 May 81
2:09:31	Jon Brown	7	London	17 Apr 05
2:09:43	Mike Gratton	1	London	17 Apr 83
2:09:49	Dewi Griffiths	5	Frankfurt	29 Oct 17
2:09:54	Tony Milovsorov	6	London	23 Apr 89
2:10:12	Gerry Helme	2	London	17 Apr 83
2:10:30	David Long	4	London	21 Apr 91
2:10:35	Steve Brace (20)	2	Houston	21 Jan 96

#### Women

2:15:25	Paula Radcliffe	1	London	13 Apr 03
2:23:12	Mara Yamauchi	2	London	26 Apr 09
2:25:28	Jess Piasecki	1	Florence	24 Nov 19
2:25:38	Charlotte Purdue	10	London	28 Apr 19
2:25:56	Véronique Marot	1	London	23 Apr 89
2:26:40	Steph Twell	8	Frankfurt	27 Oct 19
2:26:51	Priscilla Welch	2	London	10 May 87
2:26:52	Liz McColgan	2	London	13 Apr 97
2:27:40	Stephanie Davis	14	Valencia	1 Dec 19
2:27:44	Claire Hallissey (10)	11	London	22 Apr 12
2:28:04	Sonia Samuels	9	Berlin	27 Sep 15
2:28:06	Sarah Rowell	2	London	21 Apr 85
2:28:10	Freya Murray-Ross	13	London	22 Apr 12
2:28:24	Jo Pavey	18	London	17 Apr 11
2:28:33	Liz Yelling	9	London	13 Apr 08
2:28:38	Sally-Ann Hales	3	London	21 Apr 85
2:28:39	Kathy Butler	9	Chicago	22 Oct 06
2:28:42	Marian Sutton	7	Chicago	24 Oct 99
2:29:06	Alyson Dixon	14	London	23 Apr 17
2:29:18	Hayley Haining (20)	12	London	13 Apr 08

Note: best in women-only race:

2:17:42	Paula Radcliffe	1	London	17 Apr 05
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## BRITISH RECORD PROGRESSION

## Men

Time	Name	Club	Race	Date
3:16:08.6	William Clarke	Sefton H	White City (OG)	24 July 1908
2:42:31	Harry Barrett	Poly H	Polytechnic	26 May 1909
2:38:16.2 t	Harry Green		Stamford Bridge	12 May 1913
2:37:40.4	Bobby Mills	Leics H	Polytechnic	17 July 1920
2:35:58.2	Sam Ferris	RAF	Polytechnic	30 May 1925
2:35:27	Ferris		Liverpool	28 Sep 1927
2:34:34	Harry Payne	Woodford G	Polytechnic	6 July 1928
2:33:00	Ferris		Liverpool	26 Sep 1928
2:30:57.6	Payne		Polytechnic	5 July 1929
2:29:24	Jim Peters	Essex Beagles	Polytechnic	16 Jun 1951
2:20:42.2	Peters		Polytechnic	14 Jun 1952
2:18:40.2	Peters		Polytechnic	13 Jun 1953
2:18:34.8	Peters		Turku	4 Oct 1953
2:17:39.4	Peters		Polytechnic	26 Jun 1954
2:14:43	Brian Kilby	Coventry G	Port Talbot	6 July 1963
2:13:55	Basil Heatley	Coventry G	Polytechnic	13 Jun 1964
2:13:45	Alastair Wood	Aberdeen AAC	Inverness	9 July 1966
2:12:16.8	Bill Adcocks	Coventry G	Karl Marx Stadt	19 May 1968
2:10:47.8	Adcocks		Fukuoka	8 Dec 1968
2:10:30	Ron Hill	Bolton U H	Boston	20 Apr 1970
2:09:28	Hill		Edinburgh (CG)	23 July 1970
2:09:12	Ian Thompson	Luton	Christchurch (CG)	31 Jan 1974
2:09:08	Geoff Smith	Liverpool	New York	23 Oct 1983
2:08:05	Steve Jones	Newport	Chicago	21 Oct 1984
2:07:13	Jones		Chicago	20 Oct 1985
2:05:11	Mo Farah	Newham & Essex	Chicago	7 Oct 2018

t = track race

**Women**

<b>Time</b>	<b>Name</b>	<b>Club</b>	<b>Race</b>	<b>Date</b>
3:27:25	Dale Greig		IoW	23 May 1964
3:11:54	Anne Clarke	Highgate H	Guildford	19 Oct 1975
3:07:47	Margaret Thompson	Luton	Korso, Finland	26 Oct 1975
2:50:55	Christine Readdy (Kilkenny)	Stoke	Feltham	4 Apr 1976
2:50:54	Rosemary Cox (Harrold)	Enfield	Rugby	3 Sep 1978
2:41:37	Joyce Smith	Barnet	Sandbach	6 July 1979
2:41:03	Gillian Adams (Horowitz)	Kent	Eugene, USA	9 Sep 1979
2:36:27	Smith		Waldniel, GER	22 Sep 1979
2:33:32	Smith		Sandbach	22 July 1980
2:30:27	Smith		Tokyo	16 Nov 1980
2:29:57	Smith		London	29 Mar 1981
2:29:43	Smith		London	9 May 1982
2:28:54	Priscilla Welch	Ranelagh	LA (OG)	5 Aug 1984
2:28:06	Sarah Rowell	Dartford	London	21 Apr 1985
2:28:04	Veronique Marot	Leeds	Chicago	20 Oct 1985
2:26:51	Welch		London	10 May 1987
2:25:56	Marot		London	23 Apr 1989
2:18:56	Paula Radcliffe	Bedford	London	14 Apr 2002
2:17:18	Radcliffe		Chicago	13 Oct 2002
2:15:25	Radcliffe		London	13 Apr 2003

## WHEELCHAIR MARATHON STATISTICS

### LONDON MARATHON WHEELCHAIR CHAMPIONS

#### Men

1983	Gordon Perry	GBR	3:20:07 (back start)
1984	Kevin Breen	IRL	2:38:40
1985	Chris Hallam	GBR	2:19:53
1986	Gerry O'Rourke	IRL	2:26:38
1987	Chris Hallam	GBR	2:08:34
1988	Ted Vince	CAN	2:01:37
1989	David Holding	GBR	1:59:31
1990	Håkan Ericsson	SWE	1:57:12
1991	Farid Amarouch	FRA	1:52:52
1992	Daniel Wesley	CAN	1:51:42
1993	George Vandamme	BEL	1:44:10
1994	David Holding	GBR	1:46:06
1995	Heinz Frei	SUI	1:39:14
1996	David Holding	GBR	1:43:48
1997	David Holding	GBR	1:42:15
1998	Heinz Frei	SUI	1:35:18
1999	Heinz Frei	SUI	1:35:27
2000	Kevin Papworth	GBR	1:41:50
2001	Denis Lemeunier	FRA	1:42:37
2002	David Weir	GBR	1:39:44
2003	Joël Jeannot	FRA	1:32:02
2004	Saúl Mendoza	MEX	1:36:56 (course deviation)
2005	Saúl Mendoza	MEX	1:35:51
2006	David Weir	GBR	1:29:48
2007	David Weir	GBR	1:30:49
2008	David Weir	GBR	1:33:56
2009	Kurt Fearnley	AUS	1:28:56
2010	Josh Cassidy	CAN	1:35:21
2011	David Weir	GBR	1:30:05
2012	David Weir	GBR	1:32:26
2013	Kurt Fearnley	AUS	1:31:29
2014	Marcel Hug	SUI	1:32:41
2015	Joshua George	USA	1:31:31
2016	Marcel Hug	SUI	1:35:24
2017	David Weir	GBR	1:31:06
2018	David Weir	GBR	1:31:15
2019	Daniel Romanchuk	USA	1:33:38

**Women**

1983	Denise Smith	GBR	4:29:03 (back start)
1984	Kay McShane	IRL	3:10:04
1985	Kay McShane	IRL	2:47:12
1986	Kay McShane	IRL	3:02:40
1987	Karen Davidson	GBR	2:45:30
1988	Karen Davidson	GBR	2:41:45
1989	Josie Cidhockyj	GBR	3:03:54
1990	Connie Hansen	DEN	2:10:25
1991	Connie Hansen	DEN	2:04:40
1992	Tanni Grey-Thompson	GBR	2:17:23
1993	Rose Hill	GBR	2:03:05
1994	Tanni Grey-Thompson	GBR	2:08:26
1995	Rose Hill	GBR	2:17:02
1996	Tanni Grey-Thompson	GBR	2:00:10
1997	Monica Wetterström	SWE	1:49:09
1998	Tanni Grey	GBR	2:02:01
1999	Monica Wetterström	SWE	1:57:38
2000	Sarah Piercy	GBR	2:23:30
2001	Tanni Grey-Thompson	GBR	2:13:55
2002	Tanni Grey-Thompson	GBR	2:22:51
2003	Francesca Porcellato	ITA	2:04:21
2004	Francesca Porcellato	ITA	2:04:58
2005	Francesca Porcellato	ITA	1:57:00
2006	Francesca Porcellato	ITA	1:59:57
2007	Shelly Woods	GBR	1:50:40
2008	Sandra Graf	SUI	1:48:04
2009	Amanda McGrory	USA	1:50:39
2010	Wakako Tsuchida	JPN	1:52:33
2011	Amanda McGrory	USA	1:46:31
2012	Shelly Woods	GBR	1:49:10
2013	Tatyana McFadden	USA	1:46:02
2014	Tatyana McFadden	USA	1:45:12
2015	Tatyana McFadden	USA	1:41:14
2016	Tatyana McFadden	USA	1:44:14
2017	Manuela Schär	SUI	1:39:57
2018	Madison de Rozario	AUS	1:42:58
2019	Manuela Schär	SUI	1:44:09

## TOP 20 PERFORMANCES IN LONDON

### Men

Time	Name	Country	Year
1:28:56	Kurt Fearnley	AUS	2009
1:28:57	David Weir	GBR	2009
1:28:58	Ernst van Dyk	RSA	2009
1:29:48	Weir	GBR	2006
1:30:05	Weir	GBR	2011
1:30:07	Heinz Frei	SUI	2011
1:30:13	Masazumi Soejima	JPN	2009
1:30:15	Frei	SUI	2009
1:30:49	Weir	GBR	2007
1:30:50	Fearnley	AUS	2007
1:30:54	Tomasz Hamerlak	POL	2011
1:30:55	Roger Puigbo Verdageur	ESP	2011
1:30:56	Josh Cassidy	CAN	2011
1:30:57	Nobukazu Hamaoka	JPN	2011
1:31:01	Saul Mendoza	MEX	2011
1:31:01	Choke Yasuoka	JPN	2011
1:31:01	Denis Lemeunier	FRA	2011
1:31:06	Weir	GBR	2017
1:31:07	Marcel Hug	SUI	2017
1:31:07	Fearnley	AUS	2017

### Women

Time	Name	Country	Year
1:39:57	Manuela Schär	SUI	2017
1:41:14	Tatyana McFadden	USA	2015
1:42:58	Madison de Rozario	AUS	2018
1:42:58	McFadden	USA	2018
1:43:00	Susannah Scaroni	USA	2018
1:43:01	Schär	SUI	2018
1:43:04	Amanda McGrory	USA	2018
1:43:56	Schär	SUI	2015
1:44:09	Schär	SUI	2019
1:44:14	McFadden	USA	2016
1:44:15	Schär	SUI	2016
1:44:34	McGrory	USA	2017
1:45:12	McFadden	USA	2014
1:45:28	Wakako Tsuchida	JPN	2016
1:46:02	McFadden	USA	2013
1:46:04	McGrory	USA	2013
1:46:25	McGrory	USA	2015
1:46:27	Sandra Graf	SUI	2015
1:46:31	McGrory	USA	2011
1:46:31	Shelly Woods	GBR	2011



## WORLD & BRITISH RECORDS

### World Para Athletics World Records

#### Men T53/54

1:20:14	Heinz Frei	SUI	Oita	1999
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#### Women T53/54

1:35:42	Manuela Schär	SUI	Oita	2019
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### British bests

#### Men T54

1:26:17	David Weir	GBR	Boston	2016
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#### Women T54

1:37:44	Shelly Woods	GBR	Padua	2008
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### London Marathon course records

#### Men

1:28:56	Kurt Fearnley	AUS		2009
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#### Women

1:39:57	Manuela Schär	SUI		2017
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### World's fastest times

#### Men

1:18:04	Marcel Hug	SUI	Boston	2017
	Ernst van Dyk	RSA	Boston	2017

#### Women

1:28:17	Manuela Schär	SUI	Boston	2017
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The Boston course is not accepted for world records.

## WHEELCHAIR STARTERS & FINISHERS

Year	Entrants	Starters	Finishers
1983	21	19	17
1984	28	26	26
1985	37	33	32
1986	48	42	37
1987	46	42	41
1988	51	48	43
1989	57	50	49
1990	77	63	60
1991	52	44	42
1992	66	52	50
1993	68	53	47
1994	59	49	48
1995	69	52	51
1996	64	45	45
1997	69	54	54
1998	60	49	48
1999	58	41	40
2000	55	42	40
2001	42	32	32
2002	59	46	44
2003	51	45	43
2004	42	31	29
2005	48	40	40
2006	35	28	26
2007	40	33	31
2008	39	37	35
2009	44	39	38
2010	48	39	34
2011	41	41	36
2012	48	38	38
2013	59	46	46
2014	54	41	41
2015	74	63	53
2016	70	68	61
2017	78	75	65
2018	76	69	57
2019	60	56	54

## PARA ATHLETICS MARATHON STATISTICS

### WORLD PARA ATHLETICS MARATHON WORLD CUP CHAMPIONS

#### Ambulant athletes

##### T11-13 Men

2013	El Amin Chentouf	MAR	2:24:00
2014	El Amin Chentouf	MAR	2:25:07

##### T11-13 Women

2013	Maria Paredes Rodriguez	ESP	3:17:10
2014	Maria Paredes Rodriguez	ESP	2:59:22

##### T11/12 Men

2016	Yutaka Kumagai	JPN	2:33:24
2017	Shinya Wada	JPN	2:34:59
2018	Alberto Suarez Laso	ESP	2:28:49

##### T11/12 Women

2016	Zheng Jin	CHN	3:13:15
2017	Misato Michishita	JPN	3:00:50
2018	Misato Michishita	JPN	3:04:00

##### T13 Men

2016	Aniceto António dos Santos	BRA	2:32:52
2017	Patryk Lekaszewski	POL	2:32:20
2018	Takai Toshiharu	JPN	2:38:23

##### T42/43 Men

2013	Richard Whitehead	GBR	3:15:53
2014	Richard Whitehead	GBR	3:42:04

##### T44-46 Men

2013	Alessandro di Lello	ITA	2:32:06
2014	Tito Sena	BRA	2:35:45

##### T45/46 Men

2016	Li Chaoyan	CHN	2:27:07
2017	Alex Pires da Silva	BRA	2:28:20
2018	Derek Rae	GBR	2:36:13

##### T62/64 Men

2018	Brian Reynolds	USA	3:03:35
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#### Wheelchair athletes

##### T51/52 Men

2014	Santiago Sanz	ESP	1:58:16
2016	Ray Martin	USA	1:59:53
2017	Ray Martin	USA	1:57:15
2018	Rob Smith	GBR	2:00:17

##### T53/54 Men

2013	Kurt Fearnley	AUS	1:31:29
2014	Marcel Hug	SUI	1:32:41
2016	Marcel Hug	SUI	1:35:19
2017	David Weir	GBR	1:31:06
2018	David Weir	GBR	1:31:15

##### T53/54 Women

2013	Tatyana McFadden	USA	1:46:02
2014	Tatyana McFadden	USA	1:45:12
2016	Tatyana McFadden	USA	1:44:14
2017	Manuela Schär	SUI	1:39:57
2018	Madison de Rozario	AUS	1:42:58

## 2015 IPC ATHLETICS MARATHON WORLD CHAMPIONSHIPS

### Medallists

#### T11/12 Men

1	El Amin Chentouf	MAR	2:21:33
2	Alberto Suárez Laso	ESP	2:21:47
3	Tadashi Horikoshi	JPN	2:27:42

#### T11/12 Women

1	Elena Pautova	RUS	2:58:23
2	Elena Congost	ESP	3:02:50
3	Misato Michishita	JPN	3:03:16

#### T13 Men

1	Aniceto dos Santos	BRA	2:35:42
2	Youssef Benibrahim	MAR	2:36:07
3	Tim Prendergast	NZL	2:47:23

#### T42/43/44 Men

1	Eitan Hermon	ISR	3:07:10
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#### T45/46 Men

1	Abderrahman Ait Khamouch	ESP	2:26:54
2	Alex Pires da Silva	BRA	2:27:36
3	Alessandro di Lello	ITA	2:31:25

#### T51/52 Men

1	Ray Martin	USA	1:52:27
2	Santiago Sanz	ESP	1:53:33
3	Cristian Torres	COL	2:08:52

## 2019 WORLD PARA ATHLETICS MARATHON CHAMPIONSHIPS

### Medallists

#### T11/12 Men

1	El Amin Chentouf	MAR	2:21:23
2	Alberto Suárez Laso	ESP	2:25:50
3	Tadashi Horikoshi	JPN	2:25:56

#### T11/12 Women

1	Misato Michishita	JPN	3:06:18
2	Edenusa Santos Dorta	BRA	3:13:17
3	Meryem En-Nourhi	MAR	3:18:11

#### T45/46 Men

1	Michael Roeger	AUS	2:22:51
2	Derek Rae	GBR	2:27:08
3	Abdelharti El Harti	MAR	2:30:44

#### T53/54 Men

1	Daniel Romanchuk	USA	1:33:37
2	Marcel Hug	SUI	1:33:42
3	Tomoki Suzuki	JPN	1:33:51

#### T53/54 Women

1	Manuela Schär	SUI	1:44:09
2	Tatyana McFadden	USA	1:49:42
3	Madison de Rozario	AUS	1:49:43

## WORLD RECORDS & BRITISH BESTS

### World Para Athletics world records

#### Men

T11	2:31:59	Andrea Cionna	ITA	Rome	18 Mar 2007
T12	2:21:23	El Amin Chentouf	MAR	London	28 Apr 2019
T13	2:22:55	Carlos Talbot	USA	Seoul PG	24 Oct 1988
T46	2:19:33	Michael Roeger	AUS	Houston	19 Jan 2020
T51	2:23:08	Heinrich Köberle	GER	Berlin	24 Sep 1995
T52	1:40:07	Thomas Geierspichler	AUT	Beijing PG	17 Sep 2008
T53/54	1:20:14	Heinz Frei	SUI	Oita	31 Oct 1999
T64	2:56:53	Eitan Hermon	ISR	Vienna	23 Apr 2017

#### Women

T11	3:12:55	Natsumi Inouchi	JPN	Oita	2 Feb 2020
T12	2:54:22	Misato Michishita	JPN	Oita	2 Feb 2020
T52	2:07:28	Tomomi Yamaki	JPN	Oita	9 Nov 2008
T53/54	1:35:42	Manuela Schär	SUI	Oita	17 Nov 2019

Note: Official IPC world records are only accredited if they are set at IPC licensed events and a record application form is received by World Para Athletics.

### World Para Athletics world records set in London

#### Men

T12	2:24:00	El Amin Chentouf	MAR	21 Apr 2013
T12	2:21:33	El Amin Chentouf	MAR	26 Apr 2015
T12	2:21:23	El Amin Chentouf	MAR	28 Apr 2019
T42	3:15:53	Richard Whitehead	GBR	21 Apr 2013
T46	2:26:54	Abderrahman Ait Khamouch	ESP	26 Apr 2015
T46	2:22:51	Michael Roeger	AUS	28 Apr 2019

#### Women

T11	3:38:16	Ivonne Mosquera-Schmidt	USA	21 Apr 2013
T11	3:36:04	Yumiko Konno	JPN	13 Apr 2014
T11	3:26:18	Regina Vollbrecht	GER	26 Apr 2015
T11	3:13:15	Zheng Jin	CHN	24 Apr 2016
T12	3:17:10	Maria Paredes Rodriguez	ESP	21 Apr 2013
T12	2:58:23	Elena Pautova	RUS	26 Apr 2015

Note: The following result was not ratified as a world record because IPC Athletics did not receive the application forms.

T12	2:59:22	Maria Paredes Rodriguez	ESP	13 Apr 2014
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**Unofficial British bests****Men**

T11	2:55:22	Chris Goodwin	Valencia	20 Nov 2016
T12	2:47:16	Steve Marklew	London	17 Apr 2011
T13	2:36:58	Steve Marklew	London	26 Apr 2009
T42	2:42:54	Richard Whitehead	Chicago	10 Oct 2010
T44	2:52:55	Abdifatah Dhuulow	London	17 Apr 2011
T46	2:27:08	Derek Rae	London	28 Apr 2019
T52	1:56:43	Rob Smith	Dubai	24 Jan 2014
T53	1:25:06	Simon Lawson	Boston	17 Apr 2017
T54	1:26:17	David Weir	Boston	18 Apr 2016

**Women**

T11	4:58:16	Louise Simpson	Chester	4 Oct 2015
T53	2:17:46	Nikki Emerson	London	25 Apr 2010
T54	1:37:44	Shelly Woods	Padua	27 Apr 2008

Note: There are no official British Para Athletics marathon records at the current time.

## VETERAN STATISTICS

### TOP 10 VETERANS ALL TIME (40+)

Men Time	Name	Country	Place	Year
2:07:50	Mark Kiptoo	KEN	Frankfurt	2018
2:08:38	Kenneth Mungara	KEN	Milan	2016
2:08:46	Andres Espinosa	MEX	Berlin	2003
2:10:13	Hassane Ahouchar	MAR	Valencia	2015
2:10:18	Rachid Kisri	MAR	Ottawa	2015
2:10:33	Mohamed Ezzher	FRA	Paris	2011
2:10:47	Jonathan Cheron	KEN	Beijing	2001
2:10:50	Japhet Kosgei	KEN	Gold Coast	2011
2:11:00	Mariko Kiplagat	KEN	Beijing	2015
2:11:04a	John Campbell	NZL	Boston	1990

#### Women

2:22:11	Lydia Cheromei	KEN	Valencia	2018
2:24:11	Sinead Diver	AUS	London	2019
2:24:54	Irina Mikitenko	GER	Berlin	2013
2:25:43	Lyudmila Petrova	RUS	New York	2008
2:26:51	Priscilla Welch	GBR	London	1987
2:26:57	Christelle Daunay	FRA	New York	2015
2:27:05a	Firaya Sultanova Zhdanova	RUS	Duluth	2003
2:27:08	Lucy Karimi	KEN	Dubai	2015
2:27:47	Deena Kastor	USA	Chicago	2015
2:28:06	Irina Bogacheva	KGZ	Nashville	2003

a = assisted course

### TOP VETERANS IN THE LONDON MARATHON (40+)

Men Time	Name	Country	Year
2:14:07	Serhiy Lebid	UKR	2016
2:16:00	Kjell-Erik Stahl	SWE	1986
2:16:21	Nicholas Torry	GBR	2019
2:17:22	John Campbell	NZL	1991
2:17:22	Eamonn Martin	GBR	1999
Women			
2:24:11	Sinead Diver	AUS	2019
2:26:51	Priscilla Welch	GBR	1987
2:27:42	Lyudmila Petrova	RUS	2009
2:29:43	Joyce Smith	GBR	1982

#### Awards and bonuses for veterans (men and women 40+)

1	\$1,000
2	\$500
3	\$250

Note: from 1981 to 2008, women of 35 and over were considered veterans at the London Marathon. From 2009 the veteran categories were changed to 40+ for both men and women.

## VETERAN AGE GROUP WORLD & BRITISH BESTS

### World bests

#### Men

Age group	Time	Name	Country	Place	Year
40-44	2:07:50	Mark Kiptoo	KEN	Frankfurt	2018
45-49	2:12:47	Kenneth Mungara	KEN	Hong Kong	2019
50-54	2:19:29	Titus Mamabolo	RSA	Durban	1991
55-59	2:25:56	Piet Van Alphen	NED	Rotterdam	1986
60-64	2:36:30	Yoshihisa Hosaka	JPN	Oita	2009
65-69	2:41:57	Derek Turnbull	NZL	London	1992
70-74	2:54:23	Gene Dykes	USA	Jacksonville	2018
75-79	3:04:54	Ed Whitlock	CAN	Rotterdam	2007
80+	3:15:54	Ed Whitlock	CAN	Toronto	2011

#### Women

40-44	2:22:11	Lydia Cheromei	KEN	Valencia	2018
45-49	2:28:34	Catherine Bertone	ITA	Berlin	2017
50-54	2:31:05	Tatyana Pozdnyakova	UKR	Los Angeles	2005
55-59	2:50:40	Jenny Hitchings	USA	New York	2019
60-64	2:56:54	Mariko Yugeta	JPN	Saitama	2019
65-69	3:12:57	Emmi Luthi	SUI	Zurich	2009
70-74	3:24:48	Jeannie Rice	USA	Berlin	2019
75-79	3:53:42	Yoko Nakano	JPN	Otawara	2012
80+	4:07:31	Yoko Nakano	JPN	Tokyo	2017

### British bests

#### Men

Age group	Time	Name	Place	Date
40-44	2:14:38	Andrew Davies	Valencia	1 Dec 19
45-49	2:19:10	Don McGregor	Glasgow	30 Sep 84
50-54	2:24:58	Derek Lawson	London	20 Apr 86
55-59	2:34:24	Bill McBrinn	London	20 Apr 86
60-64	2:45:47	Paul Mingay	Valencia	1 Dec 19
65-69	2:51:39	Hugh Currie	Inverclyde	19 Aug 90
70-74	3:00:58	John Keston	Twin Cities	6 Oct 96
75-79	3:19:01	John Keston	Oregon	3 Aug 02
80+	3:47:04	Gordon Porteous	Inverclyde	10 Sep 95

#### Women

40-44	2:26:51	Priscilla Welch	London	10 May 87
45-49	2:32:48	Joyce Smith	Los Angeles	5 Aug 84
50-54	2:52:33	Jo Thompson	Dublin	25 Oct 10
55-59	2:57:53	Angharad Mair	London	23 Apr 17
60-64	3:15:05	Lynda Hembury	Chester	8 Oct 17
65-69	3:19:05	Angela Copson	Berlin	9 Sep 13
70-74	3:36:30	Angela Copson	London	23 Apr 17
75-79	4:01:24	Jackie Jenkins	Manchester	8 Apr 18
80+	5:05:45	Joyce Archibold	Rykjavik (ICE)	20 Aug 16



# THANK YOU TO OUR PARTNERS AND SPONSORS

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The **40<sup>th</sup>** Race